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# UPDATE

February 15, 2016

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<http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>

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*Prepared by the U.S. Department of Health and Human Services,  
National Institutes of Health, National Institute of Mental Health,  
Office of Constituency Relations and Public Liaison*

## CRIMINAL JUSTICE ALCOHOL PROGRAM LINKED TO DECREASED MORTALITY; DEATHS DROPPED BY 4.2 PERCENT COMMUNITY-WIDE OVER SIX YEARS

A criminal justice program that requires offenders convicted of alcohol-related offenses to stop drinking and submit to frequent alcohol testing with swift, certain, and modest sanctions for a violation was linked to a significant reduction in county-level mortality rates in South Dakota. These results came from a study funded by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), part of the National Institutes of Health.

**Press Release:** <http://www.nih.gov/news-events/news-releases/criminal-justice-alcohol-program-linked-decreased-mortality>

## NIDA ISSUES STRATEGIC PLAN TO ADDRESS CURRENT AND FUTURE PUBLIC HEALTH NEEDS THROUGH TRANSFORMATIVE ADDICTION RESEARCH

The National Institute on Drug Abuse (NIDA) has released its *Strategic Plan for 2016-2020: Advancing Addiction Science*, focusing on its mission to advance science on the causes and consequences of drug use and addiction and to apply that knowledge to improve individual and public health. Drug use and substance use disorders affect millions of Americans and impose enormous costs on society. In 2014, nearly 27 million people in the U.S. were current users of illicit drugs or misused prescription drugs, and almost 67 million people smoked or used other harmful tobacco products.

**Press Release:** <https://www.drugabuse.gov/news-events/news-releases/2016/02/nida-issues-strategic-plan-to-address-current-future-public-health-needs-through-transformative>

## SAMHSA MOBILIZES LOCAL VOLUNTEERS FOR THE 2016 COMMUNITIES TALK: TOWN HALL MEETINGS TO PREVENT UNDERAGE DRINKING INITIATIVE

The Substance Abuse and Mental Health Services Administration (SAMHSA) kicked off its *Communities Talk: Town Hall Meetings to Prevent Underage Drinking Initiative* to educate communities about underage and high-risk drinking. The initiative also mobilizes volunteers from across the nation to participate in evidence-based underage drinking prevention actions at the local, state, and national levels. Town Hall Meetings are an important part of the nation's underage drinking prevention initiatives – they help galvanize local communities and spark critical discussions between parents and children about underage drinking. Ongoing conversations between parents and youth can have a real impact on young peoples' decisions about alcohol.

**Press Release:** <http://www.samhsa.gov/newsroom/press-announcements/201602011100>

## **FDA CALLS FOR SWEEPING REVIEW OF AGENCY OPIOIDS POLICIES**

In response to the opioid abuse epidemic, Dr. Robert Califf, the Food and Drug Administration's (FDA) Deputy Commissioner for Medical Products and Tobacco, along with other FDA leaders, called for a far-reaching action plan to reassess the agency's approach to opioid medications. The plan will focus on policies aimed at reversing the epidemic, while still providing patients in pain access to effective relief.

**Press Release:** <http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm484765.htm>

## **NEW GUIDANCE HIGHLIGHTS HIGH IMPACT OPPORTUNITIES TO SUPPORT HEALTHY STUDENTS**

In a new letter sent to governors, chief state school officers, state health officials, and state Medicaid directors, the U.S. Departments of Education (ED) and Health and Human Services (HHS) recognize the critical role that healthcare coverage and health services play in ensuring all students are ready and able to learn, and recommend action steps to better coordinate health and education services for all students and their families. ED and HHS also released a new toolkit that details five high impact opportunities for states and local school districts to support stronger communities through collaboration between the education and health sectors, highlighting best practices and key research in both areas.

**Press Release:** <http://www.hhs.gov/about/news/2016/01/15/new-guidance-highlights-high-impact-opportunities-support-healthy-students.html>

## NEW FROM NIMH

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### CLINICAL RESEARCH TRIALS AND YOU: QUESTIONS AND ANSWERS

Clinical trials are part of clinical research and at the heart of all medical advances. This online tip sheet offers responses to frequently asked questions about clinical trials, including who participates, what are the risks and benefits, and questions to ask prior to joining a study.

