# UPDATE

May 15, 2013

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***Prepared by the U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health, Office of Constituency Relations and Public Liaison***

## SCIENCE AND SERVICE NEWS UPDATES

### FLU IN PREGNANCY MAY QUADRUPLE CHILD'S RISK FOR BIPOLAR DISORDER; NIH-FUNDED STUDY ADDS TO EVIDENCE OF OVERLAP WITH SCHIZOPHRENIA

Pregnant mothers' exposure to the flu was associated with a nearly four-fold increased risk that their child would develop bipolar disorder in adulthood, found a study funded by the National Institutes of Health (NIH). The findings add to mounting evidence of possible shared underlying causes and illness processes with schizophrenia, which some studies have also linked to prenatal exposure to influenza. National Institute of Mental Health (NIMH) grantees reported their findings online May 8, 2013 in *JAMA Psychiatry*.
**Press Release: http://www.nimh.nih.gov/news/science-news/2013/flu-in-pregnancy-may-quadruple-childs-risk-for-bipolar-disorder.shtml**

### DSM-5 AND RDOC: SHARED INTERESTS

NIMH and the American Psychiatric Association have a shared interest in ensuring that patients and health providers have the best available tools and information today to identify and treat mental health issues, while continuing to invest in improving and advancing mental disorder diagnostics for the future.
**Press Release: http://www.nimh.nih.gov/news/science-news/2013/dsm-5-and-rdoc-shared-interests.shtml**

### CDC FINDS SUICIDE RATES AMONG MIDDLE-AGED ADULTS INCREASED FROM 1999-2010

Suicide deaths have surpassed deaths from motor vehicle crashes in recent years in the United States (U.S.). In 2010 there were 33,687 deaths from motor vehicle crashes and 38,364 suicides. Suicide rates among middle-aged Americans have risen substantially since 1999, according to a report in the Center for Disease Control and Prevention's (CDC) journal, *Morbidity and Mortality Weekly Report*. CDC investigated suicide trends among U.S. adults aged 35 to 64 by sex and other demographic characteristics, state of residence, and mechanism of injury from 1999 to 2010, using data available through CDC's Web-based Injury Statistics Query and Reporting System (WISQARS). Annual suicide rates for this age group increased 28 percent over this period, with particularly high increases among non-Hispanic whites, and American Indians and Alaska Natives. Increases in suicide rates among males and females were also observed from suicides involving hanging/suffocation, poisoning, and firearms. The suicide rates for those aged 10 to 34 and those aged 65 years and older did not change significantly during this period, the report said.
**Press Release: http://www.cdc.gov/media/releases/2013/p0502-suicide-rates.html**

## SHARP RISE IN EMERGENCY DEPARTMENT VISITS INVOLVING THE SLEEP MEDICATION ZOLPIDEM

A new report shows that the number of emergency department (ED) visits involving adverse reactions to the sleep medication zolpidem, the active ingredient in Ambien, Ambien CR, Edluar, and Zolpimist, rose nearly 220 percent from 6,111 visits in 2005 to 19,487 visits in 2010. The Substance Abuse and Mental Health Services Administration (SAMHSA) report also finds that in 2010 patients aged 45 or older represented about three-quarters of all ED visits involving adverse reactions to zolpidem.
**Press Release: http://www.samhsa.gov/newsroom/advisories/1304303131.aspx**

## REPORT REVEALS SPECIAL CHALLENGES OF PREGNANT TEENS IN SUBSTANCE ABUSE TREATMENT; ABOUT HALF OF PREGNANT TEEN ADMISSIONS USED DRUGS OR ALCOHOL IN THE MONTH PRIOR TO ENTERING TREATMENT

