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# UPDATE

March 1, 2011

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*Prepared by the U.S. Department of Health and Human Services,  
National Institutes of Health, National Institute of Mental Health,  
Office of Constituency Relations and Public Liaison*

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**SCIENCE AND SERVICE NEWS UPDATES****RARE GENE GLITCH MAY HOLD CLUES FOR SCHIZOPHRENIA – NIH-FUNDED STUDY: A NORTH STAR AMID “A CONSTELLATION OF MULTIPLE RARE DISEASES”**

Scientists are eyeing a rare genetic glitch for clues to improved treatments for some people with schizophrenia — even though they found the mutation in only one-third of one percent of study participants. In the study, funded in part by the National Institutes of Health (NIH), people with schizophrenia were 14 times more likely than people without schizophrenia to harbor multiple copies of a gene on Chromosome 7. The mutations were in the gene for VIPR2, the receptor for vasoactive intestinal peptide (VIP) — a chemical messenger known to play a role in brain development. An examination of participants' blood confirmed that they had overactive VIP activity.

Press release: <http://www.nimh.nih.gov/science-news/2011/rare-gene-glitch-may-hold-clues-for-schizophrenia-nih-funded-study.shtml>

**ANTIPSYCHOTIC DRUGS – CLASS LABELING CHANGE: TREATMENT DURING PREGNANCY AND POTENTIAL RISK TO NEWBORNS**

The Food and Drug Administration (FDA) notified healthcare professionals that the Pregnancy section of drug labels for the entire class of antipsychotic drugs has been updated. The new drug labels now contain more and consistent information about the potential risk for abnormal muscle movements (extrapyramidal signs or EPS) and withdrawal symptoms in newborns whose mothers were treated with these drugs during the third trimester of pregnancy. The FDA recommends that healthcare professionals should be aware of the effects of antipsychotic medications on newborns when the medications are used during pregnancy. Women should not stop taking these medications if they become pregnant without talking to their healthcare professional, as abruptly stopping antipsychotic medications can cause significant complications for treatment.

**Safety Alert:**

<http://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts/ucm244175.htm>

**NEW REPORT DETAILS AFFORDABLE CARE ACT RESOURCES AND FLEXIBILITY FOR STATES: AFFORDABLE CARE ACT HAS MADE \$2.8 BILLION AVAILABLE TO STATES IN IMPLEMENTING AFFORDABLE CARE ACT**

The Department of Health and Human Services (HHS) released a new report showing that the Affordable Care Act provides states with significant flexibility and resources to improve healthcare benefits and protect consumers. Already, the law has provided or offered \$2.8 billion in funding to states. This is a fraction of the total funding available under the law to help states implement new consumer protections, expand health coverage, and improve healthcare quality.

Press Release: <http://www.hhs.gov/news/press/2011pres/02/20110225a.html>

## **AFFORDABLE CARE ACT SUPPORTS STATES IN STRENGTHENING COMMUNITY LIVING: NATIONALLY, \$4.3 BILLION IN NEW FUNDS ANNOUNCED TO HELP ESTABLISH AND EXPAND COMMUNITY-BASED ALTERNATIVES TO INSTITUTIONAL LONG-TERM CARE**

States will see significant new federal support in their efforts to help move Medicaid beneficiaries out of institutions and into their own homes or other community settings now and in the near future, HHS announced. The Affordable Care Act provides additional funding for two programs supporting that goal, the Money Follows the Person (MFP) demonstration program and the Community First Choice Option program. HHS announced 13 states would together receive more than \$45 million in MFP grants to start the program, with a total of \$621 million committed through 2016. In addition, HHS has proposed rules to allow all states to access a potential \$3.7 billion in increased federal funding to provide long-term services and supports through the Community First Choice Option program.

**Press Release:** <http://www.hhs.gov/news/press/2011pres/02/20110222b.html>

### **RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES**

#### **NIMH DIRECTOR'S BLOG: AWARDS PROGRAM FOSTERS CREATIVE NEW SCIENTISTS**

The National Institute of Mental Health (NIMH) Director, Tom Insel blogged about the Institute's recent BRAINS award program: "With the charge to become vanguards for the next generation of scientists, NIMH recognized the 12 recipients of the 2010 Biobehavioral Research Awards for Innovative New Scientists—or BRAINS—at a ceremony on January 31st. This award program, first launched in 2010, is designed to support the research and career development of outstanding early-stage scientists. The program awards up to \$1.625 million over five years for innovative research aimed at critical knowledge gaps identified by the NIMH Strategic Plan."

<http://www.nimh.nih.gov/about/director/2011/big-brains-academy-nimh-awards-program-fosters-creative-new-scientists.shtml>

#### **NIH RADIO: POSTPARTUM DEPRESSION**

NIH audio reports are short-form, news stories that are one to four minutes long. They can be broadcast as is, or can be used as source material for other journalistic purposes. This NIH audio report features postpartum depression.