<http://www.nimh.nih.gov/health/publications/clinical-research-trials-and-you-questions-and-answers-nih-16-4379/index.shtml>

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### POSTER: TOWARDS NEW AND BETTER TREATMENT

This printable poster encourages learning about clinical research and highlights the importance of clinical research to finding new and better treatments. <http://www.nimh.nih.gov/health/publications/clinical-trials-and-you-poster-om-16-4303/index.shtml>

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### INSIDE NIMH

The latest issue of Inside NIMH (National Institute of Mental Health) is now available. The e-newsletter is published in conjunction with each meeting of the National Advisory Mental Health Council, which advises the HHS Secretary, the NIH Director, and the Director of NIMH on all policies and activities relating to the conduct and support of mental health research, research training, and other programs of the Institute.

<http://www.nimh.nih.gov/research-priorities/inside-nimh/2016-winter-inside-nimh.shtml>

## NEW FROM NIH

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### NIH RECORD ARTICLE: FAST-ACTING DRUGS COULD REVOLUTIONIZE DEPRESSION TREATMENT

This *NIH Record* article summarizes a lecture by Carlos Zarate, M.D., senior investigator, and chief of the Experimental Therapeutics and Pathophysiology Branch and section on neurobiology and treatment of mood disorders at NIMH. During this lecture, he reviewed progress in developing the next generation of antidepressants and described some of the challenges remaining in bringing them to market.

[https://nihrecord.nih.gov/newsletters/2016/01\\_01\\_2016/story2.htm](https://nihrecord.nih.gov/newsletters/2016/01_01_2016/story2.htm)

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### NIH RESEARCH MATTERS: A BIOLOGICAL MECHANISM FOR SCHIZOPHRENIA

Scientists identified the mechanism behind genetic variations that were linked to schizophrenia in previous genomic studies. The findings could one day lead to new approaches to prevent the disorder.

<http://www.nih.gov/news-events/nih-research-matters/biological-mechanism-schizophrenia>

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## CLINICAL DIGEST: MIND AND BODY APPROACHES FOR STRESS

Several mind and body approaches, including relaxation techniques, yoga, tai chi, and meditation may be useful for managing symptoms of stress. For some stress-related conditions, mind and body approaches are used as an adjunct to other forms of treatment. This National Center for Complementary and Integrative Health Clinical Digest provides a summary of current evidence on some of these practices for stress and stress-related conditions. <https://nccih.nih.gov/health/providers/digest/mind-body-stress>

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## FACTORS PREDICTING THE TRANSITION FROM PRESCRIPTION OPIOIDS TO HEROIN

Although the links between illicit prescription opioid use and heroin use are well-established, until now no study had prospectively examined the transition to heroin use among people misusing pain medications to understand the factors that predict such a transition. In a NIDA-funded study, researchers tracked for three years a cohort of young adult illicit prescription opioid users in Columbus, Ohio, who at the time of study entry were not dependent on opioids and had never used heroin or injected any illicit drug. The strongest predictors of initiating heroin use were non-oral use of prescription opioids—indicating an intensifying relationship with the drug and its associated high—along with higher frequency of opioid use and the development of DSM-IV dependence on those drugs. Early age of onset of illicit prescription opioid use was also a predictor of heroin initiation. These findings suggest some specific targets for prevention efforts aimed at people currently misusing prescription opioids but who have not started to use heroin.

<https://www.drugabuse.gov/news-events/latest-science/factors-predicting-transition-prescription-opioids-to-heroin>

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## BLOG POST: SAVING A “LOST GENERATION”: THE NEED TO PREVENT DRUG AND ALCOHOL ABUSE IN MIDLIFE

This blog post by NIDA and NIAAA Directors describes the pressing need to prevent drug and alcohol abuse among middle-aged adults. A recent study funded by the National Institute on Aging reveals the unexpected enormity of the problem and its disastrous consequences for a generation of Americans. The study identified an anomalous trend of increased all-cause mortality among white non-Hispanic, middle-aged Americans between 1999 and 2013 that appears mainly attributable to the devastating impact of substance use and emotional distress. Drug and alcohol poisonings and suicides accounted for most of the increased mortality; death from chronic liver diseases, which are associated with alcohol abuse, also rose in this population. <http://www.addictionresearch.nih.gov/blog/2016/01/saving-%E2%80%9Clost-generation%E2%80%9D-need-prevent-drug-and-alcohol-abuse-midlife>

## NEW FROM SAMHSA

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### A GROUNDBREAKING CALL FOR UNIVERSAL DEPRESSION SCREENING

In this SAMHSA blog post, the SAMHSA Center for Mental Health Services Director Paolo del Vecchio describes the recent recommendation by the U.S. Preventive Services Task Force (USPSTF) which calls for primary care providers to screen all adults for depression. Early intervention through screening and connection to treatment and services may help head off mental health crises and identify suicide risk. In addition, other high risk populations for depression, such as individuals with challenging chronic medical conditions like cancer or diabetes, will also benefit. The statement also calls for more careful attention to adults in higher risk groups, including pregnant and post-partum women.

