



UPDATE

April 15, 2013

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

SCIENCE AND SERVICE NEWS UPDATES

FAT-FREE SEE-THROUGH BRAIN BARES ALL; METHOD ENABLES 3-D ANALYSIS OF FINE STRUCTURE AND CONNECTIONS

A breakthrough method, called CLARITY, developed by National Institutes of Health-(NIH)-funded researchers, opens the intact postmortem brain to chemical, genetic, and optical analyses that previously could only be performed using thin slices of tissue. By replacing fat that normally holds the brain's working components in place with a clear gel, they made its normally opaque and impenetrable tissue see-through and permeable. This made it possible to image an intact mouse brain in high resolution down to the level of cells and molecules. The technique was even used successfully to study a human brain.

Press Release and Video: <http://www.nimh.nih.gov/science-news/2013/fat-free-see-through-brain-bares-all.shtml>

BRAIN INITIATIVE CHALLENGES RESEARCHERS TO UNLOCK MYSTERIES OF HUMAN MIND

President Obama unveiled the "BRAIN" Initiative—a bold new research effort to revolutionize the understanding of the human mind and uncover new ways to treat, prevent, and cure brain disorders like Alzheimer's, schizophrenia, autism, epilepsy, and traumatic brain injury. The BRAIN Initiative — short for Brain Research through Advancing Innovative Neurotechnologies — builds on the President's State of the Union call for historic investments in research and development to fuel the innovation, job creation, and economic growth that together create a thriving middle class. The Initiative promises to accelerate the invention of new technologies that will help researchers produce real-time pictures of complex neural circuits and visualize the rapid-fire interactions of cells that occur at the speed of thought. Such cutting-edge capabilities, applied to both simple and complex systems, will open new doors to understanding how brain function is linked to human behavior and learning, and the mechanisms of brain disease.

Announcement: <http://www.whitehouse.gov/blog/2013/04/02/brain-initiative-challenges-researchers-unlock-mysteries-human-mind>

Fact sheet: <http://www.nih.gov/science/brain/index.htm>

NIH-FUNDED RESEARCHERS CREATE NEXT-GENERATION ALZHEIMER'S DISEASE MODEL; NEW RAT MODEL WILL ADVANCE ALZHEIMER'S RESEARCH

A new genetically engineered lab rat that has the full array of brain changes associated with Alzheimer's disease supports the idea that increases in a molecule called beta-amyloid in the brain causes the disease, according to an NIH-supported study, published in the *Journal of Neuroscience*.

Press Release: <http://www.nih.gov/news/health/apr2013/ninds-09.htm>

NIH STUDY SHEDS LIGHT ON HOW TO RESET THE ADDICTED BRAIN; RESEARCH SUGGESTS THAT TARGETED STIMULATION OF THE BRAIN'S PREFRONTAL CORTEX IS A PROMISING TREATMENT FOR ADDICTION

Could drug addiction treatment of the future be as simple as an on/off switch in the brain? A study in rats has found that stimulating a key part of the brain reduces compulsive cocaine-seeking and suggests the possibility of changing addictive behavior generally. The study, published in *Nature*, was conducted by scientists at the Intramural Research Program of the National Institute on Drug Abuse (NIDA), part of the NIH, and the University of California, San Francisco.

Press Release: <http://www.nih.gov/news/health/apr2013/nida-03.htm>

NIH-SUPPORTED STUDY FINDS U.S. DEMENTIA CARE COSTS AS HIGH AS \$215 BILLION IN 2010; FORMAL AND UNPAID DEMENTIA CARE COSTS ARE TALLIED

The costs of caring for people with dementia in the United States (U.S.) in 2010 were between \$159 billion to \$215 billion, and those costs could rise dramatically with the increase in the numbers of older people in coming decades, according to estimates by researchers at RAND Corp. and the University of Michigan, Ann Arbor. The researchers found these costs of care comparable to, if not greater than, those for heart disease and cancer. The NIH-supported study, published April 4 in *The New England Journal of Medicine*, totaled direct medical expenditures and costs attributable to the vast network of informal, unpaid care that supports people with dementia.