A new report shows that among the approximately 57,000 teenage females admitted to substance abuse treatment each year, about 2,000 are pregnant. The SAMHSA report finds that these pregnant teen admissions tend to face greater challenges than other female teen admissions in a number of key areas such as financial and educational status. For example, pregnant teens were three times more likely than other female teens to receive public assistance as a primary source of income. In education, 74 percent of non-pregnant female teen admissions who were not in the workforce were students, while only 44.2 percent of pregnant teen admissions not in the workforce were students.
**Press Release: http://www.samhsa.gov/newsroom/advisories/1305081138.aspx**

## BRAIN PATTERNS MAY HELP PREDICT RELAPSE RISK FOR ALCOHOLISM

Distinct patterns of brain activity are linked to greater rates of relapse among alcohol dependent patients in early recovery, a study has found. The NIH-supported research may give clues about which people in recovery from alcoholism are most likely to return to drinking. Using brain scans, researchers found that people in recovery from alcoholism who showed hyperactivity in areas of the prefrontal cortex during a relaxing scenario were eight times as likely to relapse as those showing normal brain patterns or healthy controls. The prefrontal region of the brain plays a role in regulating emotion, the ability to suppress urges, and decision-making. Chronic drinking may damage regions involved in self-control, affecting the ability to regulate cravings and resist relapse. Findings from the study, which was funded by the National Institute on Alcohol Abuse and Alcoholism, appear online at the *JAMA Psychiatry* website.
**Press Release: http://www.nih.gov/news/health/may2013/niaaa-01.htm**

## HEALTH CENTERS TO HELP UNINSURED INDIVIDUALS GAIN AFFORDABLE HEALTH INSURANCE COVERAGE; OBAMA ADMINISTRATION PROVIDES $150 MILLION FOR HEALTH CENTERS TO OFFER ENROLLMENT ASSISTANCE NATIONWIDE

The U.S. Department of Health and Human Services (HHS) announced new funding to help more uninsured Americans enroll in new health insurance coverage options made available by the Affordable Care Act. Approximately $150 million will help community health centers provide in-person enrollment assistance to uninsured individuals across the nation. About 1,200 health centers operate nearly 9,000 service delivery sites nationwide and serve approximately 21 million people each year. With these new funds, health centers will be able to hire new staff, train existing staff, and conduct community outreach events and other educational activities. Health centers will help consumers understand their coverage options, determine their eligibility, and enroll in new affordable health insurance options. Community health center staff will provide information to consumers about health insurance, the new Health Insurance Marketplace, qualified health plans, and Medicaid and the Children's Health Insurance Program.
**Press Release: http://www.hhs.gov/news/press/2013pres/05/20130509a.html**

# RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

## NIMH—ARCHIVED TWITTER CHATS

### RAPID ONSET OBESESSIVE COMPULSIVE DISORDER: PANDAS

The archived discussion from the Twitter Chat about Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections (PANDAS) with NIMH expert Dr. Susan Swedo is now available.
**http://www.nimh.nih.gov/health/twitter-chats/index.shtml**

### NIMH TWITTER CHAT ON CHILDHOOD ADHD

The archived discussion from the Twitter Chat discussing childhood attention deficit hyperactivity disorder (ADHD) with NIMH expert Dr. Ben Vitiello is now available. **http://www.nimh.nih.gov/health/twitter-chats/index.shtml**

## PODCAST: MENTAL ILLNESS AND WEIGHT LOSS

This HHS Healthbeat podcast describes findings from an NIMH-funded study which found that a weight-loss intervention can help overweight and obese people with serious mental illnesses—such as schizophrenia, bipolar disorder, and major depression—lose significant weight and keep it off.
**http://www.hhs.gov/news/healthbeat/2013/05/20130514a.html**

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## DISABILITY.GOV BLOG: INTERSECTION OF FOSTER CARE AND MENTAL HEALTH

In recognition of both National Foster Care Awareness Month and Mental Health Awareness Month, this Disability.Gov blog post describes the overlap between foster care and mental health.
**https://usodep.blogs.govdelivery.com/2013/05/06/the-intersection-of-foster-care-and-mental-health/**