<http://blog.samhsa.gov/2016/02/01/a-groundbreaking-call-for-universal-depression-screening>

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### PREVENTION COLLABORATION IN ACTION

This online, interactive toolkit brings to life the complex and multifaceted topic of collaboration, highlighting important "lessons learned" and providing a wealth of resources and worksheets to support practitioners in building and sustaining their own collaborative efforts. Features include stories of collaboration from SAMHSA grantees, including collaborations forged across agencies. <https://captcollaboration.edc.org/>

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### PREVENTION TRAINING PLATFORM

This new SAMHSA Center for the Application of Prevention Technologies online training platform allows practitioners to learn more about preventing substance misuse. Multiple courses are now open for self-enrollment. <https://captonline.edc.org/>

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### PARITY OF MENTAL HEALTH AND SUBSTANCE USE BENEFITS WITH OTHER BENEFITS: USING YOUR EMPLOYER-SPONSORED HEALTH PLAN TO COVER SERVICES

This report examines what the Mental Health Parity and Addiction Equity Act means for people with employer-sponsored health plans who need treatment for substance abuse or mental illness. It discusses key elements of healthcare legislation, particularly as it relates to filing a claim, denial of a claim, and the appeals process. <http://store.samhsa.gov/product/Parity-of-Mental-Health-and-Substance-Use-Benefits-with-Other-Benefits-/SMA16-4937>

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### SAMHSA NEWS: MENTAL HEALTH FIRST AID

In this SAMHSA News article, learn the five steps in Mental Health First Aid—a mental health literacy program in which anyone can learn the signs and symptoms of mental health crisis and how to help.

<http://newsletter.samhsa.gov/2016/01/27/mental-health-first-aid/>

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## HELP KIDS COPE: MOBILE PHONE APP

This new mobile phone application from SAMSHA’s National Child Traumatic Stress Network will help parents talk to their kids about the disasters they may face and know how best to support them throughout—whether sheltering-in-place at home, evacuating to a designated shelter, or helping a family heal after reuniting. Parents can learn what to do before, during, and after 10 different types of disasters and know what to say “in the moment” to support kids of all ages. <http://www.nctsnet.org/content/help-kids-cope>

## ARCHIVED WEBINAR: PREVENTING HAZING ON CAMPUS

The National Center on Safe Supportive Learning Environments, funded by the ED’s Office of Safe and Healthy Students, hosted a webinar to discuss the latest research on hazing and described implications for campus personnel. The event featured a video introduction from Secretary of Education Arne Duncan and offered practical strategies, tools, and resources to prevent hazing incidents. The information provided aimed to support campus efforts to create a more productive and supportive learning environment. <https://safesupportivelearning.ed.gov/events/webinar/preventing-hazing-campus>

## NEW VIDEO SERIES: THE FACES OF HUMAN TRAFFICKING

The Department of Justice Office for Victims of Crime has released a public awareness campaign to educate the public about human trafficking. The campaign includes discussion guides, fact sheets, and posters, along with public service announcements (PSAs) available in Spanish, Thai, Hindi, and Tagalog. The series is intended to be used for outreach and education efforts of service providers, law enforcement, prosecutors, and others in the community. The series includes information about sex and labor trafficking, multidisciplinary approaches to serving victims of human trafficking, effective victim services, victims' legal needs, and voices of survivors. <http://ovc.ncjrs.gov/humantrafficking/publicawareness.html>

## NEW FROM REAL WARRIORS

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### MOBILE APP MINI-BROCHURE

This mini-brochure highlights five mobile apps for psychological health, including the Real Warriors App, T2 Telehealth and Technology apps, and other relevant apps, to connect service members, Veterans, and military families to digital resources to support psychological health and mission readiness. The apps are free to download and are available for a variety of platforms and operating systems.

