



UPDATE

June 1, 2012

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<http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml>

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*Prepared by the U.S. Department of Health and Human Services,
National Institutes of Health, National Institute of Mental Health,
Office of Constituency Relations and Public Liaison*

SCIENCE AND SERVICE NEWS UPDATES

MOST CHILDREN WITH ASD DIAGNOSED AFTER AGE 5, USE MULTIPLE SERVICES AND MEDICATIONS

Fewer than one out of five school-aged children with special health care needs were diagnosed with autism spectrum disorder (ASD) by age two, according to new data from a study funded by the National Institute of Mental Health (NIMH). These diagnoses were made by a variety of healthcare providers, and most children in the study used multiple healthcare services (such as speech or language therapy) and multiple medications.

Science News: <http://www.nimh.nih.gov/science-news/2012/most-children-with-asd-diagnosed-after-age-5-use-multiple-services-and-medications.shtml>

Full Report: <http://www.cdc.gov/nchs/data/databriefs/db97.htm>

HIGHER EDUCATION AND INCOME LEVELS KEYS TO BETTER HEALTH, ACCORDING TO ANNUAL REPORT ON NATION'S HEALTH

People with higher levels of education and higher income have lower rates of many chronic diseases compared to those with less education and lower income levels, according to *Health, United States, 2011* – the government's annual comprehensive report on Americans' health. *Health, United States, 2011* is the 35th annual report prepared by the Centers for Disease Control and Prevention's (CDC) National Center for Health Statistics, and includes a compilation of health data through 2010 from a number of sources within the federal government and in the private sector. This year's edition features a special section on socioeconomic status and health.

Press Release: http://www.cdc.gov/media/releases/2012/p0516_higher_education.html

Full Report: <http://www.cdc.gov/nchs/hus.htm>

ODDS OF QUITTING SMOKING AFFECTED BY GENETICS; NIH-FUNDED RESEARCH SHOWS GENETICS CAN PREDICT SUCCESS OF SMOKING CESSATION AND NEED FOR MEDICATIONS

Genetics can help determine whether a person is likely to quit smoking on his or her own or need medication to improve the chances of success, according to research published in today's *American Journal of Psychiatry*. Researchers say the study moves healthcare providers a step closer to one day providing more individualized treatment plans to help patients quit smoking.

The study was supported by multiple components of the National Institutes of Health (NIH), including the National Institute on Drug Abuse (NIDA), the National Human Genome Research Institute, the National Cancer Institute, and the National Center for Advancing Translational Sciences' Clinical and Translational Science Awards program.

Press Release: <http://www.nih.gov/news/health/may2012/nida-30.htm>

REPORT SHOWS DECREASE IN SMOKING LEVELS AMONG ADOLESCENTS AND YOUNG ADULTS IN A SIX YEAR PERIOD; STILL MANY ADOLESCENTS AND YOUNG ADULTS CONTINUE SMOKING

A new report shows that while a significant segment of minors and young adults are still current smokers, there was a decrease in the rate of cigarette use among these populations between 2004 and 2010. The report, based on the Substance Abuse and Mental Health Services Administration's (SAMHSA) National Survey on Drug Use and Health, shows that the rate of current cigarette use among adolescents decreased from 11.9 percent in 2004 to 8.3 percent in 2010. Similarly, the level of current cigarette use among young adults decreased from 39.5 percent in 2004 to 34.2 percent in 2010.

Full report: <http://www.samhsa.gov/data/2k12/NSDUH047/SR047CigaretteTrends2012.htm>

Press Release: <http://www.samhsa.gov/newsroom/advisories/1205165015.aspx>

AFFORDABLE CARE ACT SUPPORTS FAMILIES OF CHILDREN WITH SPECIAL HEALTH CARE NEEDS

The U.S. Department of Health and Human Services (HHS) announced \$4.9 million in Affordable Care Act funding to support Family-to-Family Health Information Centers, primarily non-profit organizations run by and for families of children with special health care needs. Created in 2005, the centers are statewide, family-led organizations that provide information, education, training, outreach, and peer support to families of children and youth with special health care needs and the professionals who serve them.

