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# UPDATE

September 1, 2016

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*Prepared by the U.S. Department of Health and Human Services,  
National Institutes of Health, National Institute of Mental Health,  
Office of Constituency Relations and Public Liaison*

## DESIGNER AGENT BLOCKS PAIN IN MICE WITHOUT MORPHINE'S SIDE EFFECTS; STRUCTURE-BASED MOLECULE SELECTIVELY TARGETS BRAIN ANALGESIC CIRCUITRY

Scientists have synthesized a molecule with a unique profile of highly specific pain-relieving properties and demonstrated its efficacy in mice. Compared to existing opioid pain relievers like morphine, the new agent, called PZM21, was not “reinforcing” or prone to triggering potentially lethal respiratory impairment, and was less constipating. Unlike existing analgesics, it had little effect on spinal cord reflexive responses, instead targeting the brain-mediated emotional/experiential component of pain. In addition to clinical potential, PZM21 holds promise as a “tool molecule” for exploring the workings of brain pain systems, say the researchers funded by the National Institutes of Health (NIH).

**Science Update:** <http://www.nimh.nih.gov/news/science-news/2016/designer-agent-blocks-pain-in-mice-without-morphines-side-effects.shtml>

## SURVEY SHOWS BROAD SUPPORT FOR NATIONAL PRECISION MEDICINE STUDY

In a recent survey designed to measure public attitudes about the Precision Medicine Initiative (PMI) Cohort Program, a majority of respondents expressed willingness to participate in the nationwide research effort. The findings were published online in *PLOS ONE* by a team of NIH researchers. The PMI Cohort Program is a landmark longitudinal research effort that aims to engage one million or more United States (U.S.) participants to improve the ability to prevent and treat disease based on individual differences in lifestyle, environment, and genetics. Participants will be invited to contribute a range of data about themselves via questionnaires, electronic health records, and mobile or wearable devices. They also will undergo a baseline physical evaluation, and provide blood and urine samples for analysis. These data, protected by essential privacy and security safeguards, will comprise a valuable national resource for researchers and citizen scientists studying a range of health conditions. NIH anticipates launching the PMI Cohort Program in phases, beginning later this year.

**Press Release:** <https://www.nih.gov/news-events/news-releases/survey-shows-broad-support-national-precision-medicine-study>

## REPORTING DURING SUICIDE PREVENTION MONTH; INFORMATION FOR REPORTING ON VETERAN SUICIDES

For journalists writing about Veteran suicides and Suicide Prevention Month in September, the Department of Veterans Affairs (VA) is providing information for reporting on the sensitive issue of suicide. The VA encourages journalists writing about this important issue to visit [www.ReportingOnSuicide.Org](http://www.ReportingOnSuicide.Org) for guidance on ways to communicate suicide from the independent National Action Alliance for Suicide Prevention.

**Press Release:** <http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2811>

## VA PROVIDES SERVICE DOG BENEFITS TO VETERANS WITH MENTAL DISORDERS

The VA announced that it is piloting a protocol to implement veterinary health benefits for mobility service dogs approved for Veterans with a chronic impairment that substantially limits mobility associated with mental disorders.

**Press Release:** <http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2809>

## NATIONAL DRUG AND ALCOHOL FACTS WEEK BEGINS JANUARY 23; NEW TEACHER RESOURCES AVAILABLE

The National Institute on Drug Abuse (NIDA) and the National Institute on Alcohol Abuse and Alcoholism (NIAAA) announced that the next National Drug and Alcohol Facts Week (NDAFW) will be held January 23-29, 2017, with event registration beginning immediately. NDAFW is an annual, week-long observance that brings together teens and scientific experts to shatter the myths about substance use and addiction. NDAFW was launched in 2010 to counteract the myths about drugs and alcohol that teens often hear from the internet, TV, movies, music, or friends. Events during the week-long observance link teens with scientists and other experts, creating a safe place for teens to ask questions about drug and alcohol use, without judgment or lectures.

NIDA also is launching *teachers.drugabuse.gov*, a new online resource that offers teachers classroom activities for NDAFW and other year-round lessons on drugs and alcohol. This resource features an easy-to-use *Lesson Plan and Activity Finder* to search an array of scientist-created student lesson plans, multimedia classroom activities, and other teaching tools on how drug use affects the brain, body, and the lives of teens.

**Press Release:** <https://www.nih.gov/news-events/news-releases/national-drug-alcohol-facts-week-begins-january-23>

## NIH REVIEW FINDS NONDRUG APPROACHES EFFECTIVE FOR TREATMENT OF COMMON PAIN CONDITIONS

U.S. study reviews trial results on complementary health approaches for pain relief; aims to assist with pain management. Data from a review of U.S.-based clinical trials suggest that some of the most popular complementary health approaches — such as yoga, tai chi, and acupuncture — appear to be effective tools for helping to manage common pain conditions. The review was conducted by a group of scientists from the National Center for Complementary and Integrative Health (NCCIH) at the NIH.

