

### **UPDATE**

May 1, 2012

- I. <u>Science and Service News Updates</u>
- **II.** Resources: Publications, Toolkits, Other Resources
- **III.** Calendar of Events
- **IV.** Calls for Public Input
- **V.** Funding Information

#### **Subscribe to Receive the Update**

http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml

#### **Follow NIMH on Social Media**

http://twitter.com/nimhgov http://www.facebook.com/nimhgov http://www.youtube.com/nimhgov

Prepared by the U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health, Office of Constituency Relations and Public Liaison

#### **SCIENCE AND SERVICE NEWS UPDATES**

### AGENT REDUCES AUTISM-LIKE BEHAVIORS IN MICE; BOOSTS SOCIABILITY, QUELLS REPETITIVENESS

National Institutes of Health (NIH) researchers have reversed behaviors in mice resembling two of the three core symptoms of autism spectrum disorders. An experimental compound, called GRN-529, increased social interactions and lessened repetitive self-grooming behavior in a strain of mice that normally display such autism-like behaviors, the researchers say.

Press Release: http://www.nimh.nih.gov/science-news/2012/agent-reduces-autism-like-behaviors-in-mice.shtml

# HHS ANNOUNCES NEW AFFORDABLE CARE ACT OPTIONS FOR COMMUNITY-BASED CARE; MEDICAID AND MEDICARE INTRODUCE GREATER FLEXIBILITY FOR BENEFICIARIES TO RECEIVE CARE AT HOME OR IN SETTINGS OF THEIR CHOICE

New opportunities in Medicaid and Medicare that will allow people to more easily receive care and services in their communities rather than being admitted to a hospital or nursing home were announced by the Department of Health and Human Services (HHS). HHS finalized the Community First Choice rule, which is a new state plan option under Medicaid, and announced the participants in the Independence At Home Demonstration program. The demonstration encourages primary care practices to provide home-based care to chronically ill Medicare patients. Both are made possible by the Affordable Care Act. Studies have shown that home- and community-based care can lead to better health outcomes.

Press Release: http://www.hhs.gov/news/press/2012pres/04/20120426a.html

#### VA ADDING FAMILY THERAPISTS AND MENTAL HEALTH COUNSELORS TO WORKFORCE

The Department of Veterans Affairs (VA) has expanded its mental health services to include professionals from two additional health care fields: marriage and family therapists and licensed professional mental health counselors.

Press Release: http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2303

#### VA TO INCREASE MENTAL HEALTH STAFF BY 1,900

The VA announced that the department would add approximately 1,600 mental health clinicians – to include nurses, psychiatrists, psychologists, and social workers – as well as nearly 300 support staff to its existing workforce of 20,590 mental health staff as part of an ongoing review of mental health operations.

Press Release: http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2302

#### RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

#### **NEW ON NIMH WEBSITE**

#### DIRECTOR'S BLOG: CITIZEN SCIENCE

NIMH Director Thomas Insel talks about a meeting that explored how new technologies are "democratizing" science, empowering patients, and fueling innovation.

http://www.nimh.nih.gov/about/director/2012/citizen-science.shtml

#### DIRECTOR'S BLOG: THE FUTURE OF PSYCHIATRY

NIMH Director Thomas Insel discusses the increase in young scientists interested in clinical neuroscience. While fewer medical students are choosing psychiatry in the U.K., in the U.S. psychiatry is attracting increasing numbers of elite MD-PhD students who want to do research.

http://www.nimh.nih.gov/about/director/2012/the-future-of-psychiatry-clinical-neuroscience.shtml

#### **NEW SAMHSA RESOURCES**

#### MENTAL HEALTH, UNITED STATES 2010 REPORT

The Substance Abuse and Mental Health Services Administration (SAMHSA) released *Mental Health, United States, 2010*, the latest in a series of publications issued biannually by SAMHSA since 1980. This new report includes mental health statistics at the national and State levels from 35 different data sources. The report is organized into three sections: the mental health status of the U.S. population and prevalence of mental illness; providers and settings for mental health services, types of mental health services, and rates of utilization; and expenditures and sources of funding for mental health services.