## SAMHSA RESOURCES

### STEPS TO IMPROVE DRUG COURT OUTCOMES FOR ADULTS WITH CO-OCCURRING DISORDERS

SAMHSA's GAINS Center and the National Drug Court Institute announce this new practitioner fact sheet about improving outcomes for adults with co-occurring disorders in drug courts.
**http://gainscenter.samhsa.gov/eNews/solicit-57.html**

### REPORT SHOWS COMMUNITY-BASED PROGRAMS IMPROVE THE LIVES OF YOUNG ADULTS WITH MENTAL HEALTH CHALLENGES

This SAMHSA report indicates that young adults taking part in community-based treatment programs achieve positive outcomes in behavioral and emotional health, daily life skills, employment, and enrollment in school, and experience reduced homelessness.
**http://www.samhsa.gov/children/SAMHSA_Short_Report_2013.pdf**

### EDUCATIONAL COMIC BOOK: CO-OCCURRING DISORDERS

This educational resource uses a comic book format to tell the story of people who are dealing with co-occurring disorders. It presents a hopeful message of recovery for people with a substance use disorder and mental illness, and provides resources for more information.
**http://store.samhsa.gov/product/People-Recover/SMA13-4712**

### COVERAGE OF BEHAVIORAL HEALTH SERVICES FOR CHILDREN, YOUTH, AND YOUNG ADULTS WITH SIGNIFICANT MENTAL HEALTH CONDITIONS

This special bulletin from SAMHSA and the Center for Medicare and Medicaid Services (CMS) is intended to assist states in designing a benefit that will meet the needs of children, youth, and young adults with significant mental health conditions. **http://www.medicaid.gov/Federal-Policy-Guidance/Downloads/CIB-05-07-2013.pdf**

### ADDRESSING THE SPECIFIC BEHAVIORAL HEALTH NEEDS OF MEN

This guide addresses the specific treatment needs of adult men with substance use disorders. It reviews gender-specific research and best practices, such as common patterns of substance use initiation among men, and specific treatment issues and strategies.
**http://store.samhsa.gov/product/TIP-56-Addressing-the-Specific-Behavioral-Health-Needs-of-Men/SMA13-4736**

### ARCHIVED WEBCAST: NEW TRENDS AND IMPLICATIONS: DISCOVERIES AND DEVELOPMENTS IN BEHAVIORAL HEALTH

This webcast highlights important findings emerging from the NIH across the domains of prevention, treatment, and recovery, and explores the inter-relationships of mental and substance use disorders. Innovations based on this research are profoundly impacting the practice of behavioral health, the direction of health reform, and the advancement of health information technology. The show will address how, with the support of SAMHSA initiatives, these advancements are being promulgated by both governmental and nongovernmental practitioners in the field of behavioral health.
**http://www.recoverymonth.gov/Resources-Catalog/2013/Webcast/05-New-Trends-and-Implications.aspx**

## NEW FROM AHRQ

### POOR PRECONCEPTION MENTAL HEALTH A MAJOR FACTOR IN PREGNANCY COMPLICATIONS AND ADVERSE BIRTH OUTCOMES

Poor preconception mental health is the most significant risk factor for pregnancy complications, a possible risk factor for non-live birth, and a strong risk factor for low birth weight (LBW), found a new study funded by the Agency for Healthcare Research and Quality (AHRQ). Women who reported poor mental health before pregnancy were 40 percent more likely to have a pregnancy complication, almost 50 percent more likely to have a non-live birth, and nearly twice as likely to give birth to a LBW baby.
**http://www.ahrq.gov/news/newsletters/research-activities/13may/0513RA16.html**

### SEVERAL PSYCHOLOGICAL AND DRUG TREATMENTS APPEAR EFFECTIVE FOR IMPROVING OUTCOMES FOR ADULTS WITH POSTTRAUMATIC STRESS DISORDER