**Press Release:** <https://www.nih.gov/news-events/news-releases/nih-review-finds-nondrug-approaches-effective-treatment-common-pain-conditions>

## **U.S. SURGEON GENERAL APPEALS TO AMERICA'S CLINICIANS TO "TURN THE TIDE" ON THE PRESCRIPTION DRUG EPIDEMIC**

In a historic first, the U.S. Surgeon General Dr. Vivek H. Murthy has sent a letter to 2.3 million American health professionals asking them to lead a national movement to turn the tide on the nation's prescription opioid epidemic. The Surgeon General urged clinicians to visit a website his office launched this month, *TurnTheTideRx.org*, where they can pledge their commitment to combating opioid misuse by enhancing education for treating pain, by screening patients for opioid use disorder, and by leading a shift in the public perception of addiction so that it is treated as a chronic illness rather than as a moral failing. This effort builds upon the U.S. Department of Health and Human Services (HHS) Opioid Initiative focused on tackling the nation's opioid epidemic, as well as the National Pain Strategy, the federal government's first coordinated plan to reduce the burden of chronic pain in the U.S.

**Press Release:** <http://www.hhs.gov/about/news/2016/08/25/united-states-surgeon-general-appeals-to-americas-clinicians-turn-the-tide-prescription-drug-epidemic.html>

## **FDA ALLOWS MARKETING OF FIRST-OF-KIND COMPUTERIZED COGNITIVE TESTS TO HELP ASSESS COGNITIVE SKILLS AFTER A HEAD INJURY**

The U.S. Food and Drug Administration (FDA) permitted marketing of two new devices to assess a patient's cognitive function immediately after a suspected brain injury or concussion. The Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT) and ImPACT Pediatric are the first medical devices permitted for marketing that are intended to assess cognitive function following a possible concussion. They are intended as part of the medical evaluation that doctors perform to assess signs and symptoms of a head injury.

**Press Release:** <http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm517526.htm>

## **OPIOID PAIN OR COUGH MEDICINES COMBINED WITH BENZODIAZEPINES: DRUG SAFETY COMMUNICATION - FDA REQUIRING BOXED WARNING ABOUT SERIOUS RISKS AND DEATH**

A FDA review has found that the growing combined use of opioid medicines with benzodiazepines or other drugs that depress the central nervous system (CNS) has resulted in serious side effects, including slowed or difficult breathing and deaths. Opioids are used to treat pain and cough; benzodiazepines are used to treat anxiety, insomnia, and seizures. In an effort to decrease the use of opioids and benzodiazepines, or opioids and other CNS depressants together, FDA is adding Boxed Warnings to the drug labeling of prescription opioid pain and prescription opioid cough medicines, and benzodiazepines.

**Release:** <http://www.fda.gov/Drugs/DrugSafety/ucm518473.htm>

## FULL-TIME COLLEGE STUDENTS DRINK MORE, BUT SMOKE CIGARETTES LESS THAN OTHER YOUNG ADULTS

A new report by the Substance Abuse and Mental Health Services Administration (SAMHSA) provides significant insight into how full-time college students (ages 18 to 22) differ from other people their age in their use of, and attitudes towards, various substances. The report finds significant differences in how both groups view the accessibility of certain illicit substances.

Press Release: <http://www.samhsa.gov/newsroom/press-announcements/201608160100>

### RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

#### NEW FROM NIH

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##### STUDY QUESTIONS ROLE FOR MARIJUANA IN TEEN USERS' IQ DECLINE

In a recent study sponsored by NIDA and the National Institute of Mental Health (NIMH), teens who used marijuana lost IQ points relative to their non-using peers; however, the drug appeared not to be the culprit. Researchers tested three hypotheses that should all be confirmed if marijuana causes cognitive impairment that persists beyond the period of acute intoxication. Their results did not support any of the hypotheses. Instead, their evidence suggests that some children's genes and family environments set them on pathways that lead both to the use of marijuana and to IQ decline. <https://www.drugabuse.gov/news-events/nida-notes/2016/08/study-questions-role-marijuana-in-teen-users-iq-decline>

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##### PAIN RELIEF WITHOUT RISK OF ADDICTION OR OVERDOSE?

