



UPDATE

September 1, 2012

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

SCIENCE AND SERVICE NEWS UPDATES

DAILY OR SEVERE TANTRUMS MAY POINT TO MENTAL HEALTH ISSUES

Most young children lose their temper sometimes, but daily tantrums or tantrums with severe behaviors, such as aggressive or destructive tantrums, are unusual and could signal a larger problem, according to a National Institute of Mental Health (NIMH)-funded study published online August 3, 2012, in a special issue of the *Journal of Child Psychology and Psychiatry*.

Science Update: <http://www.nimh.nih.gov/science-news/2012/daily-or-severe-tantrums-may-point-to-mental-health-issues.shtml>

STRESSES OF POVERTY MAY IMPAIR LEARNING ABILITY IN YOUNG CHILDREN; NIH-FUNDED RESEARCH SUGGESTS STRESS HORMONES INHIBIT BRAIN FUNCTION, STIFLE ACHIEVEMENT

The stresses of poverty — such as crowded conditions, financial worry, and lack of adequate childcare — lead to impaired learning ability in children from impoverished backgrounds, according to a theory by a researcher funded by the National Institutes of Health (NIH). The theory is based on several years of studies matching stress hormone levels to behavioral and school readiness test results in young children from impoverished backgrounds. Further, the theory holds, finding ways to reduce stress in the home and school environment could improve children's well-being and allow them to be more successful academically. High levels of stress hormones influence the developing circuitry of children's brains, inhibiting such higher cognitive functions such as planning, impulse and emotional control, and attention. Known collectively as executive functions, these mental abilities are important for academic success. The body of research is described in the September/October issue of *Scientific American Mind*.

Press Release: <http://www.nih.gov/news/health/aug2012/nichd-28.htm>

SAMHSA AWARDS UP TO \$1.1 MILLION IN STATEWIDE FAMILY NETWORK PROGRAM GRANTS

The Substance Abuse and Mental Health Services Administration (SAMHSA) announced the awarding of six new grants totaling up to \$1.1 million over the next three years that will enhance state capacity and infrastructure to be more oriented to the needs of children and adolescents with a serious mental health condition. Statewide Family Network Program grantees provide information, referrals, and support to families who have a child or adolescent with a serious mental health condition. The program also creates a mechanism for families to participate in planning and policy development at the state and local level.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1208271827.aspx>

SAMHSA AWARDS UP TO \$4.6 MILLION IN YOUTH SUICIDE PREVENTION GRANTS TO TRIBES IN SOUTH DAKOTA

The Department of Health and Human Services (HHS) announced that four tribes in South Dakota were being awarded a combined total of up to \$4.6 million over the course of the next three years to promote suicide prevention efforts in their communities. The grants are being provided through SAMHSA under the Garrett Lee Smith Memorial Act, which provides authorization and funding for grants fostering youth suicide prevention efforts.

Press Release: <http://www.hhs.gov/news/press/2012pres/08/20120820b.html>

SAMHSA AWARDS A MINORITY FELLOWSHIP PROGRAM GRANT OF UP TO \$1.6 MILLION TO EXPAND THE BEHAVIORAL HEALTH WORKFORCE TO BETTER ADDRESS THE NEEDS OF UNDERSERVED POPULATIONS

SAMHSA announced the award of a minority fellowship grant of up to \$1.6 million to expand the behavioral health workforce in order to reduce health disparities and improve healthcare outcomes for traditionally underserved populations. The grant will improve healthcare outcomes for these populations by increasing the number of culturally competent mental health and substance abuse counselors available in the public and private non-profit service sectors.

Press Release: <http://www.samhsa.gov/newsroom/advisories/1208202250.aspx>

HHS RELEASES NEW REPORT ON EFFORTS TO END THE TOBACCO EPIDEMIC

HHS released a progress report on the tobacco strategic action plan that highlights the accomplishments and strategies of the Administration to help tobacco users quit and prevent children from starting to use tobacco products. Over the last three years, HHS has accelerated efforts to reduce tobacco use, taking a coordinated approach employing many tools available to help tobacco users stop and keep others from starting.