http://www.samhsa.gov/data/2k12/MHUS2010/index.aspx

### SHARED DECISON MAKING IN MENTAL HEALTH DECISION AID: CONSIDERING THE ROLE OF ANTIPSYCHOTIC MEDICATIONS IN RECOVERY PLAN

This kit includes materials that support shared decision making, an intervention that helps people make choices about treatment and mental health services. It contains issue briefs and tip sheets, workbooks, videos, and an interactive decision aid on medication-assisted therapy.

http://store.samhsa.gov/product/SMA12-4696

#### DIALOGUE NEWSLETTER: RESPONDER SELF-CARE AND RESILIENCE

The latest issue of SAMHSA's quarterly newsletter for disaster behavioral health providers addresses responder self-care and resilience. http://www.samhsa.gov/dtac/dialogue/

RESEARCH TO PRACTICE: HOW ADVANCEMENTS IN SCIENCE ARE HELPING PEOPLE WITH MENTAL AND SUBSTANCE USE DISORDERS

This archived webinar highlights examples of substance abuse and mental health research findings that impact practice across diverse topics. It explores how clinicians contribute to science and how technology implementation supports enhanced decision-making and integrated care.

http://store.samhsa.gov/product/SMA12-4673DVD

#### NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY ACTIVITIES

#### APRIL 2012 SOCIAL MEDIA MESSAGE

SAMHSA has posted sample messages to share childhood trauma and resilience data via Twitter and Facebook.

Twitter: 39% of 12- to 17-year-old youths have reported witnessing violence, learn more: http://1.usa.gov/le4UjT #HeroesofHope

Facebook: A national survey of 12- to 17-year-old youths found that 17 percent reported physical assault and 8 percent reported a lifetime prevalence of sexual assault. Learn more about the behavioral health impact of traumatic events on children and youth and pass it on to observe National Children's Mental Health Awareness Day: http://1.usa.gov/le4UjT

http://www.samhsa.gov/children/social\_media\_apr2012.asp

#### NEW COMMUNITY CONVERSATION MATERIALS NOW AVAILABLE

The Awareness Day Community Conversations are designed to increase adults' knowledge about trauma and resilience among young people, as well as inspire adults to help young people by becoming Heroes of Hope. Learn more about the Community Conversation Pilot and to access tools such as a facilitator handbook to hold a community conversation. http://www.samhsa.gov/children/cc\_home.asp

#### SAMHSA CHILD MENTAL HEALTH INITIATIVE EVALUATION FINDINGS

These reports present program evaluation findings of a federally-funded initiative that supports systems of care for community-based mental health services for children, youth, and their families. The data include service characteristics, use, and outcomes from FY2006-FY2009.

http://store.samhsa.gov/list/series?name=Child-Mental-Health-Initiative-CMHI-

#### **AHRQ REPORTS**

#### 2011 NATIONAL HEALTHCARE QUALITY & DISPARITIES REPORTS

The Agency for Healthcare Research and Quality (AHRQ) has produced the *National Healthcare Quality Report* and the *National Healthcare Disparities Report*. These reports measure trends in effectiveness of care, patient safety, timeliness of care, patient centeredness, and efficiency of care. New chapters address care coordination and health system infrastructure. The reports present, in chart form, the latest available findings on quality of and access to health care. <a href="http://www.ahrq.gov/qual/qrdr11.htm">http://www.ahrq.gov/qual/qrdr11.htm</a>

### COMPARATIVE EFFECTIVENESS RESEARCH: RESEARCH REVIEW FINDS SUPPORT FOR SOME OFF-LABEL USES OF ATYPICAL ANTIPSYCHOTIC MEDICATIONS