<http://www.realwarriors.net/materials/order>

### I CAN, I WILL VIDEOS

The Real Warriors campaign is proud to introduce new 59- and 29-second PSAs that encourage service members, military families, and Veterans to take an active role in their own psychological health, as well as that of their friends and loved ones.

<http://www.realwarriors.net/multimedia/profiles/icaniwill59.php>

### MANIFESTO "I CAN, I WILL" POSTERS

These posters are designed to support and promote actionable messages encouraging service members to take an active role in their own psychological health, and that of their friends and battle buddies as well as to get involved with the campaign. <http://www.realwarriors.net/materials>

### MILITARY HEALTH RESOURCES INFOGRAPHIC

Knowing where to start when looking to seek care or direct a service member to care for psychological health concerns can be challenging. This new infographic outlines resources for service members to support all aspects of their military careers and different avenues for seeking care, including: the Military Health System, self-help, installation, social support, and virtual support resources.

<http://www.realwarriors.net/materials>

### CLINICAL AND NON-CLINICAL CARE RESOURCES

Service members and their families experience unique pressures, such as managing transitions, separations, cross-country moves, and handling their personal finances. The Defense Department (DoD) offers several ways service members and their families can get the help they need. This article describes different clinical and non-clinical care resources for psychological health concerns.

<http://www.realwarriors.net/active/treatment/clinical-or-nonclinical.php>

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## HOW TO BECOME A TRICARE-AUTHORIZED PROVIDER

TRICARE is the DoD's healthcare program for active-duty service members, National Guard and reserve members, retirees, their families, and survivors. Civilian healthcare providers may want to consider becoming a TRICARE-authorized provider. This article explains TRICARE advantages and describes the options for becoming a TRICARE provider.

<http://www.realwarriors.net/healthprofessionals/tools/tricaredoctor.php>

## DCOE BLOG POSTS

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### TOP 10 CONCUSSION RESEARCH ARTICLES OF 2015

As the DoD's center of excellence for traumatic brain injury (TBI), one of the primary goals of the Defense and Veterans Brain Injury Center (DVBIC) is to stay up-to-date on the latest in brain injury research. A team of DVBIC experts with a variety of clinical backgrounds reviewed approximately 250 abstracts from the TBI clinical research literature published in 2015, choosing the 10 articles they felt advanced the field of TBI research the furthest. [http://www.dcoe.mil/blog/16-01-](http://www.dcoe.mil/blog/16-01-28/Clinician_s_Corner_Top_10_Concussion_Research_Articles_of_2015.aspx)

[28/Clinician\\_s\\_Corner\\_Top\\_10\\_Concussion\\_Research\\_Articles\\_of\\_2015.aspx](http://www.dcoe.mil/blog/16-01-28/Clinician_s_Corner_Top_10_Concussion_Research_Articles_of_2015.aspx)

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### SUPER BOWL: NOT 'SUPER' FOR VIEWERS WITH PTSD

This Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) blog post describes how watching the Super Bowl may not be much of a party for many service members and Veterans with posttraumatic stress disorder (PTSD). The emotions involved in the back-and-forth of a highly competitive game could be an issue for military members with PTSD.

[http://www.dcoe.mil/blog/16-02-02/Super\\_Bowl\\_Not\\_Super\\_for\\_Viewers\\_with\\_PTSD.aspx](http://www.dcoe.mil/blog/16-02-02/Super_Bowl_Not_Super_for_Viewers_with_PTSD.aspx)

## VA: A CALL TO ACTION: PREVENTING VETERAN SUICIDES

Nearly 200 mental health professionals, caregivers, Veterans and their families, Veteran service organizations, members of Congress, and experts from other federal agencies participated in the recent U.S Department of Veteran's Affairs (VA) Preventing Veteran Suicide: A Call to Action summit. This VA blog post describes how these national leaders came together to discuss how to best help Veterans and their families access appropriate mental health services. <http://www.blogs.va.gov/VAntage/25625/answering-the-call-the-veterans-suicide-summit/>

### HEALTH OBSERVANCE: NATIONAL TEEN DATING VIOLENCE AWARENESS AND PREVENTION MONTH

FEBRUARY 2016

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National Teen Dating Violence Awareness and Prevention Month is a national effort to raise awareness about abuse in teen and 20-something relationships and promote programs that prevent it during the month of February. Dating violence can happen to any teen in a romantic, dating, or sexual relationship, anytime, anywhere. But it doesn't have to happen at all. Learn how to prevent teen dating violence and to promote healthy relationships.