Press Release: <http://www.hhs.gov/news/press/2012pres/05/20120523a.html>

RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

NEW ON NIMH WEBSITE

DIRECTOR'S BLOG: SERVING THOSE THAT SERVED

In observance of Memorial Day, NIMH Director Thomas Insel blogs about addressing the mental health needs of soldiers and veterans. <http://www.nimh.nih.gov/about/director/2012/serving-those-who-served.shtml>

DIRECTOR'S BLOG: TIME MATTERS – WHY WE CARE SO MUCH ABOUT DATA SHARING

NIMH Director Thomas Insel discusses the importance of sharing scientific data.

<http://www.nimh.nih.gov/about/director/2012/time-matters-why-we-care-so-much-about-data-sharing.shtml>

ARCHIVED VIDEOCAST: THE TEEN BRAIN: WHAT IT MEANS FOR TREATING ADOLESCENTS

The archived videocast of the NIMH-sponsored panel of children's mental health researchers held in observance of National Children's Mental Health Awareness Day is now available on the NIH website. Panelists discussed neuroscience research findings related to: teen brain development, cognition, and emotional and behavioral growth, and treatment for teens.

<http://videocast.nih.gov/Summary.asp?File=17260>

LATEST ISSUE OF INSIDE NIMH AVAILABLE

This edition discusses recent funding opportunities and some new initiatives NIMH is considering for the future. <http://www.nimh.nih.gov/research-funding/inside-nimh/2012-spring-inside-nimh.shtml>

OUTREACH PARTNERSHIP PROGRAM 2012 ANNUAL MEETING: OVERVIEW

This summary provides an overview of the 2012 Annual Meeting of the NIMH Outreach Partnership Program. Nearly 90 researchers, national partner organizations, and Outreach Partners from every state, the District of Columbia, and Puerto Rico came together to learn more about the latest scientific research and best practices in the causes, prevention, and treatment of mental disorders across the lifespan.

<http://www.nimh.nih.gov/outreach/partnership-program/meetings/outreach-partnership-program-2012-annual-meeting-overview.shtml>

SAMHSA RESOURCES

MAJOR DEPRESSIVE EPISODE AMONG FULL-TIME COLLEGE STUDENTS AND OTHER YOUNG ADULTS, AGED 18 TO 22

Findings from this report show that 8.4 percent of full-time college students aged 18 to 22 and 8.2 percent of other young adults aged 18 to 22 experienced a major depressive episode in the past year.

<http://www.samhsa.gov/data/2k12/NSDUH060/SR060CollegeStudentsMDE2012.htm>

CORE CLINICAL FEATURES OF A BEHAVIORAL HEALTH HOME

This new resource helps prepare behavioral health provider organizations to become health homes by outlining the essential clinical features. In addition, the paper introduces several real-world examples of how behavioral health provider organizations are successfully implementing the clinical features of a health home around the country. http://www.integration.samhsa.gov/clinical-practice/CIHS_Health_Homes_Core_Clinical_Features.pdf

FAMILY EDUCATION VIDEOS: STIMULANT USE DISORDERS

This series of videos provides key information for those supporting people in treatment and recovery. The videos interview people in recovery and their loved ones.

<http://www.youtube.com/playlist?list=PLA2A8260D89D626D9&feature=plcp>

SAMHSA'S GAINS CENTER ANNOUNCES NEW VIRTUAL LEARNING COMMUNITY

SAMHSA's GAINS Center has established a new virtual learning community to foster conversation, information sharing, and dialogue among behavioral health and criminal justice professionals. The virtual learning community includes discussion boards on topics such as peer integration, veterans, specialty courts, women, reentry, jail diversion, and co-occurring disorders.

http://gainscenter.samhsa.gov/forms/join_virtual_learning.asp

SELF-CARE FOR DISASTER BEHAVIORAL HEALTH RESPONDERS PODCAST

The goal of this 60-minute podcast is to provide information, best practices, and tools that enable disaster behavioral health responders and supervisors to identify and effectively manage stress and secondary traumatic stress through workplace structures and self-care practices.