Atypical antipsychotic medications, approved by the Food and Drug Administration to treat schizophrenia, are also used to treat such conditions as agitation in dementia, generalized anxiety, and obsessive-compulsive disorder (called off-label use). Although some patients appear to benefit from off-label treatment with specific atypical antipsychotic drugs, the drugs are nevertheless associated with serious adverse events. These are the findings of a systematic review of studies on the topic. http://www.ahrq.gov/research/may12/0512RA5.htm

#### TREATMENT FOR DEPRESSION AFTER UNSATISFACTORY RESPONSE TO SSRIS

The primary goal of this comparative effectiveness review is to examine the evidence guiding clinical treatment decisions and ultimately to aid clinicians in their care of patients when selective serotonin reuptake inhibitor therapy for an initial episode does not result in an adequate treatment response. http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=1037&ECem=120426

### DRUG FREE COMMUNITIES SUPPORT PROGRAM: NATIONAL EVALUATION 2011 INTERIM FINDINGS REPORT

Administered by the Office of National Drug Control Policy, in partnership with the SAMHSA, the Drug Free Communities (DFC) Support Program is a federal grant program that supports community coalitions in preventing and reducing youth substance use. This summary of interim findings is based on DFC national evaluation data on alcohol, tobacco, and marijuana use that DFC grantees report every two years. <a href="http://www.whitehouse.gov/ondcp/Drug-Free-Communities-Support-Program">http://www.whitehouse.gov/ondcp/Drug-Free-Communities-Support-Program</a>

#### RESOURCES FROM ADMINISTRATION FOR CHILDREN, YOUTH, AND FAMILIES

### SOCIAL AND EMOTIONAL WELL-BEING FOR CHILDREN AND YOUTH RECEIVING CHILD WELFARE SERVICES

The Administration for Children, Youth, and Families (ACYF) released a memorandum, *Social and Emotional Well-Being for Children and Youth Receiving Child Welfare Services*, to provide guidance to child welfare agencies looking to expand their capacity to make meaningful and measurable changes in social and emotional well-being for children who have experienced maltreatment, trauma, and/or exposure to violence. http://www.acf.hhs.gov/programs/cb/laws\_policies/policy/im/2012/im1204.pdf

#### SUPPORTING REUNIFICATION AND PREVENTING REENTRY INTO OUT-OF-HOME CARE

This bulletin explores the research on best practices for supporting families after children return from out-of-home care. This publication also provides a number of examples of successful, innovative programs that support reunified families. http://www.childwelfare.gov/pubs/issue\_briefs/srpr.cfm

#### **NEW FROM REAL WARRIORS**

#### COPING WITH SEPARATION

This Real Warriors article discusses ways that members of the National Guard and Reserve and their families can help children cope with separation before and during deployment.

http://www.realwarriors.net/family/children/deploymentseparation.php

#### REAL WARRIORS CAMPAIGN WIDGET

Use the Real Warriors widget to disseminate the latest information and resources on psychological health issues and traumatic brain injury (TBI). http://www.realwarriors.net/pressroom/widget.php

#### **REAL WARRIORS, REAL ADVICE PODCASTS**

#### HOW "REAL LEADERS" HELP REDUCE STIGMA

Leaders set the norms and expectations regarding psychological health for those under their command. http://www.realwarriors.net/podcasts/episode014

#### TAKING NOTICE WHEN A WARRIOR NEEDS SUPPORT

Friends, family, and fellow service members can help warriors recognize psychological health concerns and seek appropriate care. http://www.realwarriors.net/podcasts/episode013

#### **DCOE BLOG POSTS**

#### HOW TO BUILD A STRONG PERSONAL SUPPORT NETWORK

This Defense Centers of Excellence (DCoE) blog post provides tips on how to strengthen and expand one's personal support network. Individuals depend on their support system to provide some kind of practical and emotional support on a daily basis and in emergencies. Having a solid support system makes it easier to cope with the unique challenges of military life — preparing for deployment or relocation; work-related stress; reintegration concerns; and balancing the demands of military and family life.