Press Release: <http://www.nia.nih.gov/newsroom/2013/04/nih-supported-study-finds-us-dementia-care-costs-high-215-billion-2010>

NEW NIH FUNDING FOR TWO AUTISM CENTERS OF EXCELLENCE

NIH announced new funding for two Autism Centers of Excellence (ACE), bringing to 11 the number of ACE centers now being funded for up to five years. <http://www.nimh.nih.gov/science-news/2013/new-nih-funding-for-two-autism-centers-of-excellence.shtml>

RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

NEW ON NIMH WEBSITE

DIRECTOR'S BLOG: NEW VIEWS INTO THE BRAIN

National Institute of Mental Health (NIMH) Director Thomas Insel talks about how a powerful new brain imaging technique will make it possible for scientists to investigate the brain in an entirely new way, offering a preview of what scientists hope to achieve with tools developed as a result of the BRAIN initiative.

<http://www.nimh.nih.gov/about/director/2013/new-views-into-the-brain.shtml>

NEW OUTREACH E-NEWSLETTER: OUTREACH CONNECTION

Sign up to learn how the NIMH is disseminating its research and information across the country through the NIMH Outreach Partnership Program. The Program publishes *Outreach Connection* three times a year to feature how its 55 Outreach Partners are bringing NIMH research to their states and communities.

<http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>

NIH RESEARCH IN ACTION FEATURES NIMH SCIENTIST

This *NIH Research in Action* story features the work of Carlos Zarate, M.D., a scientist in the NIMH Division of Intramural Research Programs who is working to develop novel medications for treatment-resistant depression and bipolar disorder. <http://www.irp.nih.gov/our-research/research-in-action/from-despair-to-hope-in-hours>

NIH RESEARCH MATTERS: WEIGHT LOSS IN PEOPLE WITH SERIOUS MENTAL ILLNESS

A new study showed that a weight-loss intervention can help overweight and obese people with serious mental illnesses—such as schizophrenia, bipolar disorder and major depression—lose significant weight and keep it off. <http://www.nih.gov/researchmatters/april2013/04082013weight.htm>

NIH NEWS IN HEALTH: BRAIN SCANS GIVE CLUES TO ANTIDEPRESSANT'S EFFECTS

This *NIH News in Health* feature discusses how brain scans during memory tests might help predict which depressed patients will be helped by a fast-acting drug, scopolamine.

<http://newsinhealth.nih.gov/issue/Apr2013/Capsule1>

NEW FROM SAMHSA

CHILDREN'S EXPERIENCE WITH TRAUMA: MEASURES REVIEW DATABASE

The National Center for Traumatic Stress Network has updated its *Measures Review Database*, a searchable, web-based resource containing in-depth reviews of assessment instruments used by clinicians and researchers in the field of child trauma. <http://www.nctsn.org/resources/online-research/measures-review>

AHRQ RESEARCH ACTIVITIES

SURVEY FINDS RAPID RISE IN ANTIPSYCHOTIC USE AMONG YOUNG PEOPLE

Antipsychotic treatment has risen rapidly among young people, with antipsychotics now being prescribed in about the same proportion of youth and adult visits to psychiatrists, reveals a national survey. New York researchers used data from the 1993–2009 National Ambulatory Medical Care Surveys to compare national trends in antipsychotic treatment of adults and youths in office-based medical practice. They specifically examined outpatient visits with a prescription of antipsychotic medications between 1993–1998 and 2005–2009. <http://www.ahrq.gov/news/newsletters/research-activities/13apr/0413RA12.html>

STUDY FINDS FEW CLINICALLY IMPORTANT DIFFERENCES BETWEEN FIRST- AND SECOND-GENERATION MEDICATIONS FOR TREATING SCHIZOPHRENIA

Currently, there are 11 first-generation antipsychotics (FGA) and 10 second-generation antipsychotics (SGA) available to treat patients with schizophrenia. Clinicians tend to favor SGAs; 75 percent of patients with schizophrenia were prescribed an SGA in 2003. A recent review of studies showed few differences of clinical importance between FGAs and SGAs. A total of 263 publications representing 114 primary studies were identified from the literature for inclusion in the analysis. A total of 22 drug comparisons were included. <http://www.ahrq.gov/news/newsletters/research-activities/13apr/0413RA13.html>