**CDC Digital Press Kit:** <http://www.cdc.gov/media/dpk/2016/dpk-teen-dating-violence.html>

**ACF Resources:** <http://www.acf.hhs.gov/blog/2016/02/february-is-teen-dating-violence-awareness-month>

### WEBINAR SERIES: ELECTRONIC HEALTH RECORDS BOOT CAMP

WEDNESDAYS FROM FEBRUARY 17-MARCH 16, 2016, 3:00-4:00 PM ET

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Register for this six-part SAMHSA webinar series designed to help behavioral health leaders increase their understanding of electronic health records (EHRs) and prepare to implement EHR systems within their organizations. Participants will learn about the benefits of EHRs and have the opportunity to get their questions answered and concerns addressed alongside other substance use and mental health treatment leaders. <https://attendee.gotowebinar.com/register/8160064399673459969>

### WEBINAR: GENERATIONAL RESILIENCE PART 2: EXPLORING THE AMERICAN INDIAN LIFE SKILLS DEVELOPMENT CURRICULUM FOR SUICIDE PREVENTION

FEBRUARY 17, 2016, 2:00-3:30 PM ET

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SAMHSA's Tribal Training and Technical Assistance Center is sponsoring this Generational Resilience Learning Community webinar. The discussion will focus on the American Indian Life Skills Development Curriculum, a course for Native high school and middle school students designed to reduce suicidal thinking and behavior. Participants will increase their knowledge about this culturally-appropriate curriculum and how it can fit with youth suicide prevention and cultural intervention strategies in their schools and communities. <https://attendee.gotowebinar.com/register/6246926262927828482>

## **WEBINAR: SUBSTANCE ABUSE AND TREATMENT FOR RACIAL AND ETHNIC MINORITY ADOLESCENTS: EXAMINING THE EVIDENCE FOR ENGAGEMENT AND CULTURAL ADAPTATIONS**

FEBRUARY 17, 2016, 1:00 PM ET

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Less than 10 percent of the adolescents in need of publicly-funded substance abuse treatment actually receive it. When available, adolescents typically receive substance abuse treatment in outpatient settings, but the completion rates only range from 40 to 60 percent. In addition, racial and ethnic minority adolescents are less likely than their white counterparts to access and complete treatment. This SAMHSA Addiction Technology Transfer Center webinar will provide participants with an overview of the current research on retention and engagement as well as the use of culturally-adapted substance abuse treatments for racial and ethnic minority adolescents. In particular, participants will be provided ideas for implementing evidence-based strategies to increase retention and engagement of adolescents in treatment. Further, participants will obtain an understanding of when and how cultural adaptations to treatment may be necessary based on the current research evidence.

<https://www3.thedatabank.com/dpg/423/personal2.asp?formid=meet&c=9625292>

## **WEBINAR: PTSD AND MILITARY SEXUAL TRAUMA**

FEBRUARY 17, 2016, 2:00-3:00 PM ET

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The VA Employee Education System and Mental Health Services presents this webinar to offer clinicians an opportunity to learn certain principles and tools to improve their clinical practice with military sexual trauma survivors.

<https://vha.train.org/DesktopModules/eLearning/CourseDetails/CourseDetailsForm.aspx?tabid=62&courseid=1061188>

## **WEBINAR: COPING STRATEGIES FOR ANXIOUS KIDS**

FEBRUARY 18, 2016, 12:00-1:00 PM ET

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NIMH clinical psychologist Erin Berman, Ph.D., will present coping strategies for anxious kids, including: how to identify an anxious child; how to change anxious thinking; the science and biological roots of anxiety in children; how computer technology is transforming the understanding of anxiety; and current treatment options (both medications and cognitive behavioral therapy). There is no cost to participate in this webinar. Contact Kalene DeHaut, LCSW at [kalene.dehaut@nih.gov](mailto:kalene.dehaut@nih.gov) to register.

## **WEBINAR: DO ASK, DO TELL: TAPPING THE POWER OF DISABILITY DIVERSITY AND ENCOURAGING SELF-IDENTIFICATION**

FEBRUARY 18, 2016, 3:00-4:30 PM ET

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In 2014, updates to Section 503 of the Rehabilitation Act strengthened federal contractors' responsibilities to recruit and retain qualified people with disabilities. One major component of these updates is a requirement that federal contractors invite applicants and employees to voluntarily self-identify. The Department of Labor's Employer Assistance and Resource Network on Disability Inclusion is hosting this webinar to address strategies for achieving disability inclusion goals under Section 503 or a voluntarily adopted program by helping employees with disabilities understand the value of doing so.