Press Release: <http://www.hhs.gov/news/press/2012pres/08/20120815b.html>

NEW MOBILE APP FROM NIH HELPS WOMEN LEARN ABOUT THEIR HEALTH IN 52 WEEKS

52 Weeks for Women's Health, a new app that offers women access to a year's worth of practical health information, highlighted week-by-week, is now available. The app is based on the *Primer for Women's Health: Learn about Your Body in 52 Weeks*, published by the NIH Office of Research on Women's Health. The easy-to-use mobile app can help women identify health risks for themselves and their families, and can help them create and maintain healthy lifestyles throughout their lives. Questions to ask healthcare providers, a glossary of health terms, and health screening information and links to additional information from NIH institutes and centers expand the mobile app's offerings.

Press Release: <http://www.nih.gov/news/health/aug2012/od-23.htm>

CHILDREN WITH NEUROLOGIC DISORDERS AT HIGH RISK OF DEATH FROM FLU; HEALTHCARE AND ADVOCACY GROUPS JOIN TO PROTECT CHILDREN MOST VULNERABLE TO INFLUENZA

A disproportionately high number of children with neurologic disorders died from influenza-related complications during the 2009 H1N1 pandemic, according to a study by scientists with the Centers for Disease Control and Prevention (CDC). The report in the journal *Pediatrics* underscores the importance of influenza vaccination to protect children with neurologic disorders. CDC is joining with the American Academy of Pediatrics, Families Fighting Flu, and Family Voices to spread the message about the importance of influenza vaccination and treatment in these children.

Press Release: http://www.cdc.gov/media/releases/2012/p0829_neurologic_flu.html

FEDERAL REPORT DETAILS HEALTH, ECONOMIC STATUS OF OLDER AMERICANS

Today's older Americans enjoy longer lives and better physical function than did previous generations, although, for some, an increased burden in housing costs and rising obesity may compromise these gains, according to a comprehensive Federal look at aging. The report, *Older Americans 2012: Key Indicators of Well-Being*, tracks trends at regular intervals to see how older people are faring as the U.S. population grows older. In 2010, 40 million people age 65 and over accounted for 13 percent of the total population in the U.S. In 2030, the number and proportion of older Americans is expected to grow significantly—to 72 million, representing nearly 20 percent of the population said the report, by the Federal Interagency Forum on Aging-Related Statistics. The 176-page report provides a broad description of areas of well-being that are improving for older Americans and those that are not. Thirty-seven key indicators are categorized into five broad areas—population, economics, health status, health risks and behaviors, and healthcare. This year's report also includes a special feature on the end of life.

Press Release: <http://www.nih.gov/news/health/aug2012/nia-16.htm>

Full Report: http://www.agingstats.gov/agingstatsdotnet/main_site/default.aspx

RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

NEW ON NIMH WEBSITE

NIMH DIRECTOR'S BLOG: SUMMER SCIENCE

NIMH Director Thomas Insel talks about some of the provocative neuroscience findings that were reported in recent months. <http://www.nimh.nih.gov/about/director/2012/summer-science.shtml>

VIDEO: RESEARCH ADVANCES VS. SOCIAL CHALLENGES

In this NIMH video Hank Greely discusses how the advances in neuroscience research may bring tough questions. <http://www.nimh.nih.gov/news/media/video/nimh-grantee-hank-greely-on-research-advances-vs-social-challenges.shtml>