PATIENTS WITH STROKE OR TRANSIENT ISCHEMIC ATTACK SUFFER HIGH LEVELS OF DEPRESSION AND UNDERTREATMENT WITH ANTIDEPRESSANTS

Depression is the most common psychiatric disorder affecting patients who have suffered a stroke. A new study reveals that patients with stroke or transient ischemic attack (TIA), a “warning stroke” not usually associated with long-lasting functional deficit, have similar frequency of depression and newly identified depression between 3 and 12 months after hospitalization. The risk of depression after even mild stroke or TIA was higher than the general population with a comparable age distribution. The researchers suggest that systematic evaluation for depression in patients with stroke or TIA may improve detection and treatment of this condition. This study was supported by the Agency for Healthcare Research and Quality (AHRQ). <http://www.ahrq.gov/news/newsletters/research-activities/13apr/0413RA14.html>

AHRQ REPORTS

REPORT FINDS STRONGER RESEARCH NEEDED ON THE EFFECTIVENESS OF INTERVENTIONS TO PREVENT PTSD

A new review from AHRQ's Effective Health Care Program identifies areas that need more and methodologically better research about the efficacy of interventions to prevent post-traumatic stress disorder (PTSD). Specific therapies appear to be effective, such as collaborative care, a combination of care management, psychopharmacology, and cognitive behavioral therapy (CBT) for patients who require inpatient surgical admission and brief trauma-focused CBT for people with acute stress disorder. However, debriefing is ineffective in reducing either the incidence or severity of PTSD or depressive symptoms in people who experience crime, assault, or accident trauma. More research is needed to develop a way to identify people at high risk of developing PTSD after trauma exposure and to evaluate the effectiveness of prevention interventions. <http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=1443&pccm=en>

PSYCHOLOGICAL AND PHARMACOLOGICAL TREATMENTS FOR ADULTS WITH PTSD

The main objective of this report is to conduct a systematic review and meta-analysis of the efficacy and comparative effectiveness and harms of psychological and pharmacological interventions for adults with PTSD. <http://effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=1435&ECcm=130403>

EFFICACY AND SAFETY OF SCREENING FOR POSTPARTUM DEPRESSION

This AHRQ-funded comparative effectiveness review was designed to evaluate the comparative diagnostic accuracy, benefits, and harms of available screening instruments for postpartum depression. <http://effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=1437&ECcm=130409>

NEW CDC REPORTS

QUICKSTATS: ANNUAL AGE-ADJUSTED DEATH RATES FOR SUICIDE AND HOMICIDE, BY BLACK OR WHITE RACE

From 1999 to 2010, annual age-adjusted homicide death rates for blacks were at least four times the rates for whites. In contrast, suicide rates for whites were twice as high as the rates for blacks. From 1999 to 2010, homicide death rates decreased 13.2 percent among whites, from 3.8 deaths per 100,000 population to 3.3, and suicide rates increased 20.4 percent, from 11.3 deaths per 100,000 population to 13.6. Among blacks, homicide death rates increased 7.0 percent, from 20.1 deaths per 100,000 population in 1999 to 21.5 in 2006, then decreased 17.7 percent, from 21.5 deaths per 100,000 population in 2006 to 17.7 in 2010. Suicide rates decreased 7.1 percent among blacks, from 5.6 deaths per 100,000 population in 1999 to 5.2 in 2010. <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6213a7.htm>

QUICKSTATS: NUMBER OF DEATHS FROM POISONING, DRUG POISONING, AND DRUG POISONING INVOLVING OPIOID ANALGESICS

From 1999 to 2010, the number of U.S. drug poisoning deaths involving any opioid analgesic (e.g., oxycodone, methadone, or hydrocodone) more than quadrupled, from 4,030 to 16,651, accounting for 43 percent of the 38,329 drug poisoning deaths and 39 percent of the 42,917 total poisoning deaths in 2010. In 1999, opioid analgesics were involved in 24 percent of the 16,849 drug poisoning deaths and 20 percent of the 19,741 total poisoning deaths. <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6212a7.htm>

GRANT FUNDING PROFILES

The Centers for Disease Control and Prevention's (CDC) Fiscal Year 2012 Grant Funding Profiles Tool is now posted. This searchable tool provides detailed access to CDC grants by state, territory, and Congressional district. It includes many data fields, including one for the Prevention and Public Health Fund which allows one to see a snapshot of this fund's uses in a particular state.