<http://www.askearn.org/m-events.cfm?show=day&CURRENTDATE=02%2018%202016>

## **WEBINAR: CONFIDENTIALITY OF ALCOHOL AND DRUG ABUSE PATIENT RECORDS**

FEBRUARY 19, 2016, 1:00-2:00 PM ET

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SAMHSA will hold a webinar to provide an overview of the 42 CFR Part 2 Notice of Proposed Rulemaking. HHS published proposed revisions to the Confidentiality of Alcohol and Drug Abuse Patient Records regulations, 42 CFR Part 2. The Notice of Proposed Rulemaking, titled Confidentiality of Substance Use Disorder Patient Records, was published in the Federal Register on February 9, 2016. This proposal was prompted by the need to update and modernize the regulations.

<http://content.govdelivery.com/accounts/USSAMHSA/bulletins/1361833>

## **FIVE IMPLEMENTATION ESSENTIALS FOR INTEGRATING PRIMARY CARE AND WELLNESS INTO BEHAVIORAL HEALTH**

FEBRUARY 23, 2:00-3:00 PM ET

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The Primary and Behavioral Health Care Integration (PBHCI) program is SAMHSA's investment in addressing the health disparities faced by individuals living with serious mental illness and co-occurring substance use disorders. Now in its sixth year, this demonstration program is showing how the coordination and integration of primary and specialty medical services in community-based behavioral health settings can improve the physical health of adults with multiple chronic conditions – and creates access to primary care services. Join this webinar to learn some key elements of successful PBHCI implementation as well as tips for how behavioral health centers can sustain these services long-term. In addition, learn what tools from the SAMHSA-Health Resources and Services Administration (HRSA) Center for Integrated Health Solutions (CIHS) offer further integration lessons and examples of success (and challenges) from the field.

<https://goto.webcasts.com/starthere.jsp?ei=1093299>

## **WEBINAR: THE POWER OF ONE: MAXIMIZING A PUBLIC HEALTH, COMMUNITY-BASED, AND HOLISTIC APPROACH TO SUICIDE PREVENTION**

FEBRUARY 24, 2016, 2:00 PM ET

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This webinar presented as part of the DoD/VA Suicide Prevention: The Public Health Approach Webinar Series will focus on the public health, community-based, and holistic approach to suicide prevention. This webinar will discuss: the rationale and evidence to support a public health, community-focused approach to suicide prevention; the importance of using a prevention science framework to guide and implement suicide prevention efforts; and how a population-wide suicide prevention strategy can leverage an entire community to prevent suicide. [https://events-na7.adobeconnect.com/content/connect/c1/1124277231/en/events/event/shared/1598714136/event\\_landing.html?sco-id=1598782642&\\_charset\\_=utf-8](https://events-na7.adobeconnect.com/content/connect/c1/1124277231/en/events/event/shared/1598714136/event_landing.html?sco-id=1598782642&_charset_=utf-8)

## **WEBINAR: SEVERE IRRITABILITY AND DISRUPTIVE MOOD DYSREGULATION IN CHILDREN AND YOUTH**

FEBRUARY 25, 2016, 12:00-1:00 PM ET

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Join the webinar and learn about severe irritability and disruptive mood dysregulation in children and youth with Kenneth Towbin, M.D., Chief of Clinical Child and Adolescent Psychiatry in the Emotion and Development Branch at NIMH. Dr. Towbin will discuss common signs and severity of symptoms, how parents can help a child with severe irritability, what treatment options exist, and ongoing research about irritable children conducted at NIMH in Bethesda, MD. There is no cost to participate in this webinar. Contact Kalene DeHaut, LCSW at [kalene.dehaut@nih.gov](mailto:kalene.dehaut@nih.gov) to register.