Several psychological and drug treatments appear to be effective for improving outcomes for adults with post-traumatic stress disorder (PTSD), according to a new research review by AHRQ's Effective Health Care Program. Exposure therapy, a type of psychological treatment that involves exposure to a feared object or context without any danger to help overcome anxiety, has the strongest evidence for improving PTSD symptoms. Other psychological therapies that improve PTSD symptoms include cognitive processing therapy, cognitive therapy, cognitive behavioral therapy-mixed therapies, eye movement desensitization and reprocessing, and narrative exposure therapy.
**http://www.ahrq.gov/news/newsletters/research-activities/13may/0513RA17.html**

### MORE AND STRONGER RESEARCH NEEDED ON THE EFFECTIVENESS OF INTERVENTIONS TO PREVENT PTSD

A new research review from AHRQ's Effective Health Care Program identifies areas that require increased and more methodologically sound research about the efficacy of most interventions used to prevent PTSD; however, there is sufficient evidence to draw conclusions on some specific therapies for certain types of trauma. **http://www.ahrq.gov/news/newsletters/research-activities/13may/0513RA18.html**

### DEPRESSED PATIENTS WHO REPORT DISTRESSING ADVERSE EVENTS WITH CITALOPRAM ARE LIKELY TO HAVE SIMILAR EVENTS WITH OTHER KINDS OF ANTIDEPRESSANTS

Some 5 to 12 percent of patients with depression treated in primary care settings stop taking their antidepressant medication because of adverse events. A new study has found that patients reporting distressing adverse events (DAEs) during first-step treatment with citalopram are particularly likely to report DAEs after switching to a second antidepressant. This scenario is true even when the second treatment is from a different class of antidepressants. **http://www.ahrq.gov/news/newsletters/research-activities/13may/0513RA19.html**

### RISK OF DEATH INCREASES IN NURSING HOME RESIDENTS AFTER EXPOSURE TO TYPICAL ANTIPSYCHOTICS

Antipsychotic medications are commonly used in nursing homes to help patients with dementia, schizophrenia, and other behavior problems. Older drugs, called typical antipsychotics, can cause a variety of central nervous system side effects. The newer, atypical agents are preferred by many due to their better side effect profiles. Typical antipsychotics can increase the risk for mortality in the elderly, concludes a new study. Researchers analyzed Medicare and Medicaid data on 3,609 typical antipsychotic users matched with 3,609 atypical antipsychotic users. All were 65 years and older residing in nursing homes in four states and insured by both Medicare and Medicaid.
**http://www.ahrq.gov/news/newsletters/research-activities/13may/0513RA20.html**

## NEW FROM ADMINISTRATION FOR CHILDREN AND FAMILIES

### HELPING YOUTH TRANSITION TO ADULTHOOD: GUIDANCE FOR FOSTER PARENTS

This factsheet provides foster parents with guidance on how to help youth and emerging adults build a foundation for a successful transition to adult life outside of foster care. The first section provides background information on some of the unique challenges that youth in foster care face as they navigate their teenage years, and it includes information on brain development in young adults and programs that can help youth transition successfully to adulthood. The second part includes eight tip sheets that provide information and resources for foster parents on specific topics—such as money management, healthcare, and employment—so that they can better help youth prepare for independence.
**https://www.childwelfare.gov/pubs/youth_transition.cfm**

### WORKING WITH YOUTH TO DEVELOP A TRANSITION PLAN

This bulletin is intended to help child welfare professionals and others who work with transitioning youth to understand the Federal legislative requirements for transition plans and partner with youth to develop a plan that builds on their strengths while supporting their needs.
**https://www.childwelfare.gov/pubs/transitional_plan.cfm**