MEETING SUMMARY: STEM CELLS FOR BIOLOGICAL AND THERAPEUTICS DISCOVERY IN MENTAL ILLNESS

On April 24-25, 2012, scientists from academia, government and the private sector met to discuss advances and challenges in using patient-derived reprogrammed cells, such as induced pluripotent stem cells (iPSCs) and induced neuronal cells (iNCs), to identify molecular, cellular, and developmental alterations relevant to mental illnesses and possible utility in diagnostics and drug development. The meeting opened with the recognition that the heterogeneity of mental illnesses, the uncertain etiology, and the recently publicized failures of pre-clinical data replication necessitated a cultural shift in the way science is done, from academic 'silos' toward a more collaborative effort. With the increasing popularity of iPSCs, it is critical to quickly establish rigorous, transparent, and reproducible methods to avoid a proliferation of poorly designed studies. <http://www.nimh.nih.gov/research-funding/scientific-meetings/2012/using-stem-cells-for-biological-and-therapeutics-discovery-in-mental-illness/using-stem-cells-for-biological-and-therapeutics-discovery-in-mental-illness.shtml>

MEETING SUMMARY: ALLIANCE FOR RESEARCH PROGRESS — JULY 13, 2012 MEETING

This summary provides an overview of the proceedings of the seventeenth meeting of the NIMH Alliance for Research Progress on Friday, July 13, 2012 in Washington, DC. At Alliance meetings, participants hear about mental health and mental illness research, network with colleagues, and interact directly with NIMH director, Thomas Insel, M.D., and senior NIMH staff. Leaders from national organizations representing people whose lives have been directly affected by mental illness hear about major projects and activities currently ongoing at NIH and NIMH. At this meeting, there were presentations and discussion about research advances and "citizen science," data-sharing, and how advocacy groups can become part of the scientific process. <http://www.nimh.nih.gov/outreach/alliance/alliance-report-july-2012/alliance-for-research-progress-july-13-2012-meeting.shtml>

NIH RESEARCH MATTERS: DISTINCT BRAIN ACTIVITY IN HOARDERS

This NIH Research Matters article summarizes recent NIMH research findings about hoarding. Certain brain regions under-activate in people with hoarding disorder when dealing with others' possessions, but over-activate when deciding whether to keep or discard their own things. The new findings give insight into the biology of hoarding and may guide future treatment strategies.

<http://www.nih.gov/researchmatters/august2012/08202012hoarders.htm>

SAMHSA RESOURCES

BEHAVIORAL HEALTH ISSUES AMONG AFGHANISTAN AND IRAQ U.S. WAR VETERANS

This fact sheet introduces some of the behavioral health problems facing Veterans who have served in Afghanistan and Iraq, including substance abuse, post-traumatic stress disorder, depression, and suicide. It also discusses screening tools and intervention. <http://store.samhsa.gov/product/Behavioral-Health-Issues-Among-Afghanistan-and-Iraq-U-S-War-Veterans/SMA12-4670>

CLINICAL DRUG TESTING IN PRIMARY CARE

This guide offers information to clinicians deciding whether to introduce drug testing in their practice; presents the mechanics of testing and the steps clinicians can take to prepare their staff; and provides guidance on implementing it in their practice. <http://store.samhsa.gov/product/TAP-32-Clinical-Drug-Testing-in-Primary-Care/SMA12-4668>

USING MATRIX WITH WOMEN CLIENTS: A SUPPLEMENT TO THE MATRIX INTENSIVE OUTPATIENT TREATMENT FOR PEOPLE WITH STIMULANT USE DISORDERS

This guide enhances the counselor's treatment manual in the Matrix series, addressing the specific needs of women who abuse stimulants. It contains materials to help counselors conduct intensive outpatient treatment sessions on relationships, trauma, body image, and family roles.

<http://store.samhsa.gov/product/Using-Matrix-with-Women-Clients-A-Supplement-to-the-Matrix-Intensive-Outpatient-Treatment-for-People-with-Stimulant-Use-Disorders/All-New-Products/SMA12-4698>

BLOG POST: PROVIDING SUPPORT TO INDIVIDUALS AND COMMUNITIES RECOVERING FROM DISASTERS

In recognition of the 7th anniversary of Hurricane Katrina, this SAMHSA blog post reflects on SAMHSA's role in disaster response. SAMHSA responds to disasters and helps states, territories, tribes, and local entities deliver effective and comprehensive behavioral health services to those in need. SAMHSA also offers technical assistance, training, and expert consultation as well as disaster behavioral health resources, and information exchange and knowledge brokering. <http://blog.samhsa.gov/2012/08/29/providing-support-to-individuals-and-communities-recovering-from-disasters/>