<http://www.cdc.gov/FundingProfiles/FundingProfilesRIA/>

ACF RESOURCES

BULLETIN ON CHRONIC CHILD NEGLECT

Children who experienced neglect make up approximately three-quarters of children identified as maltreatment victims, and child welfare cases involving neglect are more likely to recur than cases involving other maltreatment types. While there is no single definition for chronic child neglect, a new bulletin from Administration on Children and Families' (ACF) Child Welfare Information Gateway provides identifiers, examples of neglect, and characteristics and stressors.

https://www.childwelfare.gov/pubs/chronic_neglect.cfm

STOPBULLYING.GOV ON TUMBLR

StopBullying.gov, the cross-Federal website dedicated to preventing bullying, has launched a new Tumblr page to reach teens. This page will be used as a way to engage youth from across the country to take a stand against bullying in their schools. The Tumblr page will feature messages of empowerment, encouraging teens to engage with each other in a positive way, all in an effort to stop bullying.

<http://www.tumblr.com/tagged/bullying>

DCOE BLOG POSTS

PROMISING TREATMENTS FOR PTSD

While evidenced-based treatments such as prolonged exposure and cognitive processing therapy have been successful in many patients with PTSD, the scientific community continues to research other helpful treatments. The Departments of Defense and Veterans Affairs (VA), hospitals, and universities are among those investigating options ranging from injections to reduce PTSD symptoms to smartphone apps developed to support those in psychological treatment. This Defense Centers of Excellence (DCoE) blog post reviews four promising new therapies being studied. http://www.dcoe.health.mil/blog/13-03-29/Frontline_Psych_with_Doc_Bender_Promising_Treatments_for_PSTD.aspx

PROBLEM DRINKER? GET SCREENED, FIND OUT

In connection with Alcohol Awareness Month, this DCoE blog post encourages service members, Veterans, and their families to take advantage of the free, anonymous alcohol-use screenings provided by Military Pathways. http://www.dcoe.health.mil/blog/13-04-09/Problem_Drinker_Get_Screened_Find_Out.aspx

EVENTS

SEMINAR AND VIDEOCAST: HELPING SMOKERS WITH BEHAVIORAL HEALTH COMORBIDITY REQUIRES A NATIONAL EFFORT

APRIL 16, 2013, 10:00AM-12:00 PM ET, BETHESDA, MARYLAND

This NIH Medicine: Mind The Gap seminar will address what is known about smokers with mental illness or an addictive behavior and the need for national public health or tobacco control groups to designate smokers with behavioral health comorbidity as a disparity group or priority population. Designating them a priority group will bring much needed attention and resources. The disparity between smoking rates in the behavioral health population compared with the general population will worsen over time if their needs remain unaddressed. The seminar will be videocast. <http://prevention.nih.gov/mindthegap/williams.aspx>

WEBINAR: PREVENTING UNDERAGE DRINKING

APRIL 17, 2013, 2:00-3:15 PM ET

This Interagency Coordinating Committee on the Prevention of Underage Drinking webinar will focus on evidence-based strategies for preventing underage drinking that are age and culturally appropriate, and address both individual and environmental factors. <http://www.stopalcoholabuse.gov>

WEBINAR: HEALTHY PEOPLE 2020 PROGRESS REVIEW: VIOLENCE ACROSS THE LIFESPAN

APRIL 18, 2013, 12:30-2:00 PM ET

This Healthy People 2020 Progress Review webinar will feature the Injury and Violence Prevention and Occupational Safety and Health topic areas. This webinar series focuses on tracking and measuring the progress of Healthy People 2020 objectives. Dr. Howard Koh, Assistant Secretary for Health, U.S. Department of Health and Human Services (HHS), will lead the discussion on the Department's combined efforts to achieve the Healthy People targets. This webinar will also include presentations from senior HHS officials at the CDC. <http://www.healthypeople.gov/2020/GetInvolved/UpcomingEvents.aspx>