<http://www.samhsa.gov/dtac/selfcareDBHResponders/lib/playback.asp>

SAMHSA BLOG: GLOBAL BURDEN OF MENTAL DISORDERS

This blog summarizes SAMHSA Administrator Pam Hyde's recent participation in the World Health Assembly in Geneva, Switzerland, where she gave the U.S. statement in favor of a historic resolution titled, "The Global Burden of Mental Disorders." <http://blog.samhsa.gov/2012/05/31/samhsa-at-the-world-health-assembly/>

AHRQ RESEARCH ACTIVITIES

EVIDENCE LACKING ON EFFECTIVENESS OF ANTIPSYCHOTICS FOR CHILDREN

A new research review from the Agency for Healthcare Research and Quality finds there is little evidence that directly compares the effectiveness or safety of first- and second-generation antipsychotic medications among children, adolescents, and young adults. The comprehensive synthesis of the evidence on the comparative effectiveness of antipsychotics for the treatment of various psychiatric and behavioral conditions found that for the majority of outcomes, data on the relative effectiveness of treatments were sparse and precluded drawing firm conclusions. First- and second-generation antipsychotics were generally found to be superior to placebo on symptom improvement and other efficacy outcomes. Future high-quality research examining head-to-head antipsychotic comparisons is needed in order to determine the relative effectiveness and safety among various antipsychotics in children, adolescents, and young adults. To that end, this research review is accompanied by a Future Research Needs paper intended to be used by researchers and funders of research to help improve the body of comparative effectiveness evidence that would be useful for decision-makers. <http://www.ahrq.gov/research/jun12/0612RA21.htm>

NO EVIDENCE OF SERIOUS CARDIOVASCULAR EVENTS IN CHILDREN AND YOUNG ADULTS USING MEDICATIONS FOR ADHD

Despite some reports of adverse events, including sudden death, heart attack, and stroke among children and young adults who were prescribed medications to treat attention deficit-hyperactivity disorder (ADHD), a new study finds no evidence that current use of an ADHD drug was associated with an increased risk of serious cardiovascular events. These medications, used by more than 2.7 million children in the U.S., have been considered to be relatively safe. The 1,200,438 children and young adults included in the study were from four geographically diverse health plans with more than 2.5 million person-years of follow-up. In this group, there were 81 serious cardiovascular events, including 33 sudden cardiac deaths, nine heart attacks, and 39 strokes. <http://www.ahrq.gov/research/jun12/0612RA20.htm>

REAL WARRIORS: FIVE TIPS TO REINFORCE UNIT COHESION

This Real Warriors article provides tips for line leaders to build unit cohesion, which can provide service members with a natural support network during deployment and when returning home.

<http://www.realwarriors.net/active/leaders/unitcohesion.php>

REAL WARRIORS, REAL ADVICE PODCASTS

HELP OTHERS, HELP YOURSELF

This podcast discusses how individuals experiencing a psychological concern may find help from others in their recovery of invisible wounds. <http://www.realwarriors.net/podcasts/episode019>

STRENGTH THROUGH GENERATIONS

This podcast features veterans from past conflicts discussing the effects of combat stress and encouraging warriors of all generations to seek care for invisible wounds.

<http://www.realwarriors.net/podcasts/episode018>

CHAPLAINS ARE AN EFFECTIVE RESOURCE

This podcast discusses the role chaplains play to help warriors cope with stressors associated with deployment. <http://www.realwarriors.net/podcasts/episode017>

DCOE BLOG POSTS

TIPS FOR FAMILIES COPING WITH POST-DEPLOYMENT STRESS

This Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury blog post identifies the guiding principles on what military families can do to cope with post-deployment stress, or a family member with posttraumatic stress disorder.

<http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=368>

TIME FOR A MENTAL HEALTH CHECKUP

In recognition of Mental Health Awareness Month, this blog post encourages service members to take a few minutes to assess their mental well-being.