New NIDA-funded preclinical research shows that a new compound, BU08028, acts on opioid and non-opioid brain receptors to relieve pain without harmful side effects. In the study, primates experienced pain relief but did not become dependent upon BU08028, and, in fact, found it less rewarding than cocaine and two different opioids. The research also showed that doses of the compound 10-30 times higher than necessary for pain relief did not slow breathing or affect the heart—side effects that can typically lead to overdose death when opioids are misused. <https://www.drugabuse.gov/news-events/news-releases/2016/08/pain-relief-without-risk-addiction-or-overdose>

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##### TEENS USING E-CIGARETTE DEVICES NOT JUST FOR NICOTINE

A recent analysis of the 2015 Monitoring the Future findings on e-cigarette use highlights uncertainty about what teens are actually inhaling when using "e-cig" devices. At least six percent report they are using the vaporizers to inhale marijuana. <https://www.drugabuse.gov/news-events/news-releases/2016/08/teens-using-e-cig-devices-not-just-nicotine>

## CDC: SURVEILLANCE FOR VIOLENT DEATHS

This report summarizes data from the Centers for Disease Control and Prevention (CDC) National Violent Death Reporting System regarding violent deaths from 17 U.S. states for 2013. The majority of these deaths were suicides, followed by homicides. Results are reported by sex, age group, race/ethnicity, marital status, location where injury occurred, method used, and other selected characteristics. The data show that relationship problems, specifically issues between intimate partners, often occur before suicides and homicides. Other findings also cited intimate partner problems as leading to a high percentage of male and female suicides; mental health problems were the most commonly noted circumstance for suicide deaths; and suicide and homicide rate for males was nearly four times that for females.

<http://www.cdc.gov/mmwr/volumes/65/ss/ss6510a1.htm>

## NEW FROM HHS

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### HOW CAN YOU HELP SOMEONE IN AN UNHEALTHY RELATIONSHIP?

If someone you care about is in an unhealthy or unsafe relationship, your help can make a big difference. If you think a loved one's relationship is controlling or violent, Healthfinder.gov provides these tips to offer support. <https://content.govdelivery.com/accounts/USOPHSODPHPHF/bulletins/15d9e48>

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### INTERGENERATIONAL PATTERNS OF CHILD MALTREATMENT: WHAT THE EVIDENCE SHOWS

The majority of children who experience maltreatment do not become adults who abuse or neglect their own children. This review of nearly three decades of research on the topic reveals that intergenerational patterns of child abuse and neglect are far more complex and nuanced than originally understood. This issue brief explores what is currently known about intergenerational patterns of maltreatment, the limits of current knowledge, implications of what is known and what is not known (including promising prevention strategies), and areas for further research.

<https://www.childwelfare.gov/pubs/issue-briefs/intergenerational/>

## NEW FROM SAMHSA

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### ARCHIVED WEBINAR: TRAUMA AND TRAUMA-INFORMED CARE DEFINED

This webinar provided an understanding of trauma's impact within our society, workforce, families, and communities. The webinar covered a number of topics, including recognizing the importance of resilience and protective factors in reduction of traumatic responses, and the importance of the Adverse Childhood Experiences Study (ACES) and how the application of the ACES will assist in the identification, treatment, and prevention of trauma. <http://www.attcnetwork.org/regional-centers/content.aspx?rc=greatlakes&content=DISTCUSTOM2>

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#### PROMOTING NEW TRAUMA-INFORMED PROGRAMS IN HAWAIIAN SCHOOLS

Transformational efforts are underway in Hawaii to establish an integrated and coordinated trauma-informed program in schools that promotes safety, wellness, and resilience for children.

<http://newsletter.samhsa.gov/2016/08/22/youth-mental-health-first-aid-hawaii/>

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#### HEALING IN HAWAII: THE ROLE OF CULTURE IN ADDICTION RECOVERY

Learn how funding from SAMHSA's Substance Abuse Prevention and Treatment Block Grant program supports Native Hawaiians and others with addiction recovery strategies that integrate cultural practices.

<http://newsletter.samhsa.gov/2016/08/23/hawaiian-substance-abuse-treatment-program/>

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#### BLOG POST: COPING IN THE WAKE OF INCIDENTS OF MASS VIOLENCE

Over the past several weeks, communities across the nation have experienced incidents of violence. This blog post describes SAMHSA activities to reach out to those communities offering support and behavioral health resources. The post also provides self-care tips to alleviate stress and anxiety.

<http://blog.samhsa.gov/2016/08/29/coping-in-the-wake-of-incidents-of-mass-violence/>

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#### BLOG POST: WALLA WALLA: COLLECTIVE ACTION AND DATA DRIVE TRAUMA-INFORMED CHANGE

This blog post describes how Walla Walla, Washington was successful in generating community-wide change by highlighting the power of collective action and by continually measuring progress towards project goals. The Walla Walla experience demonstrates the value of citizen engagement and evaluation – two of the implementation domains featured in SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach. <http://blog.samhsa.gov/2016/08/25/walla-walla-collective-action-and-data-drive-trauma-informed-change/>

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#### BLOG POST: WORCESTER: SHARING STORIES, HEALING COMMUNITY

In Worcester, Massachusetts, people who have lived experience with mental health, trauma, or severe emotional distress are sharing their stories with others and helping to heal their community. This post describes the activities of the Central Massachusetts Recovery Learning Community, which was founded to educate the community about the value of peer-to-peer connections in healing, and to ensure that people, whether or not they've been diagnosed with a mental or substance use disorder, can access peer support.