AHRQ EFFECTIVE HEALTH CARE PROGRAM REPORTS

PRACTICE-BASED INTERVENTIONS ADDRESSING CONCOMITANT DEPRESSION AND CHRONIC MEDICAL CONDITIONS IN THE PRIMARY CARE SETTING

Collaborative care interventions may improve outcomes for depression symptoms, remission, depression-free days, and quality of life in primary care patients experiencing both depression and other chronic medical conditions, according to a new research review from the Agency for Healthcare Research and Quality's (AHRQ) Effective Health Care Program. Little evidence was available on the effect of collaborative care treatment on medical outcomes for arthritis, cancer, diabetes, heart disease, and HIV, except for HbA1c (a measurement of blood sugar) in diabetes, which showed no difference between collaborative care treatment and usual care. The review recommends that future studies examine a broader range of medical conditions and compare variations of practice-based interventions.

<http://www.effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=1219&PCem=EN>

INTERVENTIONS FOR ADOLESCENTS AND YOUNG ADULTS WITH AUTISM SPECTRUM DISORDERS

The goal of this review is to examine the effects of available interventions on adolescents and young adults with autism spectrum disorders (ASD), focusing on the following outcomes: core symptoms of ASD (impairments in social interaction, communication, and repetitive behavior); medical and mental health comorbidities; functional behaviors and independence; the transition to adulthood; and family outcomes.

<http://www.effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=1196>

FIRST-GENERATION VERSUS SECOND-GENERATION ANTIPSYCHOTICS IN ADULTS: COMPARATIVE EFFECTIVENESS

Few differences of clinical importance for outcomes related to effectiveness were found in a new review of first-generation and second-generation antipsychotic medications for adults with schizophrenia, schizophrenia-related psychoses, or bipolar disorder. The review also found that outcomes such as death and quality of life were rarely assessed, and that data comparing side effects were sparse. Inconsistency in treatment comparisons, outcomes, outcome measurements, and patient populations across studies made drawing firm conclusions difficult; however, the research review provides extensive details of characteristics and methodological features of the studies that may help inform individual treatment decisions.

<http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=1054&PCem=EN>

MULTIDISCIPLINARY POSTACUTE REHABILITATION FOR MODERATE TO SEVERE TRAUMATIC BRAIN INJURY IN ADULTS

Insufficient evidence exists to determine the effectiveness of multidisciplinary post-acute rehabilitation programs for patients with moderate to severe traumatic brain injury (TBI), a new AHRQ Effective Health Care Program review concludes. These programs aim to improve the physical, cognitive, and behavioral health of the estimated 1.7 million people diagnosed annually with TBI. The differences and complexity of patient populations and treatment approaches within studies—including time since injury, injury severity, impairment type and severity, and different intervention approaches to address needs—make it difficult to carry out, combine, and draw firm conclusions from these studies.

<http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=1141&PCem=EN>

DEPARTMENT OF JUSTICE: ADDRESSING HOMELESSNESS IN THE CRIMINAL JUSTICE SYSTEM

This new resource guide is designed to generate awareness in the field among law enforcement, courts, prosecutors, defenders, state and local legislators, advocates, social service providers, and individuals who are homeless about Department of Justice resources available to serve homeless people, and those at risk of homelessness, who are involved in the criminal justice system.