### ENHANCING PERMANENCY FOR YOUTH IN OUT-OF-HOME CARE

This bulletin addresses the specific challenges of permanency planning with youth and highlights successful models and strategies. After reviewing background statistics and research on outcomes for youth who leave foster care without a permanent family, the bulletin looks at Federal legislation enacted to improve these outcomes. Specific strategies for improving youth permanency are described, and examples of programs across the country using these strategies are provided.
**https://www.childwelfare.gov/pubs/focus/enhancing/index.cfm**

## DCOE BLOG POSTS

### DCOE BLOG: SCIENCE BEHIND PTSD

In this Defense Centers for Excellence in Psychological Health and Traumatic Brain Injury (DCoE) blog post, the DCoE director describes the science about the role that the amygdala, hippocampus, and prefrontal cortex play in PTSD. **http://www.dcoe.health.mil/blog/13-05-10/DCoE_Director_Explains_Science_Behind_PTSD.aspx**

### LEVERAGING MOBILE TECHNOLOGIES TO IMPROVE HEALTHCARE

Mobile devices, mobile solutions, virtual worlds, avatars, virtual coaches, real-time data — these are the tools of telehealth, electronically-communicated healthcare. This DCoE blog post describes a new video from the DCoE National Center for Telehealth and Technology (T2), *On the Frontier of Telehealth*, which provides an understanding of how mobile technologies are influencing T2 strategies for telehealthcare to benefit both military and civilian communities. The video describes how T2 is creating the foundations to bring psychological healthcare to individuals anywhere, anytime, on any device, and the Center's strategies to meet the challenges and opportunities of telehealth technologies. **http://www.dcoe.health.mil/blog/13-05-09/Leveraging_Mobile_Technologies_to_Improve_Health_Care.aspx**

### FAMILIES OVERCOMING UNDER STRESS PROGRAM SUPPORTS THE MILITARY FAMILY

This DCoE blog post written by the spouse of a servicemember describes her family's experience with the Families OverComing Under Stress (FOCUS) Program. FOCUS taught the family to develop ways of communicating emotions, gave them tools to alleviate anxiety and stress, and connected them with other beneficial resources. **http://www.dcoe.health.mil/blog/13-05-02/Families_OverComing_Under_Stress_Supports_the_Military_Family.aspx**

## REAL WARRIORS PODCAST: RESILIENCE: THERE'S AN APP FOR THAT

This Real Warriors podcast describes how learning coping skills can help individuals build resilience and manage stress on the home front and on the battlefield.
**http://www.realwarriors.net/podcasts/episode034**

## SELF-REPORTED INCREASED CONFUSION OR MEMORY LOSS AND ASSOCIATED DIFFICULTIES AMONG ADULTS AGED 60 YEARS AND OLDER

To estimate the prevalence of self-reported increased confusion or memory loss and associated functional difficulties among adults aged 60 years and older, CDC analyzed data from 21 states that administered an optional module in the 2011 Behavioral Risk Factor Surveillance System survey. The results indicated that 12.7 percent of respondents reported increased confusion or memory loss in the preceding 12 months. Among those reporting increased confusion or memory loss, 35.2 percent reported experiencing functional difficulties. **http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6218a1.htm**

# EVENTS

## NATIONAL MENTAL HEALTH AWARENESS MONTH

### MAY 2013

Mental Health Awareness Month was established in 1949 to help bring attention to the importance mental health plays in Americans' lives. Mental health problems remain a serious public health concern, but together, our Nation is making progress. This month, the President encourages all Americans to advance this important work by raising awareness about mental health and lending strength to all who need it.
**Presidential Proclamation: http://www.whitehouse.gov/the-press-office/2013/04/30/presidential-proclamation-national-mental-health-awareness-month-2013**
**HHS Secretary Statement: http://www.hhs.gov/news/press/2013pres/05/20130502a.html**