http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=361

#### MY INJURED BRAIN, MY WOUNDED HEART

Loss and recovery are common themes for individuals with TBI. This DCoE blog shares the story of Army Sgt. Mike Ortiz, who reveals the loss and hope he experienced during his recovery from TBI. http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=359

#### DEPARTMENT OF VETERANS AFFAIRS TBI RESOURCES

This blog reviews the resources to support those with TBI and the families caring for them provided on the VA Polytrauma/TBI System of Care website. It provides signs and symptoms; updates on research and advancements in TBI; and information about developments in clinical practice guidelines, diagnostic codes, and treatment programs offered at centers across the country. The site helps visitors navigate through the VA screening and evaluation process and connect caregivers with support services in their community. http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=358

### CHILD AND YOUTH VICTIMIZATION KNOWN TO POLICE, SCHOOL, AND MEDICAL AUTHORITIES

A new Justice Department research bulletin shows that 46 percent of victimized children were known to school, police, or medical authorities. The bulletin draws from the National Survey of Children's Exposure to Violence sponsored by the Office of Justice Programs' Office of Juvenile Justice and Delinquency Prevention with support from the Centers for Disease Control and Prevention. http://www.ojjdp.gov/pubs/235394.pdf

#### **NEW ADMINISTRATION FOR COMMUNITY LIVING**

This Disabiliy.gov blog post discusses the newly created Administration for Community Living (ACL). This new agency brings together HHS' Office on Disability, Administration on Developmental Disabilities, and Administration on Aging into one coordinated entity charged with developing policies and improving supports for people with disabilities and seniors. http://usodep.blogs.govdelivery.com/2012/04/23/a-step-forward-the-obama-administration-creates-administration-for-community-living/#more-3049

#### **CALENDAR OF EVENTS**

# PARTNERING WITH YOUTH AND YOUNG ADULTS IN BEHAVIORAL HEALTH TO LIVE HAPPY, HEALTHY, AND PRODUCTIVE LIVES

MAY 2, 2012

This SAMHSA Road to Recovery Program show will highlight innovative and evidence-based approaches to prevent mental and substance use disorders in youth and young adults. Age-appropriate approaches in treatment and recovery such as recovery schools, recovery homes, and student assistance programs also will be presented. http://www.recoverymonth.gov/Multimedia/Road-to-Recovery-Television-Series.aspx#May

### WEBINAR: EMOTIONAL CHALLENGES AND SELF-CARE FOR THOSE WORKING WITH YOUNG TRAUMATIZED CHILDREN

MAY 3, 2012, 12:00 PM ET

This National Child Traumatic Stress Network (NCTSN) webinar in the Zero to Six Speaker Series will discuss the importance of identifying and implementing effective strategies for self-care in dealing with the emotional challenges of working with infants, young children, and their caregivers who have been traumatized. http://learn.nctsn.org/

### WEBINAR: FROM CHILD MALTREATMENT TO JUVENILE DELINQUENCY: TRAJECTORIES OF CROSSOVER YOUTH AND THE ROLE OF TRAUMA

MAY 8, 2012, 1:00 PM ET

The National Center for Child Traumatic Stress and the Center for Juvenile Justice Reform will kick off a three-part webinar series on "Crossover Youth," youth who are known to—and move between—the child welfare and juvenile justice systems. Presenters will discuss findings from research on Crossover Youth, how traumatic stress plays a role in the trajectory of Crossover Youth, and implications for policy and practice. Follow-up webinars will expand on these policy and practice implications with discussions of strategies for policy reform and ways to translate research into promising practices. http://learn.nctsn.org/

#### NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY: NATIONAL EVENT

#### MAY 9, 2012, 7:30-9:30 PM ET, WASHINGTON, DC

Across the country on May 9, communities will be coming together for community conversations about the impact of trauma on children and youth and ways that caring adults, "Heroes of Hope," can help them enhance resilience. Join SAMHSA, more than 115 collaborating federal programs and national organizations, youth and families, and a Special Recognition Award winner in celebrating children and youth who have demonstrated resilience from trauma, as well as the extraordinary people who are their Heroes of Hope. The event in Washington, DC will focus on resilience in child welfare, juvenile justice, and education systems, as well as helping military families to be resilient. The Awareness Day national event complements activities occurring across the country such as community events, youth rallies, social media campaigns, and activities with children. http://www.samhsa.gov/children

### NIMH VIDEOCAST: THE DEVELOPING BRAIN: WHAT IT MEANS FOR TREATING ADOLESCENTS

MAY 10, 2012, 2:00-4:00 PM ET

As part of National Children's Mental Health Awareness Day, NIMH is sponsoring a videocast panel of children's mental health researchers. Panelists will discuss neuroscience research findings related to teen brain development, cognition and emotional and behavioral growth, and treatment for teens. <a href="http://www.nimh.nih.gov/health/topics/childrens-mental-health-awareness-day/childrens-mental-health-awareness-shtml">http://www.nimh.nih.gov/health/topics/childrens-mental-health-awareness-shtml</a>

#### **HEALTH OBSERVANCE: NATIONAL WOMEN'S HEALTH WEEK**

#### MAY 13-19, 2012

National Women's Health Week is a week-long health observance coordinated by the HHS Office on Women's Health. It brings together communities, businesses, government, health organizations, and other groups in an effort to promote women's health. The theme for 2012 is, "It's Your Time." National Women's Health Week empowers women to make their health a top priority. It also encourages women to take specific steps to improve their physical and mental health and lower their risks of certain diseases. http://www.womenshealth.gov/whw/

#### WEBINAR: TRAUMA SCREENING AND ASSESSMENT MEASURES FOR CHILD WELFARE

#### MAY 17, 2012, 12:00 PM ET

This NCTSN webinar in the Screening and Assessment for Trauma in the Child Welfare Setting Speaker Series will describe, compare, and contrast three specific trauma screening and assessment instruments that have been used extensively within child welfare settings: Trauma Screening Checklist, Child Welfare Trauma Referral Tool, and Child and Adolescent Needs and Strengths (CANS)—Trauma Version. http://learn.nctsn.org/

# WEBINAR: WORKFORCE IN CHILDREN'S MENTAL HEALTH: CORE COMPONENTS TO ENSURE QUALITY

#### MAY 17, 2012, 1:00-2:30 PM ET

This National Technical Assistance Center for Children's Mental Health webinar will explore the status of core workforce strategies or components used by states to ensure quality in children's mental healthcare and present recommendations for increasing progress in this area.

http://gucchdtacenter.georgetown.edu/resources/2012calls.html

#### **HEALTH OBSERVANCE: NATIONAL PREVENTION WEEK**

#### MAY 20-26, 2012

SAMHSA's National Prevention Week 2012 will help bring communities together through local events and celebrations that focus on the prevention of substance use and abuse, and the promotion of mental, emotional, and behavioral well-being. These local events will be part of a new national movement to raise awareness around these important behavioral health issues. Each weekday during National Prevention Week 2012 will focus on an important behavioral health issue:

- Monday, May 21 Prevention of underage drinking;
- Tuesday, May 22 Prevention of illicit drug use and prescription drug misuse and abuse;
- Wednesday, May 23 Prevention of alcohol abuse;
- Thursday, May 24 Prevention of suicide; and
- Friday, May 25 Promotion of mental, emotional, and behavioral well-being.

http://blog.samhsa.gov/2012/03/07/helpcelebratepreventionweek2012/

### WEBINAR: OPTIMIZING VISITATION FOR YOUNG TRAUMATIZED CHILDREN AND THEIR PARENTS AND CAREGIVERS

MAY 24, 2012, 12:00 PM ET

This NCTSN webinar will address the important role that visitation plays for young foster children and their caregivers, and discuss ways to organize and improve the visit experience. Learn methods for transforming visitation from a frustrating to a therapeutic experience, including ways to manage children's behavior during and after the visit. http://learn.nctsn.org/