<https://www.ncjrs.gov/OJPreleases/homelessness.html>

VA: A SYSTEMATIC REVIEW: FAMILY-INVOLVED PSYCHOSOCIAL TREATMENTS FOR ADULT MENTAL HEALTH CONDITIONS

Recently, investigators at the Department of Veterans Affairs (VA) Evidence-Based Synthesis Program site in Minneapolis, MN conducted a systematic review of the literature to evaluate whether (and which) family-involved treatments improve patient outcomes—and whether (and which) family-involved treatments are superior to alternative interventions; particularly patient-only treatments. Primary outcomes included mental health outcomes and couple/family functioning for patients with mental health conditions. Other outcomes included treatment adherence, use of mental healthcare, patient satisfaction, and social support for patients. http://www.hsrd.research.va.gov/publications/management_briefs/eBrief-no51.cfm

REAL WARRIORS: ALCOHOL ABUSE: SIGNS AND SYMPTOMS

This Real Warriors article provides an overview of signs and symptoms of alcohol abuse and alcohol dependence. <http://www.realwarriors.net/active/treatment/alcoholabuse.php>

DCOE BLOG POSTS

HEALTHY AGING: MIND AND BODY

This Defense Centers of Excellence (DCoE) for Psychological Health and TBI blog post discusses the benefits of exercise in promoting healthy aging. <http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=403>

ARE YOU ALMOST DEPRESSED?

This DCoE blog provides an overview about low-level “almost” depression. Research shows that about 75 percent of people who have subclinical periods of depression eventually have a major depressive episode or clinical depression. Subclinical depression also causes distress; a recent study found that people who are almost depressed report lower life satisfaction, more symptoms of anxiety, and more problems in their relationships and marriages than people who have no signs of depression.

<http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=401>

NEUROENDOCRINE DYSFUNCTION MAY BE TOUGH TO SAY, DIAGNOSE

Providers who treat a military population have seen their share of TBI, but they may not be as aware of Neuroendocrine Dysfunction (NED) resulting from TBI and may not consider it when assessing and treating a patient with mild TBI. NED can be defined as any condition that is caused by an imbalance of hormones that are produced in the brain. The hypothalamus and pituitary gland are the parts of the brain that produce hormones, and damage to either of these areas can cause NED. This DCoE blog post provides a brief overview of signs and symptoms, and links to new DCoE Clinical Support tools to evaluate and treat NED.

<http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=402>

EVENTS

HEALTH OBSERVANCE: RECOVERY MONTH

SEPTEMBER 2012

Recovery Month promotes the societal benefits of prevention, treatment, and recovery for mental and substance use disorders, celebrates people in recovery, lauds the contributions of treatment and service providers, and promotes the message that recovery in all its forms is possible. Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective, and people can and do recover. <http://recoverymonth.gov/>

WEBINAR: ENHANCING STRATEGIES TO PROMOTE INDIVIDUAL CHANGE IN PRIMARY HEALTHCARE SETTINGS

SEPTEMBER 5, 2012, 2:00-3:30PM ET

This SAMHSA-Health Resources and Services Administration (HRSA) Center for Integrated Services webinar is designed for primary care staff working in an integrated care setting. Participants will learn skills that increase individuals' likelihood of understanding information and helping individuals develop motivation and consider steps toward health-related changes. <https://www2.gotomeeting.com/register/380044602>

BUILDING COMMUNITIES OF RECOVERY: HOW COMMUNITY-BASED PARTNERSHIPS AND RECOVERY SUPPORT ORGANIZATIONS MAKE RECOVERY WORK

SEPTEMBER 5, 2012

This SAMHSA Road to Recovery show will describe how communities are organizing and networking to provide recovery support. The show also will highlight efforts to change the culture of communities to accept and embrace people in recovery.

<http://www.recoverymonth.gov/Multimedia/Road-to-Recovery-Television-Series.aspx#September>

WEBINAR: CHILD ABUSE AND NEGLECT IN MILITARY FAMILIES: COMMUNITY AND MILITARY PARTNERSHIPS

SEPTEMBER 11, 2012, 1:00 PM ET

This National Child Traumatic Stress Network (NCTSN) webinar in the Military Families Learning Community series will provide an overview of issues related to child maltreatment in the military, interventions provided to support these children and families, and ways that community-based providers can partner with and support the military to provide critical care to these families.