<http://www.nih.gov/news/radio/feb2011/20110208NIMHpostpartum.htm>

## NIH RESEARCH MATTERS: PRESCHOOL PROGRAM PRODUCES PAYOFF

An early education program for children from low-income families generates an estimated \$4 to \$11 of economic benefits over a child's lifetime for every dollar spent on the program, according to a new analysis.

<http://www.nih.gov/researchmatters/february2011/02142011program.htm>

## NEW SAMHSA RESOURCES

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### SUICIDE PREVENTION TRAINING VIDEO FOR SUBSTANCE ABUSE TREATMENT PROVIDERS

In collaboration with Substance Abuse and Mental Health Services Administration (SAMHSA), the U.S. Department of Veterans Affairs (VA) has developed a training video as a companion piece for SAMHSA's *Treatment Improvement Protocol 50: Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment*. This 75-minute video depicts and explains appropriate counseling methods, administrative support, and clinical supervision for substance abuse providers treating clients with suicidal thoughts and behaviors. <http://store.samhsa.gov/product/VA10-TIP50>

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### NEW FACTSHEET ON MOTIVATIONAL INTERVIEWING

This new factsheet from SAMHSA's GAINS Center reviews the evidence base for the use of motivational interviewing with justice-involved people with mental illnesses.

[http://www.gainscenter.samhsa.gov/pdfs/ebp/Motivational\\_Interviewing2011.pdf](http://www.gainscenter.samhsa.gov/pdfs/ebp/Motivational_Interviewing2011.pdf)

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### AN INDEPENDENT EVALUATION OF THE COMMUNITY MENTAL HEALTH SERVICES BLOCK GRANT

This report presents findings of an evaluation of a block grant program designed to encourage development of community-based mental health service systems of care that promote federal priorities and support recovery for adults and children with serious mental illnesses.

<http://store.samhsa.gov/product/SMA10-4610>

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### 10 X 10 WELLNESS CAMPAIGN: THE EIGHT DIMENSIONS OF WELLNESS

As part of a wellness campaign, this fact sheet lists the eight dimensions of wellness: social, environmental, physical, emotional, spiritual, occupational, intellectual, and financial.

<http://store.samhsa.gov/product/SMA10-4568>

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## EMERGENCY DEPARTMENT VISITS INVOLVING ADVERSE REACTIONS TO MEDICATIONS AMONG OLDER ADULTS

In 2008, an estimated 1,111,686 emergency department (ED) visits were made by adults aged 50 or older for adverse reactions to pharmaceuticals or other types of medications. More than half of these visits were made by adults aged 65 or older. Central nervous system drugs (e.g., pain relievers and drugs used to treat anxiety and insomnia) were involved in almost one-fourth of ED visits for adverse drug reactions among older adults. Nearly two-thirds of older adults who visited the ED for adverse drug reactions were treated and released, and nearly one-third were admitted to the hospital.

<http://oas.samhsa.gov/2k11/DAWN013/AdverseReactionsOlderAdults.htm>

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## YOUNG ALCOHOL USERS OFTEN GET ALCOHOL FROM FAMILY OR HOME

A new study indicates that 5.9 percent of adolescents aged 12 to 14 drank alcohol in the past month and that the vast majority of them received their alcohol for free the last time they drank. This includes 15.7 percent who were provided alcohol for free by their parents or guardians.

<http://oas.samhsa.gov/spotlight/Spotlight022YouthAlcohol.pdf>

## NEW FROM THE CENTERS FOR DISEASE CONTROL AND PREVENTION

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### CDC'S INJURY CENTER ANNOUNCES NEW WISQARS™ MODULE: COST OF INJURY REPORTS

The Centers for Disease Control and Prevention's (CDC) Injury Center has announced the release of the new *WISQARSTM (Web-based Injury Statistics Query and Reporting System) Cost of Injury Reports*. The module provides cost estimates for injury deaths, hospitalizations, and ED visits where the patient was treated and released. The new module allows users to create reports of: medical costs (e.g., treatment and rehabilitation), work loss costs (e.g., lost wages, fringe benefits, and self-reported household services), and combined costs (medical plus work loss) based on a number of variables, including intent and cause of injury, body region and diagnosis of injury, geographic location, sex, and age.

<http://www.cdc.gov/injury/wisqars>

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### PUBLIC HEALTH GRAND ROUNDS: PRESCRIPTION DRUG OVERDOSES

The archived video of the recent CDC Public Health Grand Rounds event about prescription drug overdoses is now available. For health professionals, policymakers and legislators, addressing the problems related to prescription drug overdose is complicated—while they push for education, prevention, and enforcement to reverse this epidemic, they must also ensure that patients with a legitimate need for these medications still have access to them. This session of Public Health Grand Rounds addresses these challenges and explores the innovative state and federal policies and interventions that are showing promise in reducing injury and death from this epidemic.