<http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=372>

2011 ARRESTEE DRUG ABUSE MONITORING ANNUAL REPORT

This report reveals that in the 10 participating cities/counties, more than half of adult males arrested for crimes ranging from misdemeanors to felonies tested positive for at least one drug. Positive test results ranged from 64 percent in Atlanta, GA to 81 percent in Sacramento, CA.

<http://www.whitehouse.gov/ondcp/ondcp-fact-sheets/adam-ii-2011-annual-report-highlights>

FDA DATABASE: ONE-STOP RESOURCE ON KIDS' MEDICATIONS

This new Food and Drug Administration database pulls the science on drug labels for kids into one place for parents and healthcare professionals looking for information on medications for children.

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm305040.htm>

DEPARTMENT OF EDUCATION RESOURCE DOCUMENT THAT DISCOURAGES RESTRAINT AND SECLUSION

The U.S. Department of Education issued a publication that outlines principles for educators, parents, and other stakeholders to consider when developing or refining policies and procedures to support positive behavioral interventions and avoid the use of restraint and seclusion. The goal of this resource document is to help ensure that schools are safe and healthy environments where all students can learn, develop, and participate in instructional programs that promote high levels of academic achievement.

<http://www2.ed.gov/policy/seclusion/index.html>

DEPARTMENT OF JUSTICE RESOURCES

OJJDP UPDATES STATISTICAL BRIEFING BOOK

The Office of Juvenile Justice and Delinquency Prevention (OJJDP) has updated its Statistical Briefing Book to include the latest data on Federal Bureau of Investigation arrests and victims of domestic violence, a redesigned Compendium of National Juvenile Justice Data Sets, and new frequently asked questions on teen mothers, juvenile educational characteristics, child maltreatment victims, and school crime victimization.

<http://www.ojjdp.gov/ojstatbb/>

REPORT DISCUSSES SEXUAL VICTIMIZATION IN PRISONS

This new report presents the findings of a review panel on prison rape. The goal of the panel is to gather information that will be helpful to correctional policymakers, administrators, line staff, and allied professionals as they seek to end sexual violence in prisons and jails.

http://www.ojp.usdoj.gov/reviewpanel/pdfs/prea_finalreport_2012.pdf

NIC CORRECTIONS AND MENTAL HEALTH WEB PAGES

New articles have been posted to the National Institute of Correction's (NIC) blog covering mental health practices. The new articles focus on two themes: involuntary medication, and ethical and legal issues concerning individuals with mental illness in corrections settings.

<http://community.nicic.gov/blogs/mentalhealth/default.aspx>

CALENDAR OF EVENTS

FAMILIES ARE THE FRONTLINE: PREVENTING, TREATING, AND RECOVERING FROM SUBSTANCE USE AND MENTAL DISORDERS

JUNE 6, 2012

This SAMHSA Road to Recovery show will cover a range of family-based approaches and programs that demonstrate the importance of families being on the frontline of behavioral health for all family members.

<http://www.recoverymonth.gov/Multimedia/Road-to-Recovery-Television-Series.aspx>

WEBINAR: ENSURING ACCESS AND INCLUSION IN HIGHER EDUCATION: RIGHTS, RULES, AND RESPONSIBILITIES

JUNE 6, 2012, 3:00-4:30 PM ET

During this SAMHSA webinar, participants will learn about the administrative, legal, and personal issues related to access and inclusion in higher education for students with mental health and substance use problems, and about one university that is leading the way in ensuring that students have the comprehensive supports they need to stay in school and pursue their vocational goals.