http://learn.nctsn.org/calendar/view.php?view=day&cal_d=11&cal_m=9&cal_y=2012

WEBINAR: THE USE OF WEB-BASED SCREENING FOR TRAUMA AND ASSOCIATED DISORDERS IN JUVENILE JUSTICE-INVOLVED YOUTH

SEPTEMBER 12, 2012, 12:00 PM ET

This NCTSN webinar in the Screening and Assessment in the Juvenile Justice System Speaker Series will describe a newly developed web-based platform to conduct screening in juvenile justice settings and highlight recent findings about utilizing the web-based tool.

http://learn.nctsn.org/calendar/view.php?view=day&cal_d=12&cal_m=9&cal_y=2012

WEBINAR: TRIBAL LAW AND ORDER ACT

SEPTEMBER 12, 2012, 2:00-3:30 PM ET

SAMHSA is sponsoring two webinars in September that will outline Federally-coordinated efforts to address the substance abuse problems and enhancements to tribal justice systems for American Indians and Alaska Natives. The presentations will include Federal staff, field experts, and/or tribal representatives who will detail the progress on key responses to the Tribal Law and Order Act (TLOA). Those who would benefit from these webinars include tribes, organizations, and individuals who work with tribal populations. This first webinar will address alcohol and substance abuse problems faced by American Indians and Alaska Natives and introduce various coordination efforts among Federal departments. The second webinar in the series will take place September 19.

http://www.tribalyouthprogram.org/sites/tribalyouthprogram.org/files/TLOA_TAP_Webinar_Invitation.pdf

WEBINAR: EARLY LIFE ORIGINS OF PEDIATRIC AND ADULT DISEASES

SEPTEMBER 17, 2012, 2:30-3:30 PM ET

The HHS Maternal and Child Health Bureau is sponsoring this webinar as part of its Research Innovations and Challenges series. The webinar will provide an overview on life course framework and critical time windows for health and diseases; discuss major factors contributing to early life origins of health and diseases; and provide a discussion on the promise of biomarkers and multi-level data integration in early risk assessment, prediction, and preemptive prevention of pediatric and adult diseases.

<http://mchb.hrsa.gov/research/media-webinar.asp>

SAMHSA WELLNESS WEEK

SEPTEMBER 17-23, 2012

As part of Recovery Month, SAMHSA is sponsoring National Wellness Week to inspire individuals and organizations to get involved and take one step for wellness. During National Wellness Week, individuals across the country will be encouraged to improve their health behaviors, while also exploring their talents, skills, interests, social connections, and environment to incorporate other dimensions of wellness.

http://www.promoteacceptance.samhsa.gov/10by10/wellness_week.aspx

WEBINAR: ENHANCING STRATEGIES TO PROMOTE INDIVIDUAL CHANGE IN BEHAVIORAL HEALTHCARE SETTINGS

SEPTEMBER 19, 2012, 2:00-3:30PM ET

Targeted for behavioral health staff working in an integrated care setting, this SAMHSA-HRSA Center for Integrated Services webinar will teach participants how to evaluate the importance an individual places on particular behavioral change, and approaches to help the individual consider the limitations and benefits of a potential change. Emphasis will be placed on recognizing and reinforcing when an individual is moving toward change. <https://www2.gotomeeting.com/register/224378850>

WEBINAR: TRIBAL LAW AND ORDER ACT TRIBAL JUSTICE PLAN: AN OVERVIEW AND UPDATE ON IMPLEMENTATION

SEPTEMBER 19, 2012, 3:00-4:30 PM ET

This SAMHSA webinar on the Tribal Law and Order Act will provide an overview of the Tribal Justice Plan (TJP) and accomplishments to date; inform participants on progress made to implement recommendations in the TJP, including detention, alternatives to detention, and offender reentry; explain the work group structure to further implement recommendations; and share information on future consultation and meetings with tribal leaders and tribal justice practitioners. The first webinar in this series will be held on September 12. https://www.bja.gov/Events/TLOA_TJP_Webinar_09-19-12.pdf