<http://blog.samhsa.gov/2016/08/19/worcester-sharing-stories-healing-community/>

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#### BLOG POST: WORDS HAVE POWER! PEOPLE FIRST!

The language used to refer to people can exert a powerful impact on both perceptions and expectations. Find out about a new Addiction Technical Transfer Center (ATTC) Network initiative promoting the use of "people first" language in this blog post. <http://attcnia.tx.blogspot.com/2016/08/words-have-power-people-first.html>

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## TRAUMA-INFORMED PARENTING: HOW TO TALK ABOUT TRAUMA WITH A DOCTOR

One responsibility of trauma-informed caregivers is to partner with a variety of providers, including pediatricians. This 30-minute archived webinar helps makes it a little easier to understand the “rhythm” of a pediatric appointment. The presenter offers suggestions for how resource parents and pediatricians can understand a variety of physical and behavioral symptoms children may exhibit using a "trauma lens."

<http://learn.nctsn.org/enrol/index.php?id=451>

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## TRENDS IN PERCEPTION OF RISK AND AVAILABILITY OF SUBSTANCE USE AMONG FULL-TIME COLLEGE STUDENTS

In 2014, full-time college students ages 18 to 22 were more likely than other same-aged young adults to perceive great risk of harm from smoking one or more packs of cigarettes a day, but they were less likely to perceive great risk of harm from monthly cocaine use, trying heroin once or twice, and trying LSD once or twice. [http://www.samhsa.gov/data/sites/default/files/report\\_2418/ShortReport-2418.html](http://www.samhsa.gov/data/sites/default/files/report_2418/ShortReport-2418.html)

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## STRESS MANAGEMENT AND SELF-CARE IN DISASTER RESPONSE

This issue of The Dialogue from SAMHSA's Disaster Technical Assistance Center seeks to promote the importance of on-the-job stress management and self-care practices for those in the disaster response and recovery field. <https://content.govdelivery.com/accounts/USSAMHSA/bulletins/160c930>

## NEW FROM REAL WARRIORS

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### WHAT TO EXPECT IN THERAPY

Therapy can help one find new tools to manage concerning thoughts, feelings, and behaviors. It also can help improve how individuals get along with family and peers. This article about learning what to expect in therapy can make it easier to schedule a first session.

<http://www.realwarriors.net/active/afterdeployment/what-to-expect-in-psychotherapy.php>

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### UNDERSTANDING AND USING EVIDENCE-BASED CLINICAL PRACTICE GUIDELINES

Clinical practice guidelines create consistency of care and can lead to a number of advantages that positively affect both health care providers and patients. This article explains the benefits of using guidelines, shares how health care providers can implement clinical practice guidelines, and explains how these guidelines affect patients and providers. <http://www.realwarriors.net/healthprofessionals/guidelines/clinical.php>

## NEW FROM THE DEPARTMENT OF JUSTICE

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### BLOG POST: RECONSIDERING JUVENILE LIFE SENTENCES

This new blog post discusses the importance of reforming juvenile life sentences and notes that recent Court decisions have established that children are constitutionally different from adults for sentencing purposes. The blog underscores the Office of Justice Programs work to support states and local stakeholders in implementing reforms for juvenile life sentences. <https://www.justice.gov/opa/blog/reconsidering-juvenile-life-sentences>

### REPORT ON GIRLS IN ADULT CORRECTIONAL FACILITIES

The National Institute of Corrections, in collaboration with the National Council on Crime and Delinquency, has released a report focused on the growing population of girls younger than 18 in adult correctional facilities. The bulletin summarizes current research, incorporates input from practitioners, and offers recommendations for improving conditions and outcomes for girls who are sentenced to adult facilities. <http://www.ojjdp.gov/enews/16juvjust/160825b.html>

## EVENTS

### HEALTH OBSERVANCE: SUICIDE PREVENTION MONTH

SEPTEMBER 2016

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This annual observance is dedicated to increasing awareness of and action around suicide prevention. World Suicide Prevention Day (September 10, 2016) and National Suicide Prevention Week (September 5-11, 2016) represent opportunities for individuals and organizations in the U.S. and around the world to take part in efforts to save lives through suicide prevention and mental health promotion. SAMHSA's Suicide Prevention Resource Center has put together a list of ideas for action to help everyone get involved.