## WEBINAR: NATIONAL AMERICAN INDIAN AND ALASKA NATIVE ATTC

### MAY 16, 2013 2:00PM–3:30 PM ET

This webinar provides an overview of the new SAMHSA National American Indian and Alaska Native Addiction Technology Transfer Center (ATTC). The goal of this new ATTC is to bring useful, culturally relevant information about evidence-based addiction treatment and recovery services to American Indian and Alaska Native populations. The National American Indian and Alaska Native ATTC seeks to enhance the effectiveness of the behavioral health workforce by providing training, technical assistance, meeting opportunities, and products that are both culturally relevant and empirically sound through state-of-the-art technology transfer services. **https://www2.gotomeeting.com/register/993157482**

## WEBINAR: EDUCATING SYSTEM-INVOLVED YOUTH

### MAY 16, 2013, 2:00PM–4:00PM ET

The U.S. Department of Justice, Office of Juvenile Justice and Delinquency Prevention's National Training and Technical Assistance Center will present this webinar, *Reversing the School-to-Prison Pipeline: From Incarceration to Education*. Presenters will discuss strategies for engaging system-involved youth in culturally relevant education programs, developing high-quality program components, and exploring the benefits of higher education in juvenile justice settings. During a 30-minute Q&A session that will follow the presentations, editors from the *Harvard Educational Review* will take questions on issues affecting incarcerated youth whose lives have been impacted by the school-to-prison pipeline. **http://www.ojjdp.gov/enews/13juvjust/130429.html**

## NATIONAL PREVENTION WEEK 2013

### MAY 12–18, 2013

National Prevention Week is a SAMHSA-supported annual health observance dedicated to increasing public awareness of, and action around, substance abuse and mental health issues. This observance is an opportunity to join with other individuals, organizations, and coalitions to promote prevention efforts, educate others about behavioral health issues, and create and strengthen community partnerships. This year's theme emphasizes that the prevention of substance abuse and promotion of mental health starts with the choices everyone makes. Through choices, everyone can set an example of health and well-being for others. With voices—whether spoken or written—everyone can raise awareness of behavioral health issues and help create healthier and safer communities. **http://www.samhsa.gov/preventionweek/**

## NATIONAL WOMEN'S HEALTH WEEK

### MAY 12–19, 2013

National Women's Health Week is a week-long health observance coordinated by the HHS Office on Women's Health. It brings together communities, businesses, government, health organizations, and other groups in an effort to promote women's health and its importance. It also empowers women to make their health a priority and encourages them to take specific steps to improve their physical and mental health, and lower their risks of certain diseases. **http://www.womenshealth.gov/nwhw/**

## NIDA RESEARCH TRACK AT THE AMERICAN PSYCHIATRIC ASSOCIATION'S ANNUAL CONFERENCE

### MAY 19–22, 2013, SAN FRANCISCO, CALIFORNIA

The National Institute on Drug Abuse (NIDA) will present a special research track at the American Psychiatric Association's 166th annual meeting. The NIDA sessions will highlight a wide range of topics to advance psychiatric practice through addiction science. **http://www.drugabuse.gov/news-events/news-releases/2013/05/advancing-psychiatric-practice-through-science-addiction**

## WEBINAR: IMPLEMENTING A TRAUMA INFORMED APPROACH FOR YOUTH ACROSS SERVICE SECTORS

### MAY 21, 2013, 2:00PM–3:30PM ET

Developing an understanding of how trauma affects the lives of youth, and how service providers can infuse this understanding into their work with young people from various populations, can make an important difference in outcomes for youth. This webinar will provide an overview of: 1) trauma and the effect it can have on youth development; 2) recognizing the dangers of re-traumatizing youth if services are not trauma-informed; 3) trauma-informed approaches and what they mean for different service sectors; and 4) how trauma-informed interventions can be used in a range of youth service systems to improve outcomes for youth. **http://events.findyouthinfo.gov/register.php?eid=18**