WEBINAR: UNDERSTANDING AND TREATING CAREGIVER SUBSTANCE ABUSE AND TRAUMA: A FOCUS ON THE FAMILY

SEPTEMBER 21, 2012, 1:00 PM ET

This NCTSN webinar in the Role of Trauma among Families Struggling with Substance Abuse Speaker Series will focus on the connection between caregiver trauma and substance abuse, the impact of both on children, and the challenges experienced by families when both substance abuse and trauma are present. Four models of intervening in the area of parenting, substance abuse, and trauma will be presented, including two parenting programs. Speakers will also discuss an attachment curriculum utilized in a residential program for women with substance use disorders and an adaptation of child-parent psychotherapy for parents and children in family residential treatment for substance abuse. http://learn.nctsn.org/calendar/view.php?view=day&cal_d=21&cal_m=9&cal_y=2012

WEBINAR: STRONG FAMILIES STRONG FORCES: A PROGRAM TO SUPPORT MILITARY FAMILIES WITH YOUNG CHILDREN

SEPTEMBER 25, 2012, 1:00 PM ET

This NCTSN webinar will describe the work of Strong Families Strong Forces, a Department of Defense funded project to develop and test a home-based intervention for military families with young children. They will describe their work with over 100 families, including details of the 8-module attachment-based intervention, and present case vignettes to illustrate the clinical work and varied needs of families during the reintegration phase of the deployment cycle.

http://learn.nctsn.org/calendar/view.php?view=day&cal_d=25&cal_m=9&cal_y=2012

WEBINAR: SCREENING MEASURES FOR PARENT-CHILD DYADS

SEPTEMBER 27, 2012, 12:00 PM ET

This NCTSN webinar in the Screening and Assessment for Trauma in the Child Welfare Setting Speaker Series will address trauma screening and assessment for parents and children in the child welfare system, with a focus on how information gained through screening can help inform casework practice, improve family engagement, and guide decision-making on mental health services.

http://learn.nctsn.org/calendar/view.php?view=day&cal_d=27&cal_m=9&cal_y=2012

WEBINAR: MANAGING SUICIDE BEHAVIORS

SEPTEMBER 27, 2012, 1:00-2:30 PM ET

Save the date for the September DCoE webinar about managing suicide behaviors.

<http://www.dcoe.health.mil/Training/MonthlyWebinars.aspx>

WEBINAR: PRENATAL EXPOSURE TO SUBSTANCES AND TRAUMA: FOSTERING PARENT AND CHILD WELL-BEING

SEPTEMBER 28, 2012, 1:00 PM ET

This NCTSN webinar in the Role of Trauma among Families Struggling with Substance Abuse Speaker Series will address the effects of prenatal exposure to substances and trauma on children, discuss assessment and treatment approaches for youth and caregivers, inform participants about Fetal Alcohol Spectrum Disorders (FASD) through the lifespan, and give a personal testimony on one family's experience with FASD.

http://learn.nctsn.org/calendar/view.php?view=day&cal_d=28&cal_m=9&cal_y=2012

WEBINAR: DEVELOPMENTAL APPROACH TO TRAUMA-INFORMED PRACTICE WITH CROSSOVER YOUTH

OCTOBER 9, 2012, 12:00 PM ET

This NCTSN webinar in the Crossover Youth and Trauma-Informed Practice Speaker Series will discuss how child serving systems can improve their response to the needs of youth that cross over from child welfare to juvenile justice. Drawing from the framework provided in the Crossover Youth Practice Model, presenters will look at various decision points in the case of a young person, identify how the system can improve its functioning, and describe trauma-informed interventions best suited for the youth.

http://learn.nctsn.org/calendar/view.php?view=day&cal_d=9&cal_m=10&cal_y=2012

WEBINAR: SCHOOL AND BEHAVIORAL HEALTH SUPPORT SERVICES FOR U.S. ARMY CHILDREN AND FAMILIES

OCTOBER 16, 2012, 1:00 PM ET

This NCTSN webinar in the Military Families Learning Community series will feature an update on U.S. Army Behavioral Health Services, including (1) types of services and initiatives available to soldiers and their families, (2) challenges facing military children and families, (3) coordinated assets (military and civilian) with focus on prevention and resilience, (4) and the Comprehensive Soldier Fitness program. The presenter will describe Army School Behavioral Health Programs, Child and Family Assistance Centers, and trainings and/or services available through the Army's Child, Adolescent and Family Behavioral Health Proponency.