### WEBINAR: SECONDARY TRAUMATIC STRESS AND PROVIDER SELF-CARE IN DISASTER AND TERRORISM SETTINGS

MAY 31, 2012, 2:00 PM ET

This NCTSN webinar in the Secondary Traumatic Stress Speaker Series will address the potential for secondary traumatic stress in disaster and terrorism settings, and outline some recommended actions for preventing and reducing the potentially stressful impact of this work on disaster mental health providers. http://learn.nctsn.org/

# 5TH NATIONAL CONFERENCE ON BEHAVIORAL HEALTH FOR WOMEN AND GIRLS; HEALTH, EMPOWERMENT, RESILIENCE, AND RECOVERY

JULY 17-19, 2012, SAN DIEGO, CALIFORNIA

SAMHSA, in partnership with Mental Health Systems, Inc., is hosting this conference to bring together a diverse audience with an interest in prevention, mental health, and addiction services for women and girls. Join with leaders, colleagues, and stakeholders to discuss the current research, innovations, and trends in serving women, girls, and their families. http://samhsawomensconference.org/

#### **CALLS FOR PUBLIC INPUT**

#### SHARE OPINIONS OF SAMHSA DISASTER TECHNICAL ASSISTANCE CENTER

SAMHSA is seeking opinions and experiences with the SAMHSA Disaster Technical Assistance Center (DTAC) in an anonymous web survey that should take no longer than 15 minutes to complete. SAMHSA DTAC wants to hear thoughts about its services so staff can ensure that they provide quality customer service and improve services in the future.

http://www.icfsurveys.com/mrIWeb/mrIWeb.dll?I.Project=SAT4Sister&Id=macdfcS

#### JOIN SAMHSA LEARNING COLLABORATIVES IN 8 STATES

In continuing efforts to engage states, providers, stakeholder organizations, and individuals in the health reform and parity implementation process, SAMHSA recently announced the establishment of eight learning collaboratives in Arizona, California, Maine, Maryland, Missouri, New Mexico, New York, and Vermont. As part of an effort to build state coalitions and educate mental health and substance use stakeholders on health reform implementation, SAMHSA is inviting state mental health and substance use consumer and peer organizations, recovery community organizations, family member organizations, provider organizations, and other behavioral health stakeholder organizations to participate in its Health Reform Learning Collaborative project. In an effort to maximize SAMHSA's opportunity to support a limited number of States, only organizations in these eight states are eligible.

http://blog.samhsa.gov/2012/04/25/samhsa-launches-learning-collaboratives-in-8-states-join-today/

#### WEB REDESIGN CARD SORT: BE PART OF THE PROCESS

AHRQ is working to improve and redesign its main website. AHRQ recently invited users to participate in a "card sort" exercise to help it better understand how information should be categorized and organized on AHRQ.gov. Based on the initial responses and feedback, AHRQ has designed a second, less complex card sort that will help it better organize information into overall topic areas. The card sort will be available through May 4, 2012.

- Clinicians and Medical Researchers card sort:
   https://aquilentux.optimalworkshop.com/optimalsort/ahrq-prof-2
- General Public, Media, and Policymakers card sort:
   https://aquilentux.optimalworkshop.com/optimalsort/ahrq-pub-2

#### PUBLIC COMMENT ON CMS SUICIDE PREVENTION-RELATED QUALITY MEASURES

The Center for Medicare and Medicaid Services (CMS) is accepting public comment on a proposal to adopt as many as 12 suicide prevention-related quality measures that are part of the incentives program to encourage the adoption of electronic health records by healthcare providers and hospitals nationwide.