<http://www.sprc.org/sites/default/files/resource-program/Suicide%20Prevention%20Month%20Ideas%20for%20Action%20September%202016.pdf>

### RECOVERY MONTH

SEPTEMBER 2016

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Every September, SAMHSA sponsors Recovery Month to increase awareness and understanding of mental and substance use disorders, and celebrate the people who recover. <https://recoverymonth.gov/>

## **WEBINAR: BEFORE YOU SAY AHHHH...INTEGRATING ORAL HEALTH AND BEHAVIORAL HEALTH IN PRIMARY CARE SETTINGS**

SEPTEMBER 7, 2016, 1:00-2:00 PM ET

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As an integral component of overall health, oral health can have a significant impact on a client's emotional and physical well-being. Sign up for this SAMHSA-Health Resources and Services Administration (HRSA) webinar to learn how behavioral health workers in integrated care settings can engage clients who may have oral health concerns. As part of the integrated care team in settings with and without oral health providers, behavioral health staff can educate clients regarding their oral health conditions, support proper oral hygiene, address dental care anxiety, and build effective referral systems to get their clients oral health services. This webinar will offer tips and resources to engage in a discussion of oral health concerns and will highlight elements of an effective oral health referral process.

<https://goto.webcasts.com/starthere.jsp?ei=1114146>

## **WEBINAR: STATE SOLUTIONS IN WORKFORCE: INNOVATIONS IN DEVELOPING THE BEHAVIORAL HEALTH WORKFORCE**

SEPTEMBER 7, 2016, 2:00-3:00 PM ET

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SAMHSA, in partnership with the National Association of State Alcohol and Drug Abuse Directors, the National Association of State Mental Health Program Directors, the Annapolis Coalition on the Behavioral Health Workforce, and the Behavioral Health Education Center of Nebraska, is sponsoring this webinar, which is part one of a quarterly webinar series that will highlight current innovative practices throughout the nation. <https://content.govdelivery.com/accounts/USSAMHSA/bulletins/15f358b>

## **NATIONAL WELLNESS WEEK**

SEPTEMBER 11-17, 2016

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National Wellness Week is held during the third week of September to share the message that practicing wellness provides an essential foundation for good health. SAMHSA offers a community action guide containing tools and information for communities interested in organizing wellness activities that promote recovery from mental and/or substance use disorders. <http://www.samhsa.gov/wellness-initiative/national-wellness-week-resources>

## **LECTURE: 'MINDING' YOUR BALANCE WITH TAI CHI: THE INTERDEPENDENCE OF COGNITIVE AND MOTOR FUNCTION IN THE ELDERLY (AVAILABLE VIA VIDEOCAST)**

SEPTEMBER 12, 2016, 10:00-11:00 AM ET, BETHESDA, MD

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During this NCCIH lecture, Dr. Peter Wayne, Assistant Professor of Medicine, Harvard Medical School, and Director of Research at the Osher Center for Integrative Medicine Division of Preventive Medicine, Brigham and Women's Hospital and Harvard Medical School, will discuss the interdependence of cognitive and motor decline in older adults, and the potential for mind and body interventions such as tai chi to help with rehabilitation and preservation of function. This presentation will summarize evidence for the use of tai chi in preserving and rehabilitating some age- and chronic disease-related decline, experimental studies indicating mechanisms of tai chi's impact, and pragmatic studies informing its cost effectiveness. Dr. Wayne will review suggestions for future research, including the potential for technology to enhance monitoring and delivery of community-based mind and body interventions. This lecture is open to the public and will be videocast live. <https://videocast.nih.gov/summary.asp?live=19669&bhcp=1>

## **WEBINAR: THE RELATIONSHIP OF SLEEP DISTURBANCE TO SUICIDAL THOUGHTS AND BEHAVIORS: AN OPPORTUNITY FOR INTERVENTION**

SEPTEMBER 12, 2016, 3:00-4:00 PM ET

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Presenters in this VA webinar will briefly review the literature regarding the relationship between sleep and suicidal thought and behavior, including ongoing work on the development of interventions to concurrently address insomnia, depressive symptomatology, and suicide risk. The presentation and discussion will include suggestions for clinicians and recommendations for shaping future research protocols.