http://learn.nctsn.org/calendar/view.php?view=day&cal_d=16&cal_m=10&cal_y=2012

WEBINAR: WELCOME BACK VETERANS PROGRAMS: SUPPORTING AND TRANSFORMING THE LIVES OF SERVICE MEMBERS, VETERANS, AND THEIR FAMILIES

OCTOBER 16, 2012, 1:00 PM ET

This NCTSN webinar will describe the work of the McCormick Foundation, RAND Corporation, and Duke University's Veteran Culture and Clinical Competence Program providing innovative community-based behavioral health programs to their communities.

http://learn.nctsn.org/calendar/view.php?view=day&cal_d=23&cal_m=10&cal_y=2012

CLINICAL TRIAL PARTICIPATION NEWS

NATIONWIDE RECRUITMENT: BIPOLAR DISORDER PEDIATRIC RESEARCH STUDY

CLINICAL TRIAL OF CITALOPRAM AND METHYLPHENIDATE IN SEVERE MOOD DYSREGULATION

This study is testing the effectiveness of methylphenidate plus citalopram vs. methylphenidate plus placebo for decreasing irritability in children with severe mood dysregulation (SMD). Children with SMD display chronic anger, sadness, or irritability, as well as hyperarousal (such as insomnia, distractibility, hyperactivity) and extreme responses to frustration (such as frequent, severe temper tantrums).

Children ages seven to 17 with SMD may be eligible to participate in this 12- to 15-week inpatient or outpatient study. This study has four phases. During Phase I, participants are gradually withdrawn from all current psychotropic medications. Phase II is a one-week psychotropic medication-free period. During Phase III, which lasts two weeks, participants are treated with methylphenidate alone. Phase IV lasts for eight weeks. During this time, participants continue methylphenidate treatment and are randomly assigned to also receive either citalopram or placebo.

At the end of the study, those who received methylphenidate plus placebo will have the opportunity to receive methylphenidate plus active citalopram if clinically appropriate.

All procedures and medications associated with the research are provided at no cost to participants, and transportation expenses are reimbursed by NIMH. Schooling will be provided while on the inpatient unit or in day treatment. To find out more information, please call (301) 496-8381 or email irritablekids@mail.nih.gov.

National Institute of Mental Health, National Institutes of Health, Department of Health and Human Services

For more information on research conducted by the National Institute of Mental Health in Bethesda, MD click here <http://patientinfo.nimh.nih.gov>.

CALLS FOR PUBLIC INPUT

STOP BULLYING VIDEO CHALLENGE

HRSA and the Federal Partners are launching a video challenge to help prevent and end bullying in schools and communities across the nation. This challenge invites youth ages 13 to 18 years old to create a 30 to 60 second video that will inform and motivate youth to prevent bullying, and that promotes an environment where kindness and respect for others matters. The focus should be on how youth can be more than a bystander, rather than a video that solely explains why bullying is wrong. Submissions will be accepted through October 14 at 11:00 PM ET. <http://stopbullying.challenge.gov/>

FUNDING INFORMATION

TRANSLATIONAL RESEARCH ON INTERVENTIONS FOR ADOLESCENTS IN THE LEGAL SYSTEM

<http://grants.nih.gov/grants/guide/rfa-files/RFA-DA-13-009.html>

HRSA: HEALTHY TOMORROWS PARTNERSHIP FOR CHILDREN PROGRAM

<https://grants.hrsa.gov/webExternal/SFO.asp?ID=9BB0499C-11D2-4C3B-862E-BCAE586B7C3B>



The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit:

<http://www.nimh.nih.gov/outreach/partners>. To subscribe to receive the **Update** every two weeks, go to:

<http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.