<http://promoteacceptance.samhsa.gov/teleconferences/archive/training/teleconference06062012.aspx>

WEBINAR: ADDRESSING TRANSITION ISSUES FOR YOUNG FOSTER CHILDREN

JUNE 7, 2012, 12:00PM ET

This National Child Traumatic Stress Network (NCTSN) Zero to Six Speaker Series webinar will discuss the many transitions experienced by—and the challenges transitions pose for—young traumatized children in the child welfare system. Whether responding to the transition from the biological parents' home to a foster home, from foster home to foster home, or the changes accompanying reunification, those working in the child welfare system will benefit from understanding the effects of these transitions and the appropriate methods for facilitating them.

http://learn.nctsn.org/calendar/view.php?view=day&cal_d=7&cal_m=6&cal_y=2012

WEBINAR: PRESCRIBING MEDICATIONS TO INDIVIDUALS WHO ARE HOMELESS

JUNE 7, 2012, 2:00-3:30 PM ET

This SAMHSA Homeless and Housing Resource Network webinar will address strategies to engage homeless clients in treatment, help people to feel empowered in decision-making regarding taking medication, and assist people to adhere to medication regimes.

<http://homeless.samhsa.gov/Resource/View.aspx?id=54366>

WEBINAR: CHILD ABUSE AND NEGLECT IN MILITARY FAMILIES: COMMUNITY AND MILITARY PARTNERSHIPS

JUNE 19, 2012, 1:00PM ET

This NCTSN webinar in the Military and Civilian Partnerships Series will present current efforts by community-based organizations to support U.S. Military Family Advocacy Programs related to issues of child abuse and child maltreatment. This presentation will describe evidence-based interventions and coordinated models of care for addressing issues of child abuse in military families.

http://learn.nctsn.org/calendar/view.php?view=day&cal_d=19&cal_m=6&cal_y=2012

2012 NATIONAL CONFERENCE ON HEALTH COMMUNICATION, MARKETING, AND MEDIA

AUGUST 7-9, 2012, ATLANTA, GEORGIA

The National Public Health Information Coalition, SAMHSA, and CDC are pleased to announce the sixth annual National Conference on Health Communication, Marketing, and Media. This conference brings together individuals representing academia, public health researchers, practitioners from federal and state government, and the private sector, and provides a forum for collegial dialogue within and across these disciplines. The conference is an excellent opportunity to meet with colleagues and shape the future of health communication, marketing, and media practice. <http://www.cdc.gov/NCHCMM/overview.html>

CALLS FOR PUBLIC INPUT

NIMH: CALL FOR PUBLIC REVIEWERS

NIMH is seeking individuals interested in serving as public representatives on committees that review research grant applications.

Review meetings are typically held in the Washington, DC area, or by telephone or video conference call. Public reviewers fully join the discussion of applications and vote on the merit of each application discussed. They read applications and provide written critiques (usually 1-2 pages), which may focus on the strengths and weaknesses of the application's public health significance and/or innovation; on the feasibility of plans for recruitment, retention, and follow-up of subjects; on outreach efforts to special populations; and on issues pertaining to the protection of human subjects.

Individuals selected to serve as public reviewers typically have had some involvement with mental health care as consumers, family members, mental health professionals, members of advocacy groups, educators, etc. Public reviewers will typically meet one or more of the following criteria:

- experience with mental disorders (e.g., as a person with a mental disorder, a family member, caregiver, or supporter of such a person)
- experience with mental disorders as a mental health care practitioner, payer, or policy maker
- experience as a research participant in studies of mental disorders
- community service involving representation of the interests and perspectives of people with mental disorders (e.g., service on mental health boards or committees, relevant publications, or presentations)

An individual need not meet all four criteria to be selected. NIMH staff will invite selected nominees to an in-person orientation, based on mental health interests and experience and consideration of demographic and geographic factors. The Institute seeks a demographically and geographically diverse pool of Public Reviewers, and applications from individuals from traditionally under-represented groups are welcome.

Individuals chosen to attend the orientation workshop and participate will then be added to the roster of potential reviewers. Those included on the roster are likely to be asked to serve as a public reviewer over a two-years timeframe.

In order to be considered for the next in-person orientation, please submit an application by July 10, 2012. Please understand that NIMH is likely to receive many more expressions of interest than available opportunities to serve on review panels.