<https://attendee.gotowebinar.com/register/1462157326483347971>

## **WEBINAR: FIVE-YEAR RECOVERY: A NEW STANDARD FOR ASSESSING EFFECTIVENESS OF SUBSTANCE USE DISORDER TREATMENT**

SEPTEMBER 13, 2016, 2:00-3:30 PM ET

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In this SAMHSA ATTC session, NIDA Deputy Director Dr. Wilson Compton will review the science of addiction as a chronic disease. Based on the background of a long-term learning model of addiction and addiction recovery, he proposes a five-year outcome standard for substance abuse services. Adopting this standard should help to ensure that substance use disorders are treated like other chronic conditions that require continuing care. <https://attendee.gotowebinar.com/register/8809352406190831363>

## **WEBINAR: STRATEGIES FOR SUCCESS IN INTEGRATING HIV CARE INTO BEHAVIORAL HEALTH**

SEPTEMBER 14, 2016, 2:00 PM ET

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People who experience mental health challenges or addictions are at a significantly increased risk for contracting HIV, and people with HIV are more likely to develop a mental illness or addiction. That's why behavioral health providers are in a key position to curb the spread of HIV and help people with HIV gain access to life-saving treatment. Join this SAMHSA-HRSA webinar to learn how behavioral health providers and health systems are effectively addressing HIV, substance use treatment, and primary care together. Presenters from SAMHSA-funded providers will share their best practices and how they overcame real-world barriers while integrating behavioral health treatment and HIV care.

<https://goto.webcasts.com/starthere.jsp?ei=1115936>

## **WEBINAR: BULLYING PREVENTION AND INTERVENTION**

SEPTEMBER 14, 2016, 3:00-4:00 PM ET

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In this HRSA-funded Children's Safety Network webinar, presenters will focus on models of effective prevention and intervention, including those that are implemented in schools and community-based programs, that address factors related to bullying such as aggressive behavior and mental health.

<https://www.childrensafetynetwork.org/webinar/bullying-prevention-interventions>

## **WEBINAR: UNDERSTANDING TRAUMA IN THE CONTEXT OF JUVENILE JUSTICE SYSTEMS**

SEPTEMBER 16, 2016, 3:30-4:30 PM ET

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The National Center for Mental Health and Juvenile Justice, in partnership with the Office of Juvenile Justice and Delinquency Prevention, will present this webinar on trauma in juvenile justice systems. Nearly all youth who enter the juvenile justice system have experienced trauma – often as a result of exposure to violence. Building practitioner skills to understand the impact of trauma on youth and to structure systems that support youth is critical for successful outcomes. This webinar will define trauma and traumatic stress reactions, identify how routine juvenile justice practices can function as triggers for youth, provide real-life examples of youth behavior resulting from experiences of trauma, and offer strategies for the juvenile justice system to address traumatic stress reactions.

<http://www.ojjdp.gov/events/EventDetail.asp?ei=26027&p=list>

## **WEBINAR: TECHNICAL ASSISTANCE: FOUNDATIONS OF GRANT WRITING**

SEPTEMBER 19, 2016, 4:00 PM ET

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The HHS Office of Minority Health is presenting this introductory webinar for community-based organizations that want to respond to federal funding announcements. It will cover the basics from how to register in the System for Award Management (SAM) to the key sections in funding announcements and successful strategies for responding. <https://attendeegotowebinar.com/register/3979751982794763010>

## **WEBINAR: ENCOURAGING HEALTH, HOUSING, TRANSPORTATION, AND SOCIAL SERVICE PARTNERSHIPS: SUCCESSFUL STRATEGIES TO EXPAND CHRONIC DISEASE SELF-MANAGEMENT EDUCATION PROGRAMS**

SEPTEMBER 20, 2016, 2:00-3:30 PM ET

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The Administration for Community Living, HRSA, Department of Housing and Urban Development, and Department of Transportation are working together on an interagency initiative focused on livable communities for underserved populations. This webinar will highlight their efforts to reach underserved populations by encouraging health, housing, transportation, and social service partnerships. <https://cc.readytalk.com/registration/#/?meeting=7x68i3gotv5e&campaign=6nmwnjniyym2>

## **WEBINAR: POLICY ISSUES IN IMPLEMENTING TRAUMA-INFORMED SCHOOLS**

SEPTEMBER 22, 2016, 12:00-1:00 PM ET

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In this National Child Traumatic Stress Network (NCTSN) webinar, experts will explore policy challenges and lessons learned in promoting and supporting trauma-informed schools. Speakers will share key NCTSN resources related to the development and implementation of trauma-informed schools; discuss the relationship between practice and policy in the sustainability of trauma-informed school models; and share examples and insights gained from the creation and implementation of a trauma-informed school in Los Angeles, California. <http://learn.nctsn.org/enrol/index.php?id=450>

## **WEBINAR: PROMOTING HEALTH EQUITY THROUGH PROGRAMS AND POLICIES**

SEPTEMBER 22, 2016, 3:00-4:00 PM ET

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Public policies within and outside the health sector have a significant impact on population health and health inequities. Given its role in ensuring population health and eliminating health inequities, the Washington State Department of Health initiated efforts to apply a health equity lens to proposed state legislation. This Federal Interagency Health Equity Team webinar will discuss how the Department used policy and administrative levers to make this change. Presenters will describe components of a “health equity lens” used to analyze proposed state legislation; articulate opportunities and challenges to applying a “health equity lens;” and share examples of training and resource materials.