Deadline for submission is May 7. http://www.regulations.gov/#!documentDetail;D=CMS-2012-0022-0001

# INPUT INTO THE SCIENTIFIC STRATEGIC PLAN FOR THE PROPOSED NATIONAL INSTITUTE OF SUBSTANCE USE AND ADDICTION DISORDERS

NIH is soliciting input into the Scientific Strategic Plan for the proposed new Institute, the National Institute of Substance Use and Addiction Disorders. This new Institute would result from the proposed reorganization of substance use, abuse, and addiction-related research at the NIH. Responses are being accepted until May 11, 2012. http://grants.nih.gov/grants/guide/notice-files/NOT-OD-12-045.html

#### DCOE SEEKS FEEDBACK ON CO-OCCURRING CONDITIONS TOOLKIT

DCoE is seeking feedback on the *Co-occurring Conditions Toolkit: Mild Traumatic Brain Injury and Psychological Health* and a corresponding mobile app for smartphones and tablets. The feedback will help DCoE make improvements to the toolkit and app, and other psychological health and TBI products. http://www.dcoe.health.mil/blog/article.aspx?id=1&postid=356

#### CLINICAL TRIAL PARTICIPATION NEWS

### NATIONWIDE RECRUITMENT: CLINICAL TRIAL OF RILUZOLE IN PEDIATRIC BIPOLAR DISORDER

This study is testing the effectiveness of riluzole versus placebo for decreasing anxiety in children with pediatric bipolar disorder. Children and youth with bipolar disorder display episodic elevated mood and associated symptoms of decreased need for sleep, increased goal-directed behavior, and increased self-esteem/grandiosity.

Children ages 9 to 17 with bipolar disorder may be eligible to participate in this four-phase, 12- to 15-week inpatient or outpatient study. During Phase I, participants are gradually withdrawn from all current psychotropic medications. Phase II is a one-week medication-free period. During Phase III, which lasts two weeks, participants are randomly assigned to receive either riluzole or placebo (a "sugar pill"). During Phase IV, participants continue on riluzole or placebo for six weeks.

At the end of the study, those who received placebo have the opportunity to receive riluzole.

All procedures and medications associated with the research are provided at no cost to participants, and assistance with transportation and lodging expenses is available. Schooling will be provided while on the inpatient unit or in day treatment.

For more information, please call (301) 496-8381 or send an email to bipolarkids@mail.nih.gov.

National Institute of Mental Health, National Institutes of Health, Department of Health and Human Services [The principal researcher is Ellen Leibenluft, M.D., Chief, Unit on Affective Disorders, NIMH Pediatrics and Developmental Neuropsychiatry Branch.]

#### **FUNDING INFORMATION**

SAMHSA WELLNESS INITIATIVE: MILLION HEARTS SOCIAL MARKETING PROGRAMS FOR PEER-RUN RECOVERY COMMUNITY ORGANIZATION AWARDS

http://promoteacceptance.samhsa.gov/contracts/default.aspx

SAMHSA MINORITY FELLOWSHIP PROGRAM

http://www.samhsa.gov/grants/2012/sm\_12\_010.aspx

SAMHSA TEEN COURT PROGRAM

http://www.samhsa.gov/grants/2012/ti\_12\_004.aspx

PLANNING GRANTS FOR TRANSLATIONAL RESEARCH TO IMPROVE OBESITY AND DIABETES OUTCOMES http://grants.nih.gov/grants/guide/pa-files/PAR-12-173.html

NIMHD COMMUNITY-BASED PARTICIPATORY RESEARCH INITIATIVE IN REDUCING AND ELIMINATING HEALTH DISPARITIES: PLANNING PHASE

http://grants.nih.gov/grants/guide/rfa-files/RFA-MD-12-006.html







The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to help close the gap between mental health research and clinical practice, inform the public about mental illnesses, and reduce the stigma and discrimination associated with mental illness. For more information about the program please visit: <a href="http://www.nimh.nih.gov/outreach/partners">http://www.nimh.nih.gov/outreach/partners</a>. To subscribe to receive the **Update** every two weeks, go to: <a href="http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml">http://www.nimh.nih.gov/outreach/partnership-program/subscribe-to-the-update.shtml</a>

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.