<http://www.cdc.gov/about/grand-rounds/archives/2011/01-February.htm>

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## LGBT RESOURCE

The rash of suicides linked to anti-LGBT (lesbian, gay, bisexual, and transgender) bullying last year focused national attention on the needs of LGBT youth. CDC has launched a new web-site focused on the health needs of these young people, with specific suggestions for schools and parents, useful background information, and links to valuable resources. <http://www.cdc.gov/lgbthealth/youth.htm>

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## LATEST REPORT ON NATION'S HEALTH RELEASED

*Health, United States, 2010*, the 34th annual report prepared by CDC's National Center for Health Statistics is now available. The report includes a compilation of health data from state and federal health agencies as well as an in-depth feature section on death and dying. The report includes a range of mental health indicators, and this edition includes a new chart about adults reported use of prescription antidepressants and anti-anxiety drugs.

**All reports:** <http://www.cdc.gov/nchs/hus.htm>

**Mental health tables:** <http://www.cdc.gov/nchs/hus/mentalhealth.htm>

## IN THE NEWS: MINDFULNESS-BASED STRESS REDUCTION

A study funded by the National Center for Complementary and Alternative Medicine in *Psychiatry Research: Neuroimaging* looked at images of the brain before and after participants took part in an 8-week Mindfulness-Based Stress Reduction program. The researchers found that this mindfulness meditation program may change regions in the brain related to memory, sense of self, empathy, and stress.

<http://nccam.nih.gov/health/stress/MBSR.htm?nav=upd>

## CALENDAR OF EVENTS

### HOMELESSNESS RESOURCE CENTER (HRC) WEBCAST: LEARNING FROM THE FIELD: SERVING LGBTQI2-S YOUTH EXPERIENCING HOMELESSNESS

MARCH 2, 2011, 1:00-2:30 PM ET

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All programs serving youth who are homeless should assume that some of their participants may identify as lesbian, gay, bisexual, transgender, questioning, intersex, or two-spirit (LGBTQI2-S). It is estimated that between 20 percent and 40 percent of youth experiencing homelessness identify as LGBTQI2-S. SAMHSA's HRC visited multiple programs serving youth who are LGBTQI2-S and homeless to learn about practical strategies to implement best practices when working with this population. Presenters of this webinar will share findings from this tour and offer tips for providing culturally competent care for this highly vulnerable group. <http://homeless.samhsa.gov/Resource/View.aspx?id=50286>

## **HEALTH OBSERVANCE: NATIONAL WOMEN AND GIRLS HIV/AIDS AWARENESS DAY**

MARCH 10, 2011

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On March 10, HHS' Office on Women's Health will help organizations come together to offer support, encourage discussion, and teach women and girls about prevention of HIV, the importance of getting tested for HIV, and how to live with and manage HIV/AIDS. <http://www.womenshealth.gov/nwghaad/>

## **SAMHSA PARTNERS FOR RECOVERY INITIATIVE WEBINAR: PARITY 201**

MARCH 10, 2011, 1:00–2:00 PM ET

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The SAMHSA Partners for Recovery Initiative is sponsoring this free webinar on the new federal parity law. This webinar, designed for states and providers, includes a detailed discussion about implementation of the new parity law. This discussion will include details on state-level implementation efforts, interplay between the federal parity law and state parity laws, and anticipated additional pieces of regulatory guidance. <https://www3.gotomeeting.com/register/676182222>

## **2011 DOD/VA ANNUAL SUICIDE PREVENTION CONFERENCE: ALL THE WAY HOME: PREVENTING SUICIDE AMONG SERVICE MEMBERS AND VETERANS**

MARCH 14-17, 2011, BOSTON, MA

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The 2011 DOD and VA Annual Suicide Prevention Conference is planned for March 2011 in Boston, Massachusetts. The conference will include an engaging and informative series of panels and break-out groups led by various speakers involved in suicide prevention and intervention. This is an opportunity to enhance, share and build upon best practices, community-based tools, and support systems across the armed forces and VA. <http://www.dcoe.health.mil/Events/UpcomingConferences.aspx>

## **SAMHSA'S NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY**

MAY 3, 2011

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Join communities, organizations, and individuals nationwide in raising awareness that positive mental health is essential to a child's healthy development. This year, the national event in Washington, DC, on the evening of May 3, will focus on building resilience in young children dealing with trauma. [http://www.samhsa.gov/children/save\\_date\\_2011.aspx](http://www.samhsa.gov/children/save_date_2011.aspx)

## CALLS FOR PUBLIC INPUT

### PREVENTION OF SUBSTANCE ABUSE AND MENTAL ILLNESS VIDEO PSA CONTEST

SAMHSA's Center for Substance Abuse Prevention is launching a PSA video contest that embraces the theme, "We are the ones. How are you taking action?" This contest highlights the efforts made by young adults to make a difference in their communities to prevent substance abuse and promote emotional well-being. Submissions are due April 15, 2011.