## WEBINAR: THE RELATIONSHIP BETWEEN BULLYING AND OTHER FORMS OF YOUTH VIOLENCE AND SUBSTANCE USE

### MAY 22, 2013, 4:00PM–5:30PM ET OR MAY 23, 2013, 11:00AM–12:30PM ET

This Department of Education National Center on Safe Supportive Learning Environments webinar will review recent research linking bullying involvement, as both a target and a perpetrator, with other forms of youth violence and substance use. Presenters will discuss different sources of data that may be informative in assessing bullying and related behavioral and mental health risks in schools. The webinar will also summarize different research-based strategies and resources that schools can use to address the inter-related concerns of bullying, youth violence, and substance use.
**http://safesupportivelearning.ed.gov/index.php?id=9&eid=1537**

## WEBINAR: HEALTHY PEOPLE 2020 LEADING HEALTH INDICATOR MENTAL HEALTH: ADDRESSING YOUTH SUICIDE THROUGH DATA-DRIVEN DECISIONS AND INTERVENTIONS

### MAY 23, 2013, 12:00 PM ET

This Healthy People 2020 webinar will be led by HHS Services Deputy Assistant Secretary for Disease Prevention and Health Promotion and will include a roundtable discussion about the Mental Health Leading Health Indicator. The webinar will highlight how one Tribe has been successful in using data to drive decisions and interventions for addressing youth suicide. **https://hhs-faca.webex.com/hhs-faca/onstage/g.php?t=a&d=992163439**

## THE 8TH ANNUAL NIH PAIN CONSORTIUM SYMPOSIUM ON ADVANCES IN PAIN RESEARCH: INTEGRATED SELF-MANAGEMENT STRATEGIES FOR CHRONIC PAIN

### MAY 29–30, 2013, BETHESDA, MARYLAND

The NIH Pain Consortium holds their annual symposium to highlight new and exciting advances in pain research, featuring work done through NIH support. This year's theme will be *Integrated Self-Management Strategies for Chronic Pain*. Session topics will include: Self-Management Strategies in Community Health Care Settings, Tailored Self-Management Strategies for Patients and Caregivers, and Predictors and Indicators of Outcomes in Integrated Self-Management Strategies. Members of the extramural scientific community, the NIH scientific community, healthcare providers, and the public are invited to attend. The symposium will be videocast live and archived at **http://videocast.nih.gov. https://nccam.nih.gov/research/blog/painmanagementsymposium?nav=upd**

## PTSD AWARENESS MONTH

### JUNE 2013

The National Center for PTSD provides resources to promote awareness of PTSD and effective treatments during the month of June. **http://www.ptsd.va.gov/about/ptsd-awareness/ptsd_awareness_month.asp**

## WEBINAR: SCREENING FOR PTSD IN PRIMARY CARE: A SYSTEMATIC REVIEW

JUNE 25, 2013 12:00 PM–1:15 PM ET

This Department of Veterans Affairs Health Services Research and Development Service webinar will review research on screening for PTSD in primary care.
**https://www3.gotomeeting.com/register/320161494**

## 2013 NIH REGIONAL SEMINAR ON PROGRAM FUNDING AND GRANTS ADMINISTRATION

JUNE 26–28, 2013, BALTIMORE, MARYLAND

The NIH Regional Seminar on Program Funding and Grants Administration is intended for those new to the grants process, including sponsored project officers and departmental administrators, investigators, faculty, graduate students, etc. Over the course of two days, it also provides an opportunity to those with more experience to obtain updates on grants policies and procedures. Due to the popularity of these seminars, early registration is highly recommended. Space is limited. An optional NIH Electronic Research Administration (eRA) workshop is offered the day before the two-day seminar. This workshop will be one full day for one price. It is designed for administrators and investigators who are new to working with NIH, using the eRA Commons, and desire a better understanding of the overall electronic grants process.
**http://grants.nih.gov/grants/regionalseminars/Baltimore_2013/index.html**