WEBINAR: PTSD: COMPLEMENTARY HEALTH APPROACHES

APRIL 18, 2013, 2:30PM ET

In this VA Health Services Research and Development Service webinar, presenters will summarize the potential role of mindfulness meditation in the care of Veterans with PTSD, depression, chronic pain, and other difficult conditions. In addition, the results of a randomized clinical trial designed to explore the efficacy of the *Mantram Repetition Program* on managing PTSD symptoms in Veterans will be summarized. This program embraces a unique, psycho-spiritual approach, unlike secular mindfulness-based programs and other types of sitting meditation. <https://www3.gotomeeting.com/register/599512430>

WEBINAR: TELEHEALTH: IT'S NOT ABOUT THE TECHNOLOGY - IT'S ABOUT EXPANDING ACCESS AND ENHANCING CARE

APRIL 18, 2013 2:00-3:30 PM ET

Presented by SAMHSA's National Frontier and Rural Addiction Technology Transfer Center, this webinar will expose participants to the different types of telehealth services; web-based and telephone treatment support options; ethical and scope of practice issues; and reimbursement. <http://www.attcnetwork.org/learn/education/webinarseries.asp>

WEBINAR: ADDRESSING HOMELESSNESS AMONG VETERANS OF RECENT CONFLICTS

APRIL 18, 2013, 2:00-3:30 PM ET

This SAMHSA webinar features a discussion of preventing and ending homelessness as it appears among Veterans of recent conflicts, recent research findings, successful strategies for working with this emerging population, and some cutting-edge solutions implemented by the VA Homeless Veterans Initiative. <https://attendeegotowebinar.com/register/4087573363655956224>

WEBINAR: HEALTHY PEOPLE 2020 SPOTLIGHT ON HEALTH WEBINAR: SOCIAL DETERMINANTS OF HEALTH

APRIL 24, 2013, 1:00-2:30 PM ET

Healthy People 2020 places a renewed emphasis on identifying, measuring, tracking, and reducing health disparities through a determinants of health approach and its new *Social Determinants of Health* topic area and objectives. This Spotlight on Health webinar will focus on the social determinants of health. This webinar will explore the relationship between conditions in the social, physical, and economic environment in which people live and related health outcomes, and will include examples of how communities are addressing the social determinants of health to reduce health disparities.

Social Determinants of Health Feature:

<http://www.healthypeople.gov/2020/topicsobjectives2020/overview.aspx>

Register: https://hhs-faca.webex.com/mw03071/mywebex/default.do?nomenu=true&siteurl=hhs-faca&service=6&rnd=0.6006461635577501&main_url=https://hhs-faca.webex.com/ec06061/eventcenter/event/eventAction.do%3FtheAction%3Ddetail%26confViewID%3D417507328%26%26%26%26siteurl%3Dhhs-faca

WEBINAR: MILITARY FAMILIES AND COPING WITH REINTEGRATION CHALLENGES

APRIL 25, 2013, 1:00-2:30PM ET

Save the date for the DCoE webinar on coping with reintegration challenges.

http://www.dcoe.health.mil/Training/Monthly_Webinars.aspx

MATTERS OF THE MIND: ADDRESSING MENTAL TRAUMA IN MUSLIM COMMUNITIES

APRIL 22, 2013, 2:00-3:00 PM ET

The HHS Partnership Center is sponsoring this webinar designed to help health professionals, chaplains, and imams be better informed in triaging Muslims suffering from trauma. What are tell-tale signs? What questions should be asked? What are appropriate resources? The webinar will include representation from the HHS Office on Women's Health as well as the expert advice of a Muslim clinical psychologist specializing in trauma care and a Muslim prison chaplain. They will offer case studies, insight, and analysis in this interactive webinar session. <https://www4.gotomeeting.com/register/847039255>

NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY

MAY 9, 2013

National Children's Mental Health Awareness Day is a key strategy of the Caring for Every Child's Mental Health Campaign, which is part of the SAMHSA Public Awareness and Support Strategic Initiative. The effort seeks to raise awareness about the importance of children's mental health and that positive mental health is essential to a child's healthy development from birth. <http://www.samhsa.gov/children/national.asp>

NATIONAL PREVENTION WEEK 2013

MAY 12-18, 2013

National Prevention Week is a SAMHSA-supported annual health observance dedicated to increasing public awareness of, and action around, substance abuse and mental health issues. This observance is an opportunity to join with other individuals, organizations, and coalitions to promote prevention efforts, educate others about behavioral health issues, and create and strengthen community partnerships. This year's theme emphasizes that the prevention of substance abuse and promotion of mental health starts with the choices everyone makes. Through choices, everyone can set an example of health and well-being for others. With voices—whether spoken or written—everyone can raise awareness of behavioral health issues and help create healthier and safer communities. <http://www.samhsa.gov/preventionweek/>

2013 NIH REGIONAL SEMINAR ON PROGRAM FUNDING AND GRANTS ADMINISTRATION

JUNE 26-28, 2013, BALTIMORE, MARYLAND

The NIH Regional Seminar on Program Funding and Grants Administration is intended for those new to the grants process, including sponsored project officers and departmental administrators, investigators, faculty, graduate students, etc. Over the course of two days, it also provides an opportunity to those with more experience to obtain updates on grants policies and procedures. Due to the popularity of these seminars, early registration is highly recommended. Space is limited. An optional NIH Electronic Research Administration (eRA) workshop is offered the day before the two-day seminar. This workshop will be one full day for one price. It is designed for administrators and investigators who are new to working with NIH, using the eRA Commons, and desire a better understanding of the overall electronic grants process. http://grants.nih.gov/grants/regionalseminars/Baltimore_2013/index.html

CALLS FOR PUBLIC INPUT**PROVIDE FEEDBACK: POLICIES TO ACCELERATE HEALTH INFORMATION EXCHANGE**

The Office of the National Coordinator for Health Information Technology (ONC) and the Centers for Medicare and Medicaid Services (CMS) seek input on policies and programs that would further drive health information exchange to support more person-centered, coordinated, value-driven care. While most behavioral health providers are not eligible for the incentive payments under the Meaningful Use Program, a number of potential policy options could positively affect the behavioral health community. Please review the various questions on the website before providing feedback. ONC and CMS will accept comments until 5:00 PM ET on April 22, 2013. <http://www.regulations.gov#!documentDetail;D=CMS-2013-0044-0001>

FUNDING INFORMATION

REDUCING THE DURATION OF UNTREATED PSYCHOSIS IN THE UNITED STATES

<http://grants.nih.gov/grants/guide/pa-files/PAR-13-187.html> (R01)<http://grants.nih.gov/grants/guide/pa-files/PAR-13-188.html> (R34)

REVISION APPLICATIONS FOR BASIC SOCIAL AND BEHAVIORAL RESEARCH ON THE SOCIAL, CULTURAL, BIOLOGICAL, AND PSYCHOLOGICAL MECHANISMS OF STIGMA

<http://grants.nih.gov/grants/guide/rfa-files/RFA-MD-13-005.html>

COOPERATIVE AGREEMENTS TO BENEFIT HOMELESS INDIVIDUALS FOR STATES

<http://www.samhsa.gov/grants/2013/ti-13-004.aspx>

STATE ADOLESCENT AND TRANSITIONAL AGED YOUTH TREATMENT ENHANCEMENT AND DISSEMINATION

<http://www.samhsa.gov/grants/2013/ti-13-014.aspx>

STRATEGIC PREVENTION FRAMEWORK PARTNERSHIPS FOR SUCCESS

<http://www.samhsa.gov/Grants/2013/sp-13-004.aspx>

SECOND CHANCE ACT REENTRY PROGRAM FOR ADULT OFFENDERS WITH CO-OCCURRING SUBSTANCE ABUSE AND MENTAL HEALTH DISORDERS

<http://www.ncjrs.gov/BJAreleases/SCACoOccurringDisordersSol2013sol.html>



The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partners>. To subscribe to receive the **Update** every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.