<http://challenge.gov/SAMHSA/128-prevention-of-substance-abuse-and-mental-illness-video-psa-contest>

### COMMENTS SOUGHT FOR AHRQ EFFECTIVE HEALTH CARE PROGRAM REPORTS

The Agency for Healthcare Research and Quality's (AHRQ) Effective Health Care Program encourages the public to participate in the development of its research projects. The Program uses these comments to help focus the research and ensure that the final comparative effectiveness reviews answer the most important questions that clinicians, consumers, and policymakers have about a given treatment, test, or procedure. The Program is currently seeking comments for:

KEY QUESTIONS: COMPARATIVE EFFECTIVENESS OF POSTACUTE REHABILITATION FOR MODERATE TO SEVERE TRAUMATIC BRAIN INJURY (DEADLINE FOR COMMENTS IS MARCH 7, 2011)

<http://www.effectivehealthcare.ahrq.gov/ehc/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displaytopic&topicid=283>

## CLINICAL TRIAL PARTICIPATION NEWS

### ADULT SCHIZOPHRENIA RESEARCH STUDY: THE NIMH GENETIC STUDY OF SCHIZOPHRENIA

Individuals or their family members that are aged 18 or older and have been diagnosed with schizophrenia or schizoaffective disorder (depressed type) may be able to participate in a genetic study that looks for genes in families. In order for family members to participate, the person with schizophrenia must be willing and able to participate. Eligible family members participate in an interview and contribute a sample of blood for genetic analysis. Individuals with schizophrenia and, if possible, their siblings may qualify to participate in this study. There is no change in medication involved. The study involves simple cognitive tests and some MRI scans (no radiation). All testing is completed free of charge and there is compensation for each family member's participation in the study. Travel and lodging assistance is also available. Scientists believe that the identification of susceptibility genes is key to understanding the molecular pathways of this disease so that better treatments and preventive methods can be developed in the future. To learn more details, please call 301-435-8970 (1-888-674-6464) or email at [schizophrenia@mail.nih.gov](mailto:schizophrenia@mail.nih.gov).

For more information on research conducted by the National Institute of Mental Health in Bethesda, MD click here <http://patientinfo.nimh.nih.gov>

## FUNDING INFORMATION

NIH-HMO COLLABORATORY COORDINATING CENTER LIMITED COMPETITION (U54)  
<http://grants.nih.gov/grants/guide/rfa-files/RFA-RM-11-003.html>

SILVIO O. CONTE CENTERS FOR BASIC AND TRANSLATIONAL MENTAL HEALTH RESEARCH (P50)  
<http://grants.nih.gov/grants/guide/pa-files/PAR-11-126.html>

DRUG FREE COMMUNITIES MENTORING PROGRAM  
[http://www.samhsa.gov/grants/2011/sp\\_11\\_003.aspx](http://www.samhsa.gov/grants/2011/sp_11_003.aspx)

GRANTS TO REDUCE SEXUAL ASSAULT, DOMESTIC VIOLENCE, DATING VIOLENCE, AND STALKING ON CAMPUS PROGRAM  
<http://www.ovw.usdoj.gov/docs/fy2011-campus-solicitation.pdf>

NATIONAL INSTITUTE ON MINORITY HEALTH AND HEALTH DISPARITIES SCIENCE EDUCATION INITIATIVE (R25)  
<http://grants.nih.gov/grants/guide/rfa-files/RFA-MD-11-004.html>

FAMILY AND INTERPERSONAL RELATIONSHIPS IN AN AGING CONTEXT (R01)

<http://grants.nih.gov/grants/guide/pa-files/PA-11-128.html>

TRANSLATIONAL RESEARCH TO HELP OLDER ADULTS MAINTAIN THEIR HEALTH AND INDEPENDENCE IN THE COMMUNITY

<http://grants.nih.gov/grants/guide/pa-files/PA-11-123.html> (R01)

<http://grants.nih.gov/grants/guide/pa-files/PA-11-124.html> (R21)

COMPLEX TECHNOLOGIES AND THERAPEUTICS DEVELOPMENT FOR MENTAL HEALTH RESEARCH AND PRACTICE

<http://grants.nih.gov/grants/guide/pa-files/PA-11-133.html>

LAB TO MARKETPLACE: TOOLS FOR BRAIN AND BEHAVIORAL RESEARCH (SBIR [R43/R44])

<http://grants.nih.gov/grants/guide/pa-files/PA-11-134.html>



The **Outreach Partnership Program** a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partners>. To subscribe to receive the **Update** every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.