Interested individuals should read more about the NIMH Public Reviewer Program on the NIMH website: <http://www.nimh.nih.gov/research-funding/grants/role-of-public-participants-in-nimh-grant-reviews.shtml>

LABOR DEPARTMENT SEEKS SUBMISSIONS FOR DISABILITY EMPLOYMENT APP CHALLENGE

The U.S. Department of Labor's Office of Disability Employment Policy announced the launch of its first disability-related mobile app challenge, which is designed to generate innovative tools that will improve employment opportunities and outcomes for people with disabilities. Submissions should provide access to important data and resources; attract users with different skill sets and language preferences; be accessible (that is, compatible and interoperable with assistive technology commonly used by individuals with disabilities, such as screen reading and speech recognition software); and consider partnerships that will ensure sustainability of the app. In addition, they should be targeted toward a variety of audiences such as students, teachers, employers, career counselors, and workforce professionals, as well as individuals with disabilities working or seeking work at all levels in a variety of salaried and hourly jobs. Submissions must be entered by August 23, 2012. <http://www.dol.gov/opa/media/press/odep/ODEP20121046.htm>

SUBMIT A NOMINATION: WHITE HOUSE EVENT TO HIGHLIGHT CHAMPIONS OF CHANGE IN ENDING YOUTH AND CHILD HOMELESSNESS

The U.S. Interagency Council on Homelessness (USICH) announced that in partnership with The White House Office of Public Engagement, HHS, and the Department of Housing and Urban Development, a White House Champions of Change event will be held on ending homelessness among youth and children. USICH is seeking nominations to recognize Champions of Change who have made a significant difference in the way their community addresses homelessness among children and youth. Nominate a champion by June 4, 2012. http://www.usich.gov/media_center/news/nominate_championofchange/

CLINICAL TRIALS PARTICIPATION NEWS

NATIONWIDE RECRUITMENT: BIPOLAR DISORDER ADULT RESEARCH STUDY

ANTIDEPRESSANT RAPID EFFECTS OF KETAMINE

Individuals diagnosed with bipolar disorder may be able to participate in a trial designed to understand the causes of depression and rapid antidepressant response. Specifically, this study is testing whether ketamine, a drug that affects glutamate in the brain, will improve symptoms of depression within a matter of hours.

Individuals who are 18-65 years of age and have been diagnosed with bipolar disorder and previously failed to respond to treatment may be eligible for an inpatient trial designed to bring about a rapid antidepressant effect.

After completion of the study the participant is transitioned back to a clinician in the community. In addition, all research participation is without cost and NIMH will cover all transportation costs from anywhere in the U.S. Compensation is provided for study procedures.

To find out more information, please call 1-877-MIND-NIH (1-877-646-3644) or email moodresearch@mail.nih.gov.

National Institute of Mental Health, National Institutes of Health, Department of Health and Human Services.

For more information on research conducted by the National Institute of Mental Health in Bethesda, MD click here <http://patientinfo.nimh.nih.gov>.

FUNDING INFORMATION

HUD: NOTICE OF FUNDING FOR THE SECTION 811 PROJECT RENTAL ASSISTANCE

http://portal.hud.gov/hudportal/HUD?src=/press/press_releases_media_advisories/2012/HUDNo.12-084

SAMHSA: NATIONAL CHILD TRAUMATIC STRESS INITIATIVE - CATEGORY III COMMUNITY TREATMENT AND SERVICES CENTERS

http://www.samhsa.gov/grants/2012/sm_12_007.aspx

SAMHSA: SYSTEM OF CARE EXPANSION IMPLEMENTATION COOPERATIVE AGREEMENTS

http://www.samhsa.gov/grants/2012/sm_12_003.aspx

SAMHSA: PROJECT LAUNCH

http://www.samhsa.gov/Grants/2012/sm_12_009.aspx

FY 2012 COMMUNITY-BASED VIOLENCE PREVENTION FIELD-INITIATED RESEARCH AND EVALUATION PROGRAM

<http://www.ojjdp.gov/funding/FundingDetail.asp?fi=273>



The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partners>. To subscribe to receive the **Update** every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml>

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.