# CALLS FOR PUBLIC INPUT

## COMMENTS SOUGHT: DRAFT RECOMMENDATION STATEMENT ON SCREENING FOR SUICIDE RISK IN ADOLESCENTS, ADULTS, AND OLDER ADULTS

The U.S. Preventive Services Task Force (Task Force) invites comments on a draft recommendation statement on screening for suicide risk in adolescents, adults, and older adults. This draft recommendation statement applies to teens, adults, and older adults who have not been diagnosed with a mental health condition that increases suicide risk, such as depression, or drug or alcohol abuse. The draft recommendation statement summarizes what the Task Force learned about the potential benefits and harms of screening for suicide risk in a primary care setting: there is not enough evidence to weigh the benefits and harms of screening the general population for suicide risk. Comments will be accepted through May 20, 2013. **http://www.uspreventiveservicestaskforce.org/uspstf13/suicide/suicfact.pdf**

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## PROVIDE COMMENTS REGARDING POSSIBLE HIPAA IMPACTS ON REPORTING OF PERSONS WITH CERTAIN MENTAL HEALTH ISSUES TO NATIONAL BACKGROUND CHECK DATABASE

On January 16, 2013, President Obama announced a series of Executive Actions to reduce gun violence in the U.S. These actions include efforts to improve the Federal Government's background check system, called the National Instant Criminal Background Check System (NICS), for the sale or transfer of firearms by licensed dealers. Among those persons who are disqualified from possessing or receiving firearms under Federal law are those "adjudicated to be mentally defective, or who have been committed to a mental institution" (mental health prohibitor). Concerns have been raised that the Health Insurance Portability and Accountability Act of 1996 (HIPAA) Privacy Rule may be a barrier to states' reporting to NICS the identities of individuals subject to the mental health prohibitor.

HHS is seeking public comments on how HIPAA may prevent state reporting to NICS, and how these barriers can be addressed without discouraging individuals from seeking mental health services. Additional comments are encouraged on proposals to establish "express permission" for reporting relevant information and on best methods of disseminating HIPAA-related information to state reporting entities.

Public input is also being sought on unintended consequences that such actions may have on individuals seeking mental health services. An important consideration when responding is the effect of the proposed HIPAA change on "temporary hold" cases. Comments will be accepted through June 7, 2013.
**http://www.regulations.gov/#!documentDetail;D=HHS_FRDOC_0001-0494**

## FUNDING INFORMATION

### CAMPUS SUICIDE PREVENTION GRANTS

**http://www.samhsa.gov/grants/2013/sm-13-009.aspx**

### RESEARCH ON AUTISM SPECTRUM DISORDERS

**http://grants.nih.gov/grants/guide/pa-files/PA-13-218.html (R03)**
**http://grants.nih.gov/grants/guide/pa-files/PA-13-217.html (R21)**
**http://grants.nih.gov/grants/guide/pa-files/PA-13-216.html (R01)**

### CLOSING THE GAP IN HEALTHCARE DISPARITIES THROUGH DISSEMINATION AND IMPLEMENTATION OF PATIENT CENTERED OUTCOMES RESEARCH

**http://grants.nih.gov/grants/guide/rfa-files/RFA-HS-13-010.html**

### SYMPTOM MANAGEMENT IN HIV-INFECTED INDIVIDUALS WITH COMORBID CONDITIONS

**http://grants.nih.gov/grants/guide/pa-files/PA-13-211.html (R21)**
**http://grants.nih.gov/grants/guide/pa-files/PA-13-210.html (R01)**

### INNOVATIVE MEASUREMENT TOOLS FOR COMMUNITY ENGAGED RESEARCH EFFORTS

**http://grants.nih.gov/grants/guide/pa-files/PA-13-209.html (R01)**
**http://grants.nih.gov/grants/guide/pa-files/PA-13-212.html (R21)**

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The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: http://www.nimh.nih.gov/outreach/partnership-program/index.shtml. To subscribe to receive the **Update** every two weeks, go to: http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.