## **WEBINAR: LITERATURE REVIEW ON RESILIENCE IN THE MILITARY**

FEBRUARY 25, 2016, 1:00-2:30 PM ET

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In an attempt to define resilience, researchers have examined adaptation and growth and capacity versus demonstration. Findings have shown that positive adaptation is influenced by factors both outside and inside the work setting. When examining resilience in high-stress occupations, the process includes appraisal of adversity, coping with adversity, and seeking help from others in order to achieve positive adaptation. To address the challenges of positive adaptation for those deploying to war zones or other high-stress environments, the DoD implemented pre-deployment training on resilience. The training is based on literature that identified several predictors of resilience in military personnel, including quality of sleep, higher unit moral, and positive leader behavior. At the conclusion of this DCoE webinar, participants will be able to define the distinct elements of resilience, describe how adverse conditions affect resilience, and narrate the potential benefits of resilience in high-stress occupations.

<http://dcoe.cds.pesgce.com/eindex.php>

## **WEBINAR: USING TECHNOLOGY TO ENHANCE ADDICTION TREATMENT**

FEBRUARY 25, 3:00-4:30 PM ET

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Tele-behavioral health and other technology-based treatment and recovery supports can assist primary care safety net providers and addiction treatment providers in expanding their efforts, particularly in rural areas where workforce, resources, and people are scarce. Join this webinar, co-hosted by the SAMHSA-HRSA CIHS and the American Telemedicine Association, to explore a variety of the latest technology-based interventions for delivery of addictions treatment and recovery services in safety-net settings. Bring questions for provider and tele-health expert presenters, and be ready to discuss challenges to implementation and the opportunities and key policy developments for using technology-based interventions in safety-net settings to expand workforce capacity.

<https://goto.webcasts.com/starthere.jsp?ei=1093074>

## **PUBLIC WORKSHOP: FDA PATIENT AND MEDICAL PROFESSIONAL PERSPECTIVES ON THE RETURN OF GENETIC TEST RESULTS**

MARCH 2, 2016, SILVER SPRING, MD (AND WEBCAST)

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The purpose of this FDA workshop is to understand patient and provider perspectives on receiving genetic test results. The topics to be discussed will focus on better defining the specific information patients and providers prefer to receive, how those results should be returned, and what information is needed to understand the results so that they may effectively aid in medical decision-making.

<http://www.fda.gov/MedicalDevices/NewsEvents/WorkshopsConferences/ucm478841.htm>

## **MARIJUANA AND CANNABINOIDS: A NEUROSCIENCE RESEARCH SUMMIT**

MARCH 22-23, 2016, BETHESDA, MD

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This NIH summit will focus on the neurological and psychiatric effects of marijuana, other cannabinoids, and the endocannabinoid system. Both the adverse and the potential therapeutic effects of the cannabinoid system will be discussed. The goal of this summit is to ensure evidence-based information is available to inform practice and policy, particularly important at this time given the rapidly shifting landscape regarding the recreational and medicinal use of marijuana. <https://www.drugabuse.gov/news-events/meetings-events/2016/03/marijuana-cannabinoids-neuroscience-research-summit>

## **PUBLIC WORKSHOP: NAVIGATING THE FDA'S CENTER FOR DRUG EVALUATION AND RESEARCH: WHAT YOU SHOULD KNOW FOR EFFECTIVE ENGAGEMENT**

MARCH 31, 2016, SILVER SPRING, MD (AND WEBCAST)

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The FDA's Center for Drug Evaluation and Research (CDER) is sponsoring this public workshop to help the public and patient advocacy groups gain a better understanding of how to effectively engage CDER. There will be an opportunity for questions and answers following each presentation. There is no registration fee to attend the public workshop. A webcast will be available for those unable to attend in person.

<http://www.fda.gov/Drugs/NewsEvents/ucm472604.htm>

## **CALL FOR ABSTRACTS: 2016 DCOE SUMMIT**

CALL FOR ABSTRACTS DUE: APRIL 11, 2016 AND MEETING DATES: SEPTEMBER 13-15, 2016

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Healthcare professionals and academics are invited to submit abstracts for the *2016 DCoE Summit – State of the Science: Advances, Current Diagnostics, and Treatments of Psychological Health and TBI in Military Health Care*. Abstract topics for oral presentation may refer to any topic related to advances in diagnostics and treatments of psychological health and/or TBI in military healthcare.