<https://event.on24.com/eventRegistration/EventLobbyServlet?target=registration.jsp&eventid=781550&sessionid=1&key=AF52CA2714D3C5FCC3AFD8F494EEA6D5&sourcepage=register>

## **WEBINAR: DOES TRAUMA-FOCUSED TREATMENT MAKE PTSD SYMPTOMS WORSE? EXAMINING SYMPTOM EXACERBATIONS AND OUTCOMES IN TWO CLINICAL SAMPLES**

SEPTEMBER 26, 2016, 1:00-2:00 PM ET

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This VA presentation will describe the frequency of symptom exacerbations in trauma-focused treatments in two trials of Cognitive Processing Therapy (CPT) and Prolonged Exposure in a female patient population, and in a national study of CPT delivery in VA Canada Operational Stress Injury and community-based settings in Canada. The presentation also will address whether these exacerbations are linked to any lasting harm.

<https://attendee.gotowebinar.com/register/8424760834253187332>

## **WEBINAR: ARE YOU CONCERNED ABOUT YOUR CHILD’S IRRITABILITY?**

SEPTEMBER 29, 2016, 12:00-1:00 PM ET

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Join this webinar to learn about severe irritability and disruptive mood dysregulation in children and youth with Kenneth Towbin, M.D., Chief of Clinical Child and Adolescent Psychiatry in the NIMH Emotion and Development Branch. Dr. Towbin will discuss common signs and severity of symptoms, how parents can help a child with severe irritability, what treatment options exist, and ongoing research about irritable children conducted at NIMH in Bethesda, MD. This webinar is free and open to the public.

<https://kidswithirritabilitywebinar.eventbrite.com>

## **WORKSHOP: TRANSCRANIAL ELECTRICAL STIMULATION: MECHANISMS, TECHNOLOGY, AND THERAPEUTIC APPLICATIONS (AVAILABLE VIA WEBINAR)**

SEPTEMBER 29-30, 2016, BETHESDA, MD

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This NIMH workshop aims to critically assess the use and potential of noninvasive neuromodulation techniques—specifically Transcranial Direct Stimulation (tDCS), Transcranial Alternating Current Stimulation (tACS), and Transcranial Random Noise Stimulation (tRNS)—and identify research needs for optimizing protocols and further developing therapeutic applications. This workshop is free and open to the public online via WebEx. For the preliminary agenda and WebEx information, please visit the registration webpage. <https://www.eventbrite.com/e/transcranial-electrical-stimulation-tickets-27030688517>

## **SYMPOSIUM: CELEBRATION OF 60 YEARS OF BEHAVIORAL AND COGNITIVE NEUROSCIENCE IN THE LABORATORY OF NEUROPSYCHOLOGY**

OCTOBER 20-21, 2016, BETHESDA, MD

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This NIMH symposium will integrate the advances made over the last 60 years in the understanding of the neurobiology of memory, perception, and action. Speakers will share insights from studies of nonhuman primates, humans, and rats using lesions, electrophysiology, imaging, and related techniques. Talks will focus on how these advances led to current scientific understanding, and how that trajectory points the way toward new research questions that will drive the field forward. <http://www.nimh.nih.gov/research-priorities/scientific-meetings/announcements/celebration-of-60-years-of-behavioral-and-cognitive-neuroscience-in-laboratory-of-neuropsychology/index.shtml>

### **CLINICAL TRIAL PARTICIPATION NEWS**

#### **NATIONAL RECRUITMENT: JOIN NIH DEPRESSION RESEARCH STUDIES**

Does depression impede your daily life? Are you currently feeling sad and hopeless, experiencing worthlessness and guilt, and have a lack of interest in everyday activities you once enjoyed? NIH studies are investigating the brain and experimental medications (such as ketamine and diazoxide) to rapidly reduce depressive symptoms. Research includes: depressed adults ages 18 to 70, outpatient visits or inpatient stays of up to 12 weeks at the NIH Clinical Center in Bethesda, MD. Call 1-877-MIND-NIH, TTY: 1-866-411-1010, Email: [moodresearch@mail.nih.gov](mailto:moodresearch@mail.nih.gov).

<http://www.nimh.nih.gov/labs-at-nimh/join-a-study/trials/adult-studies/depression-evaluations-for-medication-and-brain-imaging-studies.shtml>

#### **TWITTER**

Join an NIMH Study. Depression research evaluates adults 18-70, the brain, and novel medications to rapidly reduce symptoms. <http://goo.gl/Se1io5>

## **NIH VIDEO: RESEARCHER STORY: ENCOURAGING AFRICAN AMERICANS TO PARTICIPATE IN RESEARCH STUDIES**

The NIH Clinical Research Trials and You website offers a new video by a National Institute of Aging researcher talking about the importance of African-American participation in medical research.