[http://dcoe.adobeconnect.com/abstracts2016/event/event\\_info.html](http://dcoe.adobeconnect.com/abstracts2016/event/event_info.html)

## **CALLS FOR PUBLIC INPUT**

### **COMMENTS SOUGHT FOR AHRQ EFFECTIVE HEALTH CARE PROGRAM REPORTS ON SUICIDE PREVENTION**

The Agency for Healthcare Research and Quality's Effective Health Care Program encourages the public to participate in the development of its research projects. The Program uses these comments to help focus its research and ensure that the final comparative effectiveness reviews answer the most important questions that clinicians, patients, consumers, and policymakers have about a given treatment, test, or procedure. The Program is currently seeking comments for:

STRATEGIES TO DE-ESCALATE AGGRESSIVE BEHAVIOR IN PSYCHIATRIC PATIENTS (COMMENTS ACCEPTED THROUGH FEB. 23, 2016)

<http://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-draft-reports/?pageaction=displaydraftcommentform&topicid=613&productid=2177>

DATA LINKAGE STRATEGIES TO ADVANCE SUICIDE PREVENTION (COMMENTS ACCEPTED THROUGH FEB. 23, 2016)

<http://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-draft-reports/?pageaction=displaydraftcommentform&topicid=627&productid=2174>

## **MY PREPAREDNESS STORY: STAYING HEALTHY AND RESILIENT: VIDEO CHALLENGE**

The HHS Office of the Assistant Secretary for Preparedness and Response is calling for young people to submit a creative 60-second video showing how they help others stay safe and resilient. Submissions can gain national recognition and win cash prizes. To widen the initiative's impact, participants are encouraged to share their videos on social media with the hashtag #WatchMePrep. Submissions are accepted through March 29, 2016. <https://www.challenge.gov/challenge/my-preparedness-story-staying-healthy-and-resilient/>

## **CONFIDENTIALITY OF ALCOHOL AND DRUG ABUSE PATIENT RECORDS: PROPOSED REVISIONS OPEN FOR PUBLIC COMMENT**

HHS has published proposed revisions to the Confidentiality of Alcohol and Drug Abuse Patient Records regulations—42 CFR Part 2. This proposal was prompted by the need to update and modernize the regulations. The goal of the proposed changes is to ensure that patients with substance use disorders have the ability to participate in, and benefit from, new integrated healthcare models without fear of putting themselves at risk of adverse consequences. HHS welcomes public comment on this proposed rule. To be assured consideration, comments must be submitted no later than 5:00 PM ET on April 11, 2016. <http://content.govdelivery.com/accounts/USSAMHSA/bulletins/133a888>

## **NATIONAL LIBRARY OF MEDICINE: PILL IMAGE RECOGNITION CHALLENGE**

In this Challenge, the National Library of Medicine (NLM) invites individuals and teams to submit algorithms and software for pill image recognition. The submissions are to rank images taken from NLM's RxIMAGE database of high-quality prescription pill images by similarity to consumer-quality images of the same pills. NLM plans to use the submissions in creating a future software system and a future Application Programming Interface that can be used in identifying an unknown prescription pill from a photo taken of that pill by a smart phone. Prizes: 1st place: \$25,000, 2nd place: \$15,000, 3rd place: \$5,000, Honorable mention (2): \$2,500. The submission period for the Challenge is April 4, 2016 to May 31, 2016, with winners to be announced August 1, 2016. <https://www.federalregister.gov/articles/2016/01/19/2016-00777/announcement-of-requirements-and-registration-for-pill-image-recognition-challenge>

## FUNDING INFORMATION

COMMUNITIES ADDRESSING CHILDHOOD TRAUMA

<http://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=2&lvlid=79>

COOPERATIVE AGREEMENTS TO BENEFIT HOMELESS INDIVIDUALS

<http://www.samhsa.gov/grants/grant-announcements/sm-16-007>

GRANTS TO EXPAND SUBSTANCE ABUSE TREATMENT CAPACITY IN ADULT TREATMENT DRUG COURTS AND ADULT TRIBAL HEALING TO WELLNESS COURTS

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=281265>

THE NEURAL MECHANISMS OF MULTI-DIMENSIONAL EMOTIONAL AND SOCIAL REPRESENTATION

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-305.html> (R21)

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MH-17-300.html> (R01)

STRATEGIC PREVENTION FRAMEWORK - PARTNERSHIPS FOR SUCCESS

<http://www.samhsa.gov/grants/grant-announcements/sp-16-003>

TELEHEALTH NETWORK GRANT PROGRAM

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=281424>

COMMUNITIES ADDRESSING CHILDHOOD TRAUMA

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=281316>



National Institute  
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.