<https://www.nih.gov/health-information/nih-clinical-research-trials-you/researcher-story-encouraging-african-americans-participate-research-studies>

### **CALLS FOR PUBLIC INPUT**

## **SEEKING COMMENTS: ADVANCING THE CARE OF PREGNANT AND PARENTING WOMEN WITH OPIOID USE DISORDER AND THEIR INFANTS**

This SAMHSA report summarizes the evidence review and rating processes used to establish appropriate interventions for the treatment of pregnant and parenting women with opioid use disorder and their infants. The report establishes the foundation for the development of a clinical guide enabling more health care providers to offer specialized treatment to women with opioid use disorder and their opioid-exposed infants. SAMHSA is seeking public comment on the clinical translation of this report in order to assure that it is of maximum utility. Comments are accepted until September 3, 2016.

<https://www.federalregister.gov/articles/2016/08/03/2016-18324/request-for-comment-on-report-entitled-advancing-the-care-of-pregnant-and-parenting-women-with>

## **SEEKING COMMENT: CMS PROPOSED IMPROVEMENTS TO PAYING FOR CARE COORDINATION AND PLANNING, PRIMARY CARE, AND MENTAL HEALTH IN DOCTORY PAYMENT RULE**

The Centers for Medicare and Medicaid Services (CMS) is proposing changes to the Physician Fee Schedule to transform how Medicare pays for primary care through a new focus on care management and behavioral health designed to recognize the importance of the primary care work physicians perform. The rule's primary care proposals improve how Medicare pays for services provided by primary care physicians and other practitioners for patients with multiple chronic conditions, mental and behavioral health issues as well as cognitive impairment or mobility-related impairments. CMS is proposing to pay for specific behavioral health services furnished using the Collaborative Care Model, which has demonstrated benefits in a variety of settings. CMS will accept comments on the proposed rule until September 6, 2016.

<https://www.cms.gov/Newsroom/MediaReleaseDatabase/Press-releases/2016-Press-releases-items/2016-07-07.html>

## FUNDING INFORMATION

NATIONAL INSTITUTE OF CHILD HEALTH AND HUMAN DEVELOPMENT: HEALTHY NATIVE BABIES PROJECT  
OUTREACH STIPEND APPLICATION

<http://files.constantcontact.com/913a319f001/8e50ceae-d3be-462e-be3d-3216455225bc.pdf?ver=1470849886000>

STRATEGIES TO INCREASE DELIVERY OF GUIDELINE-BASED CARE TO POPULATIONS WITH HEALTH  
DISPARITIES

<https://grants.nih.gov/grants/guide/pa-files/PAR-15-279.html>

NIH BIG DATA TO KNOWLEDGE (BD2K) RESEARCH EDUCATION CURRICULUM  
DEVELOPMENT: DATA SCIENCE OVERVIEW FOR BIOMEDICAL SCIENTISTS

<http://grants.nih.gov/grants/guide/rfa-files/RFA-ES-16-011.html>

BD2K ENHANCING DIVERSITY IN BIOMEDICAL DATA SCIENCE

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MD-16-002.html>

BD2K COMMUNITY-BASED DATA AND METADATA STANDARDS EFFORTS

<http://grants.nih.gov/grants/guide/rfa-files/RFA-ES-16-010.html>

BRAIN INITIATIVE: DEVELOPMENT AND VALIDATION OF NOVEL TOOLS TO ANALYZE CELL-SPECIFIC  
AND CIRCUIT-SPECIFIC PROCESSES IN THE BRAIN

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-220.html>

BRAIN INITIATIVE: FOUNDATIONS OF NON-INVASIVE FUNCTIONAL HUMAN BRAIN IMAGING AND  
RECORDING - BRIDGING SCALES AND MODALITIES

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-235.html>

BRAIN INITIATIVE: NON-INVASIVE NEUROMODULATION-NEW TOOLS AND TECHNIQUES FOR  
SPATIOTEMPORAL PRECISION

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-240.html>

BRAIN INITIATIVE: NON-INVASIVE NEUROMODULATION-MECHANISM AND DOSE/RESPONSE RELATIONSHIPS  
FOR TARGETED CNS EFFECTS

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-245.html>

ENGINEERING NEXT-GENERATION HUMAN NERVOUS SYSTEM MICROPHYSIOLOGICAL SYSTEMS

<http://grants.nih.gov/grants/guide/pa-files/PAR-16-397.html> (R21)

<http://grants.nih.gov/grants/guide/pa-files/PAR-16-398.html> (R01)



National Institute  
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.